

Bestenliste Sprint 2018

Das Jahr 2018 wurde mit 107 Änderungen und Neueintragungen erfolgreich abgeschlossen.

Hervorzuheben sind dabei die neuen Vereinsrekorde von Clara Marie Koch (AK U18 – U20) über 60 m in der Halle mit 8,53, von Mathis Seelhöfer (AK U18 – U20) über 800 m in der Halle mit 1:57,42, von Jannik Seelhöfer (AK Männer ab M 20) über 1.500 m mit 3:54,02 sowie die Einstellung des Vereinsrekordes im Hochsprung von Fabian Breeck (AK U18–U20) mit 1,90 m.

Die Eintragungen insgesamt setzen sich wie folgt zusammen:

| | | |
|---------------|-------------|------------|
| Schülerinnen | U 8 bis U16 | 52 |
| Schüler | U 8 bis U16 | 26 |
| weibl. Jugend | U18 bis U20 | 16 |
| männl. Jugend | U18 bis U20 | 10 |
| Männer ab | AK M20 | <u>3</u> |
| Summe | | <u>107</u> |

Marie Lemke wurde bei den Schülerinnen mit 6 Eintragungen und Paul Langkopf bei den Schülern mit 5 Eintragungen am häufigsten genannt. Bei der weiblichen Jugend schaffte es Clara Marie Koch auf 7 und bei der männlichen Jugend Tim Habighorst auf 3 Erwähnungen.

Die am meisten zu korrigierende Disziplin in allen Bereichen war der Weisprung mit 19 Änderungen.

Ich wünsche allen Sportlerinnen und Sportlern viel Spaß beim Studium der Bestenliste 2018 sowie ein erfolgreiches und verletzungsfreies Jahr 2019.

Melle, Dezember 2018

Johannes Belt

Rekorde auf einen Blick

Vereinsrekorde im Sprint und in den technischen Disziplinen auf einen Blick

(Stand: Ende der Saison 2018)

Frauen: ab W 20

| | | | |
|--------------|--------------------------|------|----------------|
| 100 m | 12,5 Pepperkorn, Ute | 1989 | Bad Oeynhausen |
| 60 m Hürden | 9,9 Pepperkorn, Ute | 1991 | Dortmund |
| 100 m Hürden | 15,2 Pepperkorn, Ute | 1990 | Lingen |
| 200 m | 25,4 Pepperkorn, Ute | 1991 | Osnabrück |
| 400 m | 57,31 Pepperkorn, Ute | 1991 | Bielefeld |
| 400 m Hürden | 70,5 Pepperkorn, Ute | 1989 | Melle |
| 800 m | 2:23,63 Pepperkorn, Ute | 1991 | München |
| 1.500 m | 6:11,7 Ahrens, Waltraud | 1984 | Fürstenau |
| Hochsprung | 1,75 Pepperkorn, Ute | 1992 | Havixbeck |
| Weitsprung | 5,74 Pepperkorn, Ute | 1992 | Winsen |
| Kugel 4 kg | 13,92 Pepperkorn, Ute | 1992 | Lingen |
| Diskus | 47,82 Diekmann, Euthymia | 1986 | Oelde |
| Speer | 37,40 Pepperkorn, Ute | 1991 | Göttingen |
| Hammer | 20,38 Rotkehl, Birte | 2007 | Delmenhorst |

Männer: ab M 20

| | | | |
|-----------------|----------------------------|------|-------------|
| 100 m | 11,4 Thurand, Albert | 1950 | Melle |
| 200 m | 24,8 Lührmann, Dr. Björn | 1986 | Osnabrück |
| 400 m | 52,3 Grothaus, Martin | 1992 | Melle |
| 400 m Hürden | 68,17 Breeck, Christian | 2001 | Arnstadt |
| 800 m | 1:59,7 Lührmann, Dr. Björn | 1989 | Papenburg |
| 800 m Halle | 2:06,47 Breeck, Christian | 2002 | Erfurt |
| 1.000 m | 2:32,6 Polzin, Dieter | 1985 | Minden |
| 1.500 m | 3:54,02 Seelhöfer, Jannik | 2018 | Papenburg |
| 2.000 m Hinder. | 5:50,14 Seelhöfer, Jannik | 2017 | Pliezhausen |
| Hochsprung | 1,80 Ulferts, Dr. Jens | 1985 | Melle |

Vereinsrekorde

| | | | |
|---------------|--------------------------|------|-----------|
| Weitsprung | 6,32 Thurand, Albert | 1949 | Melle |
| Dreisprung | 12,00 Scholten, Herbert | 1947 | Melle |
| Kugel 4 kg | 12,36 Wirth, Dr. Gerhard | 1991 | Fürstenau |
| Diskus | 36,72 Wirth, Dr. Gerhard | 1991 | Fürstenau |
| Speer | 55,28 Mailänder, Udo | 1951 | Melle |
| Stabhochsprg. | 3,00 Ludwig, Gerd | 1948 | Melle |

weibl. Jugend: U 18 bis U20

| | | | |
|-----------------|-------------------------------|------|---------------------|
| 60 m Halle | 8,53 Koch, Clara Marie | 2018 | Paderborn |
| 100 m | 12,2 Schweppe, Sandra | 1990 | Osnabrück |
| 80 m Hürden | 16,73 Kirchner, Greta | 2015 | Melle |
| 100 m Hürden | 14,8 Schweppe, Sandra | 1990 | Osnabrück |
| 200 m | 25,2 Schweppe, Sandra | 1989 | Osterode |
| 300 m | 46,70 Kleine-König, Christian | 1999 | Osnabrück |
| 300 m Hürden | 49,0 Kleine-König, Christian | 1999 | Dissen |
| 400 m | 56,68 Gröne, Corinne | 1989 | Osterode |
| 400 m Hürden | 65,5 Gröne, Corinne | 1989 | Melle |
| 800 m | 2:17,90 Opitz, Ann-Christin | 2016 | Berlin |
| 800 m Halle | 2:19,77 Opitz, Ann-Christin | 2016 | Hannover |
| 1.500 m | 4:40,68 Opitz, Ann-Christin | 2017 | Berlin |
| 1.500 m Hi. Lf. | 5:17,20 Opitz, Ann-Christin | 2016 | Zeven |
| 2.000 m Hi. Lf | 7:12,71 Opitz, Ann-Christin | 2017 | Zeven |
| Hochsprung | 1,72 Birke, Daniela | 1990 | Goslar |
| Stabhochsprung | 4,15 Möllers, Ria | 2015 | Bowling Green / USA |
| Weitsprung | 5,47 Birke, Daniela | 1990 | Bad Oeynhausen |
| Kugel 3 kg | 10,17 Bahr, Antonia | 2017 | Papenburg |
| Kugel 4 kg | 11,84 Meinke, Birte | 1992 | Osnabrück |
| Speer 500 g | 28,4 Bahr, Antonia | 2017 | Papenburg |
| Speer 600 g | 39,32 Meinke, Birte | 1992 | Osnabrück |
| Diskus | 31,66 Pepperkorn, Ute | 1985 | Osnabrück |

männl. Jugend: U 18 bis U 20

Vereinsrekorde

| | | | |
|-----------------|---------------------------|------|---------------|
| 60 m Halle | 7,55 Seelhöfer, Mathis | 2016 | Paderborn |
| 100 m | 11,2 Koch, Gerd | 1969 | Melle |
| 110 m Hürden | 15,20 Holmann, Axel | 1991 | Osnabrück |
| 200 m | 23,7 Koch, Gerd | 1969 | Melle |
| 200 m Halle | 24,28 Seelhöfer, Mathis | 2016 | Paderborn |
| 300 m Hürden | 39,77 Seelhöfer, Mathis | 2017 | Melle |
| 400 m | 51,05 Seelhöfer, Mathis | 2017 | Göttingen |
| 400 m Halle | 51,84 Seelhöfer, Mathis | 2017 | Hannover |
| 800 m | 1:57,6 Polzin, Dieter | 1981 | Bad Essen |
| 800 m Halle | 1:57,42 Seelhöfer, Mathis | 2018 | Hannover |
| 1.000 m | 2:39,4 Gossel, H.K. | 1954 | Osnabrück |
| 1.500 m | 3:54,72 Seelhöfer, Jannik | 2016 | Regensburg |
| 2.000 m | 6:45,1 Clausing, Günter | 1968 | Melle |
| 2.000 m Hinder. | 5:52,21 Seelhöfer, Jannik | 2016 | Zeven |
| 3.000 m Hinder. | 8:56,30 Seelhöfer, Jannik | 2016 | Oordegem / B |
| Hochsprung | 1,90 Caesmann, Volker | 1973 | Winsen |
| | 1,90 Breeck, Fabian | 2018 | Paderborn |
| Dreisprung | 13,58 Staege, Axel | 1982 | Lüchow |
| Weitsprung | 6,42 Brockmeyer, Jens | 1992 | Bielefeld |
| Kugel 5,00 kg | 9,95 Leipzig, Mathias | 2002 | Osnabrück |
| Kugel 6,25 kg | 11,59 Haarmann, Gerd | 1959 | Melle |
| Speer 600 g | 40,50 Hebbe, Ramires | 2000 | Celle |
| Speer 800 g | 48,32 Caesmann, Volker | 1955 | Winsen |
| Speer 700 g | 36,50 Hebbe, Ramires | 2016 | Lotte / Halen |
| Diskus | 27,60 Haarmann, Gerd | 1959 | Melle |

Schülerinnen: U 8 bis U 16

| | | | |
|-------------|--------------------------|------|----------|
| 50 m | 7,3 Beer, Mareike | 1991 | Melle |
| 60 m Halle | 8,04 Martin, Alina | 2012 | Hannover |
| 60 m Hürden | 9,77 Hohnsträter, Saskia | 2012 | Hannover |

Vereinsrekorde

| | | | |
|------------------|-----------------------------|------|----------------|
| 75 m | 10,08 Martin, Alina | 2011 | Werlte |
| 80 m Hürden | 12,0 Schweppe, Sandra | 1985 | Melle |
| 300 m Hürden | 52,9 Bahr, Antonia | 2015 | Gretesch |
| 100 m | 12,83 Martin, Alina | 2012 | Celle |
| 200 m | 28,03 Martin, Alina | 2013 | Zehen |
| 300 m | 41,80 Martin, Alina | 2012 | Nordhorn |
| 800 m | 2:24,42 Opitz, Ann-Christin | 2014 | Wilhelmshaven |
| 800 m Halle | 2:22,50 Blumenstein, Maja | 2015 | Göttingen |
| 1.500 m | 5:08,94 Sprenger, Marieke | 2017 | Paderborn |
| 2.000 m | 6:51,79 Sprenger, Marieke | 2017 | Kiel |
| Hochsprung | 1,68 Birke, Daniela | 1989 | Lingen |
| Weitsprung | 5,28 Birke, Daniela | 1989 | Bad Oeynhausen |
| Weitsprung Halle | 4,58 Martin, Alina | 2012 | Bielefeld |
| Ballwurf 80 g | 41,50 Birke, Daniela | 1986 | Melle |
| Ballwurf 200 g | 30,00 Lemke, Marie | 2017 | Melle |
| Kugel 3 kg | 12,50 Birke, Daniela | 1989 | Lingen |
| Diskus | 34,28 Birke, Daniela | 1989 | Scheeßel |
| Speer | 35,70 Birke, Daniela | 1989 | Düsseldorf |

Schüler: U 8 bis U 16

| | | | |
|---------------|----------------------------|------|-------------|
| 50 m | 6,79 Belt, Christian | 1998 | Lingen |
| 50 m Halle | 6,40 Belt, Christian | 1998 | Dortmund |
| 60 m Halle | 7,30 Belt, Christian | 2000 | Dortmund |
| 60 m Hürden | 10,60 Niehaus, Tom | 2015 | Paderborn |
| 80 m Hürden | 14,02 Makaschov, Dimitri | 2012 | Melle |
| 75 m | 9,25 Belt, Christian | 1999 | Delmenhorst |
| 100 m | 11,4 Belt, Christian | 2002 | Melle |
| 200 m | 24,57 Niehaus, Tom | 2016 | Melle |
| 300 m | 37,30 Belt, Christian | 2000 | Dessau |
| 600 m Halle | 1:49,76 Eversmann, Nicklas | 2016 | Paderborn |
| 800 m | 2:05,89 Seelhöfer, Mathis | 2015 | Göttingen |
| 800 m Halle | 2:06,56 Seelhöfer, Mathis | 2015 | Hannover |
| 1.000 m | 2:47,72 Belt, Christian | 2000 | Dessau |
| 1.000 m Halle | 3:07,9 Belt, Christian | 1998 | Dortmund |
| 1.500 m Halle | 4:33,09 Brausmann, David | 2013 | Paderborn |
| 2.000 m | 6:32,08 Seelhöfer, Jannik | 2011 | Melle |
| Hochsprung | 1,90 Breeck, Fabian | 2017 | Verden |

Vereinsrekorde

| | | | |
|------------------|-----------------------------|------|-------------|
| Weitsprung | 5,70 Belt, Christian | 2000 | Osnabrück |
| Weitsprung Halle | 5,51 Belt, Christian | 1998 | Dortmund |
| Ballwurf 80 g | 46,00 Hebbe, Ramires | 2011 | Osnabrück |
| Ballwurf 200 g | 52,00 Kleine-König, Michael | 2000 | Papenburg |
| | 52,00 Arndt, Sebastian | 2005 | Melle |
| | 52,00 Hebbe, Ramires | 2013 | Melle |
| Kugel 3 kg | 9,60 Seelhöfer, Jannik | 2012 | Melle |
| Kugel 4 kg | 11,79 Kleine-König, Michael | 2002 | Papenburg |
| Diskus 1 kg | 15,78 Peperkorn, Jan-Ole | 2012 | Nordhorn |
| Speer 600 g | 40,54 Hebbe, Ramires | 2015 | Helmstedt |
| Stab | 1,00 Möllers, Christian | 2005 | Bersenbrück |

Ewige Bestenliste Sprint

(Stand: 31.12.2018)

| Nr. | Zeit | Name | Geb. Jahr | Jahr | Ort des Laufes |
|-----|------|------|-----------|------|----------------|
|-----|------|------|-----------|------|----------------|

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|---------------------------------------|
| 50 m / Schülerinnen U8 bis U16 |
|---------------------------------------|

| | | | | | |
|----|------|-------------------------|------|------|----------------|
| 1 | 7,3 | Beer, Mareike | 1980 | 1991 | Melle |
| 2 | 7,6 | Gerve, Verena | 1980 | 1992 | Dissen |
| 3 | 7,8 | Reker, Jessica | 1990 | 2001 | Minden |
| 4 | 7,87 | Kampmann, Oxana | 2007 | 2018 | Melle |
| 5 | 7,6 | Martin, Alina | 1998 | 2009 | Bersenbrück |
| 6 | 7,93 | Lawrence, Lucy | 2001 | 2012 | Bielefeld |
| 7 | 8,0 | Grywna, Katrin | 1981 | 1992 | Dissen |
| 8 | 8,00 | Mintsi, Eleni | 1996 | 2007 | Melle |
| 9 | 8,1 | Samaan, Yasmin | 1986 | 1998 | Dortmund |
| 10 | 8,1 | Hoffmeister, Maike | 1978 | 1989 | Bad Oeynhausen |
| 11 | 8,1 | Grywna, Nicole | 1980 | 1992 | Dissen |
| 12 | 8,1 | Hanauer, Christina | 1981 | 1992 | Dissen |
| 13 | 8,1 | Gosling, Carina | 1993 | 2004 | Melle |
| 14 | 8,1 | Hoppe, Theresia | 1987 | 1998 | Dortmund |
| 15 | 8,1 | Köhler, Ann-Kathrin | 1995 | 2006 | Melle |
| 16 | 8,13 | Reinken, Jana | 2003 | 2014 | Melle |
| 17 | 8,15 | Bänsch, Luisa | 2001 | 2012 | Osnabrück |
| 18 | 8,1 | Ali, Amama | 1999 | 2009 | Melle |
| 19 | 8,2 | Möllers, Ria | 1996 | 2007 | Bielefeld |
| 20 | 8,2 | Tiedemann, Sarah | 1989 | 2000 | Dissen |
| 21 | 8,2 | Abing, Laura | 1991 | 2002 | Melle |
| 22 | 8,2 | Buermann, Maja | 1998 | 2009 | Bersenbrück |
| 23 | 8,24 | Kuhr, Merle | 2003 | 2014 | Melle |
| 24 | 8:29 | Opitz, Ann-Christin | 1999 | 2010 | Borgholzhausen |
| 25 | 8,3 | Krause, Carola | 1986 | 1998 | Dortmund |
| 26 | 8,3 | Lenger, Sarah | 1989 | 2000 | Neuenhaus |
| 27 | 8,3 | Metz, Annemarie | 1992 | 2002 | Melle |
| 28 | 8,3 | Müller, Franziska | 1991 | 2002 | Melle |
| 29 | 8,35 | Lemke, Marie | 2004 | 2015 | Bielefeld |
| 30 | 8,4 | Aulbert, Kerstin | 1990 | 2000 | Dissen |
| 31 | 8,4 | Struß, Sophie | 1999 | 2009 | Bersenbrück |
| 32 | 8,43 | Placke, Finja | 2005 | 2016 | Melle |
| 33 | 8,48 | Bahr, Antonia | 2001 | 2012 | Bielefeld |
| 34 | 8,48 | Oliveira Mendes, Emilia | 2004 | 2015 | Melle |
| 35 | 8,49 | Hadeler, Emilie | 2001 | 2012 | Melle |
| 36 | 8,5 | Krebs, Marie | 1995 | 2005 | Melle |
| 37 | 8,5 | Ulferts, Katrin | 1968 | 1980 | Melle |
| 38 | 8,5 | Groß, Rebecca | 1994 | 2005 | Melle |
| 39 | 8,5 | Melcher, Lisa | 1979 | 1989 | Bad Oeynhausen |
| 40 | 8,50 | Schlattmann, Jette | 2003 | 2014 | Melle |

| Nr. | Zeit | Name | Geb. Jahr | Jahr | Ort des Laufes |
|------------|-------------|----------------------------|------------------|-------------|-----------------------|
| 41 | 8,53 | Hellmann, Christin-Marie | 2001 | 2012 | Melle |
| 42 | 8,58 | Lübrecht, Kerstin | 1991 | 2001 | Minden |
| 43 | 8,6 | Belt, Katja | 1987 | 1998 | Dortmund |
| 44 | 8,6 | Chmiel, Nadine | 1979 | 1989 | Bad Essen |
| 45 | 8,60 | Klein, Malin | 2007 | 2017 | Melle |
| 46 | 8,62 | Holberg, Linnea | 2000 | 2011 | Melle |
| 47 | 8,7 | Fürmeyer, Nina | 1978 | 1989 | Osnabrück |
| 48 | 8,7 | Seidens, Maria | 1992 | 2002 | Melle |
| 49 | 8,73 | Sprenger, Maybrit | 2005 | 2016 | Melle |
| 50 | 8,74 | Grundmann, Laura-Katharina | 2008 | 2018 | Melle |
| 51 | 8,75 | Jokisch, Hannah | 2002 | 2013 | Melle |
| 52 | 8,76 | Bänsch, Sophie | 2001 | 2012 | Melle |
| 53 | 8,77 | Möller, Silena | 1993 | 2003 | Osnabrück |
| 54 | 8,8 | Westphal, Sandra | 1989 | 2000 | Dissen |
| 55 | 8,81 | Schlattmann, Leni | 2006 | 2015 | Melle |
| 56 | 8,82 | Kampmann, Melanie | 1982 | 1992 | Osnabrück |
| 57 | 8,85 | Plümer, Annemarie | 2004 | 2014 | Melle |
| 58 | 8,89 | Aubke, Nina | 2001 | 2012 | Melle |
| 59 | 8,9 | Breck, Nadine | 1993 | 2005 | Melle |
| 60 | 8,9 | Reker, Christina | 1991 | 2002 | Melle |
| 61 | 8,9 | Kipping, Maren | 1998 | 2009 | Melle |
| 62 | 8,90 | Rauschenbach, Yvonne | 1982 | 1992 | Osnabrück |
| 63 | 8,90 | Krüger, Jasmin | 1998 | 2007 | Melle |
| 64 | 8,91 | Lührmann, Ira | 2004 | 2013 | Melle |
| 65 | 8,91 | Olivera Mendes, Ariana | 2007 | 2017 | Melle |
| 66 | 8,93 | Dieckmann, Samira | 2000 | 2011 | Osnabrück |
| 67 | 8,94 | Lust, Samuela | 2007 | 2015 | Melle |
| 68 | 8,94 | Moritz, Zoey | 2010 | 2018 | Melle |
| 69 | 8,96 | Böttcher, Rika | 2007 | 2018 | Melle |
| 70 | 8,98 | Birch, Nele | 2003 | 2014 | Melle |
| 71 | 9,00 | Potthoff, Nina | 1978 | 1989 | Bad Essen |
| 72 | 9,00 | Wende, Clarissa | 1996 | 2007 | Melle |
| 73 | 9,00 | Micke, Alina | 1997 | 2007 | Melle |
| 74 | 9,00 | Winkelmann, Anne | 2004 | 2015 | Melle |
| 75 | 9,01 | Willenbockel, Tina | 1987 | 1998 | Osnabrück |
| 76 | 9,02 | Da Vinci, Franca | 2003 | 2012 | Melle |
| 77 | 9,04 | Blumenstein, Maya | 2000 | 2011 | Melle |
| 78 | 9,06 | Kornweibel, Zoe | 2001 | 2012 | Melle |
| 79 | 9,07 | Spannhoff, Kirsten | 1982 | 1992 | Osnabrück |
| 80 | 9,08 | Hadeler, Liv | 2005 | 2014 | Melle |
| 81 | 9,1 | Möllers, Svenja | 1990 | 2000 | Neuenhaus |
| 82 | 9,1 | Breck, Stefanie | 1995 | 2005 | Melle |
| 83 | 9,11 | Kuhr, Jule | 2006 | 2015 | Melle |
| 84 | 9,11 | Häffner, Amelie | 2008 | 2017 | Melle |
| 85 | 9,12 | Hebbe, Ralya | 2003 | 2014 | Gm - Hütte |
| 86 | 9,18 | Petzel, Larissa | 2001 | 2012 | Melle |
| 87 | 9,2 | Kühnel, Annabel | 1995 | 2004 | Melle |
| 88 | 9,2 | Reuder, Kirsten | 1983 | 1992 | Dissen |
| 89 | 9,21 | Finkemeyer, Rabea | 2006 | 2015 | Melle |
| 90 | 9,24 | Sprenger, Marieke | 2002 | 2011 | Osnabrück |
| 91 | 9,29 | Wüller, Sofia | 2002 | 2011 | Melle |

| Nr. | Zeit | Name | Geb. Jahr | Jahr | Ort des Laufes |
|-----|------|-------------------|-----------|------|----------------|
| 92 | 9,30 | Andrup, Sarah | 1997 | 2007 | Melle |
| 93 | 9,30 | Weigelt, Merle | 1997 | 2007 | Melle |
| 94 | 9,31 | Grolle, Maja | 2002 | 2011 | Melle |
| 95 | 9,31 | Bäumer, Milena | 1992 | 2002 | Melle |
| 96 | 9,32 | Bottcher, Rika | 2007 | 2018 | Melle |
| 97 | 9,35 | Krüger, Muriel | 2008 | 2018 | Melle |
| 98 | 9,36 | Weidemann, Clara | 2003 | 2011 | Melle |
| 99 | 9,37 | Asplan, Pia | 2003 | 2011 | Melle |
| 100 | 9,37 | Kasselmann, Marie | 2005 | 2014 | Melle |

60 m Halle / Schülerinnen U8 bis U16

| | | | | | |
|----|-------|-------------------------|------|------|-----------|
| 1 | 8,04 | Martin, Alina | 1998 | 2012 | Hannover |
| 2 | 8,2 | Stöppekamp, Vera | 1983 | 1998 | Dortmund |
| 3 | 8,34 | Reinken, Jana | 2003 | 2018 | Paderborn |
| 4 | 8,59 | Opitz, Ann-Christin | 1999 | 2013 | Paderborn |
| 5 | 8,60 | Wrocklage, Nour | 2000 | 2014 | Paderborn |
| 6 | 8,63 | Lawrance, Lucy | 2001 | 2015 | Paderborn |
| 7 | 8,83 | Wenke, Jana | 2003 | 2017 | Paderborn |
| 8 | 8,88 | Struß, Ellen | 1997 | 2011 | Hannover |
| 9 | 8,93 | Kuhr, Merle | 2002 | 2016 | Paderborn |
| 10 | 8,94 | Oliveira-Mendes, Emilia | 2004 | 2017 | Paderborn |
| 11 | 8,95 | Bänsch, Luisa | 2001 | 2014 | Paderborn |
| 12 | 9,04 | Rose, Nadja | 1996 | 2010 | Bielefeld |
| 13 | 9,10 | Koch, Stefanie | 1989 | 2002 | Bielefeld |
| 14 | 9,21 | Radke, Joelle | 1998 | 2012 | Bielefeld |
| 15 | 9,26 | El Asseoui, Nele | 1996 | 2010 | Bielefeld |
| 16 | 9,27 | Opitz, Nele | 1999 | 2013 | Paderborn |
| 17 | 9,32 | Lenger, Sarah | 1989 | 2002 | Bielefeld |
| 18 | 9,39 | Stöppelmann, Hanna | 1998 | 2013 | Paderborn |
| 19 | 9,40 | Winkelman, Lisa | 2002 | 2015 | Bielefeld |
| 20 | 9,44 | Struß, Ellen | 1997 | 2010 | Bielefeld |
| 21 | 9,46 | Bahr, Antonia | 2001 | 2014 | Bielefeld |
| 22 | 9,52 | Hohnsträter, Saskia | 1997 | 2010 | Bielefeld |
| 23 | 9,54 | Opitz, Marie-Theres | 1997 | 2010 | Bielefeld |
| 24 | 9,58 | Aufderheide, Jessica | 1996 | 2010 | Bielefeld |
| 25 | 9,63 | Broksieker, Sina | 1996 | 2011 | Paderborn |
| 26 | 9,68 | Bänsch, Sophie | 2001 | 2014 | Bielefeld |
| 27 | 9,79 | Buernmann, Maja | 1998 | 2011 | Bielefeld |
| 28 | 10,48 | Stegmann, Sarah | 1991 | 2006 | Bielefeld |
| 29 | 10,78 | Kowert, Johanna | 1993 | 2006 | Bielefeld |

60 m Hürden / Schülerinnen U8 bis U16

| | | | | | |
|---|------|---------------------|------|------|-----------|
| 1 | 9,77 | Hohnsträter, Saskia | 1997 | 2012 | Hannover |
| 2 | 10,2 | Schweppe, Sandra | 1971 | 1983 | Osnabrück |

| Nr. | Zeit | Name | Geb. Jahr | Jahr | Ort des Laufes |
|-----|-------|--------------------|-----------|------|----------------|
| 3 | 10,29 | Bahr, Antonia | 2001 | 2016 | Paderborn |
| 4 | 10,50 | Kuhr, Merle | 2003 | 2017 | Hannover |
| 5 | 10,71 | Beer, Mareike | 1980 | 1992 | Osnabrück |
| 6 | 10,87 | Lawrance, Lucy | 2001 | 2013 | Paderborn |
| 7 | 11,53 | Bänsch, Luisa | 2001 | 2014 | Lingen |
| 8 | 11,75 | Möllers, Ria | 1996 | 2009 | Nordhorn |
| 9 | 12,1 | Gerve, Verena | 1980 | 1992 | Dissen |
| 10 | 12,48 | Struß, Ellen | 1997 | 2010 | Bielefeld |
| 11 | 12,5 | Reinken, Jana | 2003 | 2015 | Melle |
| 12 | 12,62 | Bänsch, Sophie | 2001 | 2014 | Bielefeld |
| 13 | 12,94 | Struß, Sophia | 1999 | 2011 | Werlte |
| 14 | 12,99 | Grywna, Katrin | 1981 | 1992 | Osnabrück |
| 15 | 13,02 | Harig, Anja | 1988 | 2001 | Dörpen |
| 16 | 13,38 | Lemke, Marie | 2004 | 2016 | Lingen |
| 17 | 15,9 | Kociemba, Stefanie | 1980 | 1992 | Dissen |

75 m / Schülerinnen U8 bis U16

| | | | | | |
|----|-------|-------------------------|------|------|----------------|
| 1 | 10:08 | Martin, Alina | 1998 | 2011 | Werlte |
| 2 | 10,2 | Schwappe, Sandra | 1971 | 1983 | Osnabrück |
| 3 | 10:33 | Birke, Daniela | 1975 | 1989 | Düsseldorf |
| 4 | 10,77 | Reinken, Jana | 2003 | 2016 | Melle |
| 5 | 10,78 | Kuhr, Merle | 2003 | 2016 | Melle |
| 6 | 10,8 | Struß, Ellen | 1997 | 2010 | Bersenbrück |
| 7 | 10,83 | Lawrance, Lucy | 2001 | 2014 | Melle |
| 8 | 10,95 | Opitz, Ann-Christin | 1999 | 2012 | Nordhorn |
| 9 | 10:97 | Buchmann, Swantje | 1990 | 2003 | Osnabrück |
| 10 | 10,9 | Tiedemann, Sarah | 1989 | 2002 | Bersenbrück |
| 11 | 10,9 | Geisler, Stefanie | 1976 | 1989 | Wunstorf |
| 12 | 10,9 | Lenger, Sarah | 1989 | 2002 | Melle |
| 13 | 10,95 | Bänsch, Luisa | 2001 | 2014 | Melle |
| 14 | 11,0 | Reker, Jessica | 1990 | 2002 | Bersenbrück |
| 15 | 11,0 | Koch, Stefanie | 1989 | 2002 | Melle |
| 16 | 11,00 | Rittmeister, Birte | 1975 | 1989 | Wunstorf |
| 17 | 11:02 | Hohnsträter, Saskia | 1997 | 2010 | Borgholzhausen |
| 18 | 11,02 | Mendes, Emilia Oliverra | 2004 | 2016 | Lotte / Halen |
| 19 | 11,10 | Beer, Mareike | 1980 | 1992 | Nammen |
| 20 | 11,1 | Büning, Simone | 1975 | 1989 | Osnabrück |
| 21 | 11,1 | Harig, Anja | 1988 | 2000 | Melle |
| 22 | 11,16 | Lemke, Marie | 2004 | 2016 | Lotte / Halen |
| 23 | 11,17 | Blumenstein, Maja | 2000 | 2013 | Lotte / Halen |
| 24 | 11,2 | Meyer, Toni | 1979 | 1992 | Dissen |
| 25 | 11:2 | Lübrecht, Kerstin | 1991 | 2004 | Melle |
| 26 | 11:27 | Buermann, Maja | 1998 | 2010 | Melle |
| 27 | 11,27 | Bahr, Antonia | 2001 | 2014 | Dörpen |
| 28 | 11,3 | Brand, Sonja | 1976 | 1989 | Melle |
| 29 | 11,3 | Gossling, Carina | 1993 | 2006 | Melle |
| 30 | 11,33 | Bänsch, Sophie | 2001 | 2014 | Melle |
| 31 | 11,33 | Placke, Finja | 2005 | 2017 | Melle |

| Nr. | Zeit | Name | Geb. Jahr | Jahr | Ort des Laufes |
|------------|-------------|--------------------------|------------------|-------------|-----------------------|
| 32 | 11,4 | Meyerdierks, Nadine | 1975 | 1989 | Melle |
| 33 | 11,4 | Möllers, Ria | 1996 | 2009 | Melle |
| 34 | 11,5 | Rauschenbach, Isabell | 1979 | 1992 | Osnabrück |
| 35 | 11,5 | Droste, Johanna | 2002 | 2015 | Gretesch |
| 36 | 11,5 | Schlattmann, Jette | 2003 | 2015 | Gretesch |
| 37 | 11,51 | Ali, Amama | 1999 | 2012 | Melle |
| 38 | 11,56 | Winkelmann, Anne | 2004 | 2016 | Lotte / Halen |
| 39 | 11,6 | Lüdemann, Elin | 1976 | 1989 | Melle |
| 40 | 11,6 | Jäger, Liesa-Marie | 1995 | 2007 | Melle |
| 41 | 11,7 | Opitz, Marie-Theres | 1997 | 2009 | Melle |
| 42 | 11,70 | Finkemeyer, Rabea | 2006 | 2018 | Melle |
| 43 | 11,8 | Caesmann, Carolin | 1989 | 2002 | Melle |
| 44 | 11,8 | Birthe, Nele | 2003 | 2015 | Gretesch |
| 45 | 11,81 | Hacke, Malin | 2001 | 2014 | Lingen |
| 46 | 11:91 | Jünemann, Michelle | 1998 | 2010 | Melle |
| 47 | 11,93 | Stöppelmann, Hannah | 1998 | 2011 | Melle |
| 48 | 12,0 | Martinetz, Jasmin | 1989 | 2001 | Borgholzhausen |
| 49 | 12,0 | Koors, Christin | 1990 | 2002 | Melle |
| 50 | 12,0 | El-Assouri, Nele | 1996 | 2009 | Melle |
| 51 | 12,03 | Aulbert, Kerstin | 1990 | 2001 | Dörpen |
| 52 | 12,1 | Friedering, Katja | 1976 | 1989 | Wunstorf |
| 53 | 12,2 | Helmes, Julia | 1989 | 2002 | Melle |
| 54 | 12:23 | Jobs, Norina | 1998 | 2010 | Melle |
| 55 | 12,4 | Kowert, Johanna | 1993 | 2005 | Melle |
| 56 | 12,4 | Stute, Helena | 1996 | 2009 | Melle |
| 57 | 12,40 | Sprenger, Maybrit | 2005 | 2017 | Melle |
| 58 | 12,44 | Holberg, Linea | 2000 | 2012 | Melle |
| 59 | 12,48 | Hellmann, Christin Marie | 2001 | 2013 | Melle |
| 60 | 12,51 | Sprenger, Marieke | 2002 | 2014 | Melle |
| 61 | 12,63 | Winkelmann, Lisa | 2014 | 2014 | Wilhelmshaven |
| 62 | 12,77 | Dröge, Jo-Ann | 2004 | 2016 | Melle |
| 63 | 12,80 | Ernst, Lea | 2004 | 2016 | Melle |
| 64 | 12,84 | Da Vinci, Carla | 2000 | 2012 | Melle |
| 65 | 12,89 | Leimbrock, Maja | 2001 | 2012 | Melle |
| 66 | 12,95 | Kornwebel, Zoe | 2001 | 2013 | Lotte / Halen |
| 67 | 12,97 | Dalkötter-Martinez, Cara | 2002 | 2014 | Melle |
| 68 | 13,0 | Möllers, Swenja | 1990 | 2002 | Melle |
| 69 | 13,29 | Stöppelmann, Eva | 2000 | 2013 | Melle |
| 70 | 13,49 | Cordscheips, Nina | 2004 | 2016 | Melle |
| 71 | 14:2 | Stegmann, Sarah | 1991 | 2004 | Melle |
| 72 | 14:30 | Eckjans, Marieke | 2002 | 2014 | Wilhelmshaven |

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| 80 m Hürden / Schülerinnen U8 bis U16 |
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|---|-------|---------------------|------|------|------------|
| 1 | 12,0 | Schweppe, Sandra | 1971 | 1985 | Melle |
| 2 | 12,58 | Birke, Daniela | 1975 | 1989 | Düsseldorf |
| 3 | 12,9 | Efeling, Meike | 1973 | 1986 | Melle |
| 4 | 12,92 | Hohnsträter, Saskia | 1997 | 2012 | Melle |
| 5 | 13,13 | Voncina, Anke | 1965 | 1978 | Berlin |

| Nr. | Zeit | Name | Geb. Jahr | Jahr | Ort des Laufes |
|------------|-------------|--------------------|------------------|-------------|-----------------------|
| 6 | 13,70 | Beer, Anne-Kathrin | 1984 | 1999 | Goslar |
| 7 | 13,70 | Möllers, Ria | 1996 | 2011 | Winsen a.d. Luhe |
| 8 | 13,88 | Bahr, Antonia | 2001 | 2016 | Lingen |
| 9 | 14,93 | Lawrance, Lucy | 2001 | 2015 | Papenburg |
| 10 | 15,4 | Büning, Simone | 1975 | 1989 | Osnabrück |
| 11 | 15,70 | Opitz, Nele | 1999 | 2014 | Lingen |
| 12 | 16,45 | Bänsch, Luisa | 2001 | 2014 | Melle |
| 13 | 17,1 | Friedering, Katja | 1976 | 1989 | Münster |
| 14 | 17,36 | Bänsch, Sophie | 2001 | 2014 | Melle |
| 15 | 17,4 | Geisler, Stefanie | 1976 | 1989 | Osnabrück |
| 16 | 17,8 | Brand, Sonja | 1976 | 1989 | Osnabrück |

100 m / Schülerinnen U8 bis U16

| | | | | | |
|----|-------|----------------------|------|------|-----------------|
| 1 | 12,83 | Martin, Alina | 1998 | 2012 | Celle |
| 2 | 12,9 | Schwappe, Sandra | 1971 | 1984 | Melle |
| 3 | 13,3 | Lührmann, Dorit | 1970 | 1984 | Melle |
| 4 | 13,29 | Reinken, Jana | 2003 | 2018 | Melle |
| 5 | 13,35 | Opitz, Ann-Christin | 1999 | 2013 | Papenburg |
| 6 | 13,37 | Lawrance, Lucy | 2001 | 2016 | Lotte-Halen |
| 7 | 13,61 | Hohnsträter, Saskia | 1997 | 2012 | Celle |
| 8 | 13,87 | Bahr, Antonia | 2001 | 2016 | Lotte-Halen |
| 9 | 13,96 | Kuhr, Merle | 2003 | 2017 | Melle |
| 10 | 13,98 | Möllers, Ria | 1996 | 2011 | Winsen a.d.Luhe |
| 11 | 14,09 | Blumenstein, Maja | 2000 | 2014 | Lingen |
| 12 | 14,10 | Wenke, Jana | 2003 | 2018 | Delmenhorst |
| 13 | 14,15 | Schlattmann, Jette | 2003 | 2018 | Melle |
| 14 | 14:18 | Krebs, Marie | 1995 | 2010 | Melle |
| 15 | 14,19 | Struß, Ellen | 1997 | 2011 | Werite |
| 16 | 14,19 | Bänsch, Luisa | 2001 | 2015 | Celle |
| 17 | 14,2 | El Asseoui, Nele | 1996 | 2010 | Bersenbrück |
| 18 | 14,25 | Opitz, Nele | 1999 | 2014 | Lingen |
| 19 | 14:3 | Tiedemann, Sarah | 1989 | 2004 | Melle |
| 20 | 14:40 | Lenger, Sarah | 1989 | 2003 | Borgholzhausen |
| 21 | 14,4 | Hoppe, Theresa | 1987 | 2001 | Melle |
| 22 | 14,46 | Asbrock, Pia | 1996 | 2011 | Sarstedt |
| 23 | 14,59 | Winkelmann, Lisa | 2001 | 2016 | Lotte-Halen |
| 24 | 14,67 | Bahr, Felicia | 2000 | 2015 | Melle |
| 25 | 14,69 | Sprenger, Marieke | 2002 | 2017 | Melle |
| 26 | 14:71 | Rose, Nadja | 1996 | 2010 | Melle |
| 27 | 14,71 | Lemke, Marie | 2004 | 2018 | Melle |
| 28 | 14,91 | Opitz, Marie-Therese | 1997 | 2011 | Melle |
| 29 | 15,1 | Belt, Katja | 1987 | 2001 | Melle |
| 30 | 15,1 | Niermann, Nadja | 1991 | 2005 | Bersenbrück |
| 31 | 15:2 | Buermeyer, Kathleen | 1989 | 2004 | Melle |
| 32 | 15:3 | Westphal, Sandra | 1989 | 2004 | Melle |
| 33 | 15,28 | Schmieder, Emilia | 2004 | 2018 | Melle |
| 34 | 15,33 | Stöppelmann, Hanna | 1998 | 2013 | Papenburg |
| 35 | 15:37 | Kligge, Sandra | 1995 | 2010 | Melle |

| Nr. | Zeit | Name | Geb. Jahr | Jahr | Ort des Laufes |
|-----|-------|----------------------|-----------|------|----------------|
| 36 | 15,37 | Borghard, Marina | 1999 | 2014 | Melle |
| 37 | 15:44 | Aufderheide, Jessica | 1996 | 2010 | Melle |
| 38 | 15,68 | Grobe, Lena | 1999 | 2014 | Lingen |
| 39 | 15,78 | Stöppelmann, Eva | 2000 | 2014 | Melle |
| 40 | 15,81 | da Vinci, Carla | 2000 | 2015 | Melle |
| 41 | 15,99 | Pohlmann, Sarah | 2000 | 2014 | Lingen |
| 42 | 16,60 | Kowert, Johanna | 1993 | 2007 | Melle |
| 43 | 16,89 | Busch, Lea | 1998 | 2014 | Melle |
| 44 | 17,1 | Stönnner, Anika | 1994 | 2009 | Melle |
| 45 | 17,3 | Harig, Swantje | 1985 | 2000 | Dissen |

200 m Schülerinnen U8 bis U16

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|---|-------|------------------|------|------|-------------|
| 1 | 28,03 | Martin, Alina | 1998 | 2013 | Zeven |
| 2 | 28,16 | Lawrance, Lucy | 2001 | 2016 | Melle |
| 3 | 30,04 | Kuhr, Merle | 2003 | 2016 | Dortmund |
| 4 | 30,2 | El Asseoui, Nele | 1996 | 2010 | Bersenbrück |

300 m Schülerinnen U8 bis U16

| | | | | | |
|----|-------|---------------------|------|------|----------------|
| 1 | 41,80 | Martin, Alina | 1998 | 2012 | Nordhorn |
| 2 | 44,32 | Opitz, Ann-Christin | 1999 | 2013 | Papenburg |
| 3 | 45,76 | Blumenstein, Maya | 2000 | 2015 | Paderborn |
| 4 | 46,04 | Lawrance, Lucy | 2001 | 2015 | Paderborn |
| 5 | 46,19 | Sprenger, Marieke | 2002 | 2017 | Borgholzhausen |
| 6 | 47,07 | Winkelmann, Lisa | 2001 | 2015 | Paderborn |
| 7 | 47,16 | Reinken, Jana | 2003 | 2017 | Lotte-Halen |
| 8 | 47,49 | Lemke, Marie | 2004 | 2018 | Paderborn |
| 9 | 47,90 | Struß, Ellen | 1997 | 2011 | Werite |
| 10 | 50,0 | Niermann, Nadja | 1991 | 2005 | Bersenbrück |
| 11 | 50,52 | Oberwittler, Greta | 2004 | 2018 | Paderborn |
| 12 | 50,74 | Opitz, Nele | 1999 | 2013 | Papenburg |
| 13 | 51,40 | Schmieder, Emilia | 2004 | 2018 | Lingen |
| 14 | 61,43 | Stegmann, Sarah | 1991 | 2006 | Bielefeld |

300 m Hürden Schülerinnen U8 bis U16

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|---|------|---------------|------|------|----------|
| 1 | 52,9 | Bahr, Antonia | 2001 | 2015 | Gretesch |
|---|------|---------------|------|------|----------|

800 m / Schülerinnen U8 bis U16

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|---|---------|-------------------|------|------|-----------|
| 1 | 2:22,50 | Blumenstein, Maja | 2000 | 2015 | Göttingen |
|---|---------|-------------------|------|------|-----------|

| Nr. | Zeit | Name | Geb. Jahr | Jahr | Ort des Laufes |
|------------|-------------|----------------------|------------------|-------------|-----------------------|
| 2 | 2:22,73 | Lawrance, Lucy | 2001 | 2016 | Delmenhorst |
| 3 | 2:24,42 | Opitz, Ann-Christin | 1999 | 2014 | Wilhelmshaven |
| 4 | 2:23,99 | Winkelmann, Lisa | 2001 | 2016 | Delmenhorst |
| 5 | 2:26,05 | Sprenger, Marieke | 2001 | 2017 | Melle |
| 6 | 2:31,40 | Martin, Alina | 1998 | 2012 | Gretesch |
| 7 | 2:32,57 | Lemke, Marie | 2004 | 2017 | Melle |
| 8 | 2:34,7 | Pabsch, Karen | 1973 | 1988 | Berlin |
| 9 | 2:36,0 | Bode, Heike | 1958 | 1972 | Melle |
| 10 | 2:36,28 | Möllers, Ria | 1996 | 2011 | Winsen a.d.Luhe |
| 11 | 2:36,49 | Martin, Alina | 1998 | 2012 | Melle |
| 12 | 2:36,97 | Lenger, Sarah | 1989 | 2002 | Papenburg |
| 13 | 2:38,1 | Kombrink-Lübbe. Lena | 1995 | 2010 | Melle |
| 14 | 2:38,4 | Birke, Daniela | 1975 | 1989 | Melle |
| 15 | 2:38,8 | Stüer, Melanie | 1974 | 1988 | Berlin |
| 16 | 2:39,8 | Erfeling, M. | 1973 | 1988 | Papenburg |
| 17 | 2:39,8 | Voncina, A. | 1965 | 1978 | Melle |
| 18 | 2:41,0 | El Asseoui, Nele | 1996 | 2010 | Papenburg |
| 19 | 2:41,08 | Niermann, Nadja | 1991 | 2005 | Dörpen |
| 20 | 2:41,3 | Bode, Heike | 1958 | 1971 | Melle |
| 21 | 2:41,82 | Reinken, Jana | 2003 | 2016 | Melle |
| 22 | 2:43,4 | Koch, Christina | 1987 | 2000 | Melle |
| 23 | 2:44,0 | Birkemeyer, Sonja | 1989 | 2000 | Gretesch |
| 24 | 2:45,0 | Gerve, Verena | 1980 | 1992 | Melle |
| 25 | 2:45,5 | Engel, M. | 1964 | 1977 | Melle |
| 26 | 2:45,56 | Winkelmann, Anne | 2004 | 2016 | Melle |
| 27 | 2:46,0 | Köckler, A. | 1967 | 1980 | Melle |
| 28 | 2:46,2 | Tiedke, M. | 1974 | 1987 | Osnabrück |
| 29 | 2:46,32 | Opitz, Ann-Christin | 1999 | 2012 | Nordhorn |
| 30 | 2:46,5 | Holtkamp, B. | 1973 | 1984 | Dörpen |
| 31 | 2:47,27 | Bahr, Antonia | 2001 | 2013 | Papenburg |
| 32 | 2:47,4 | Herbst, W. | 1967 | 1982 | Gütersloh |
| 33 | 2:49,0 | Schiermeyer, U. | 1969 | 1984 | Osnabrück |
| 34 | 2:49,2 | Ströter, D. | 1974 | 1988 | Oldenburg |
| 35 | 2:49,86 | Braunsmann, Hannah | 1999 | 2014 | Lingen |
| 36 | 2:51,3 | Fürmeyer, Nina | 1978 | 1990 | Melle |
| 37 | 2:51,54 | Kuhr, Merle | 2003 | 2017 | Melle |
| 38 | 2:51,6 | Bordihn, Cindy | 1973 | 1985 | Dortmund |
| 39 | 2:52,7 | Raude, D. | 1971 | 1985 | Dissen |
| 40 | 2:53,7 | Lührmann, Dorit | 1970 | 1985 | Dörpen |
| 41 | 2:53,77 | Placke, Finya | 2005 | 2018 | Melle |
| 42 | 2:53,9 | Grywna, Katrin | 1981 | 1992 | Osnabrück |
| 43 | 2:54,09 | Bahr, Felicia | 2000 | 2015 | Melle |
| 44 | 2:54,2 | Tiedemann, Sarah | 1989 | 2002 | Bersenbrück |
| 45 | 2:54,3 | Knepper, K. | 1964 | 1978 | Melle |
| 46 | 2:55,09 | Struß, Sophia | 1999 | 2011 | Werlte |
| 47 | 2:56,1 | Meyer, K. | 1961 | 1974 | Osnabrück |
| 48 | 2:56,2 | Stroiczek, T. | 1973 | 1987 | Münster |
| 49 | 2:56,4 | Dreschen, A. | 1969 | 1984 | Osnabrück |
| 50 | 2:56,6 | Kuhn, S. | 1964 | 1978 | Melle |
| 51 | 2:56,7 | Arnold, S. | 1976 | 1987 | Melle |
| 52 | 2:57,1 | Giesecking, Melanie | 1981 | 1992 | Melle |

| Nr. | Zeit | Name | Geb. Jahr | Jahr | Ort des Laufes |
|------------|-------------|--------------------------|------------------|-------------|-----------------------|
| 53 | 2:58,0 | Kiel, M. | 1968 | 1978 | Melle |
| 54 | 2:58,27 | Bahr, Antonia | 2001 | 2014 | Melle |
| 55 | 3,01 | Jäger, Lisa | 1996 | 2007 | Bielefeld |
| 56 | 3:01,3 | Wieser, S. | 1965 | 1978 | Melle |
| 57 | 3:01,61 | Bänsch, Sophie | 2001 | 2014 | Melle |
| 58 | 3:01,87 | Müller, Franziska | 1991 | 2001 | Minden |
| 59 | 3:02,0 | Lenger, Nina | 1978 | 1992 | Melle |
| 60 | 3:02,0 | Droste, Johanna | 2001 | 2015 | Gretesch |
| 61 | 3:02,08 | Hacke, Malin | 2001 | 2013 | Melle |
| 62 | 3:02,22 | Reker, Jessica | 1990 | 2001 | Minden |
| 63 | 3:02,31 | Buermann, Maja | 1998 | 2011 | Werlte |
| 64 | 3:02,7 | Beckmann, R. | 1970 | 1985 | Hannover |
| 65 | 3:02,8 | Keil, Katja | 1976 | 1990 | Melle |
| 66 | 3:02,95 | Bänsch, Luisa | 2001 | 2012 | Bielefeld |
| 67 | 3:03:10 | Hohnsträter, Saskia | 1997 | 2010 | Melle |
| 68 | 3:03,2 | Rauschenbach, Isabell | 1979 | 1992 | Melle |
| 69 | 3:03,31 | Schlattmann, Jette | 2003 | 2012 | Melle |
| 70 | 3:03,53 | Mendes, Emilia Oliverra | 2004 | 2016 | Lotte-Halen |
| 71 | 3:03,7 | Birth, Nele | 2003 | 2015 | Gretesch |
| 72 | 3:03,8 | Vors, C. | 1968 | 1980 | Bad Essen |
| 73 | 3:04,4 | Hanauer, Christina | 1981 | 1993 | Melle |
| 74 | 3:04,8 | Brockmeyer, D. | 1973 | 1988 | Papenburg |
| 75 | 3:05,2 | Pieper, Maren | 1992 | 2004 | Melle |
| 76 | 3:05,63 | Lührmann, Ira | 2004 | 2014 | Melle |
| 77 | 3:06,01 | Aulbert, Kerstin | 1990 | 2001 | Dörpen |
| 78 | 3:06,4 | Rörsch, Michaela | 1977 | 1991 | Dissen |
| 79 | 3:06,55 | Netemeyer, Marie | 2006 | 2016 | Melle |
| 80 | 3:07,2 | Oberjohann, Petra | 1983 | 1995 | Melle |
| 81 | 3:07,3 | Opitz, Marie Theres | 1997 | 2009 | Melle |
| 82 | 3:07,74 | Sprenger, Maybrit | 2005 | 2018 | Melle |
| 83 | 3:08,58 | Leimbrock, Maja | 2000 | 2012 | Melle |
| 84 | 3:08,6 | Pieper, Maike | 1992 | 2004 | Melle |
| 85 | 3:08,82 | Hellmann, Christin-Marie | 2001 | 2012 | Melle |
| 86 | 3:09,4 | Bodenbach, S. | 1964 | 1978 | Melle |
| 87 | 3:10,4 | Starcke, A. | 1975 | 1985 | Melle |
| 88 | 3:10,5 | Holtkamp, A. | 1972 | 1984 | Bad Rothenfelde |
| 89 | 3:11,1 | Rauschenbach, Yvonne | 1982 | 1992 | Melle |
| 90 | 3:11,90 | Dalkötter-Martinez, Cara | 2002 | 2014 | Melle |
| 91 | 3:11,9 | Struß, Ellen | 1997 | 2009 | Melle |
| 92 | 3:12,7 | Stegmann, Sarah | 1991 | 2004 | Melle |
| 93 | 3:13,0 | Neu, Franziska | 1983 | 1995 | Melle |
| 94 | 3:13,2 | Weber, Kerstin | 1979 | 1992 | Dissen |
| 95 | 3:13,5 | Gieselmann, Rahel | 1995 | 2004 | Melle |
| 96 | 3:13,5 | Hohnsträter, S. | 1974 | 1987 | Münster |
| 97 | 3:14,0 | Rörsch, Petra | 1983 | 1992 | Melle |
| 98 | 3:14,24 | Metz, Annemarie | 1992 | 2001 | Borgholzhausen |
| 99 | 3:14,6 | Kampmann, Jessica | 1984 | 1993 | Melle |
| 100 | 3:14,76 | Plümer, Annemarie | 2004 | 2015 | Melle |

| Nr. | Zeit | Name | Geb. Jahr | Jahr | Ort des Laufes |
|-----|------|------|-----------|------|----------------|
|-----|------|------|-----------|------|----------------|

800 m Halle / Schülerinnen U8 bis U16

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|---|---------|-------------------|------|------|-----------|
| 1 | 2:22,50 | Blumenstein, Maja | 2000 | 2015 | Göttingen |
| 2 | 2:31,27 | Sprenger, Marieke | 2002 | 2017 | Hannover |
| 3 | 2:33,51 | Winkelmann, Lisa | 2001 | 2016 | Hannover |
| 4 | 2:34,76 | Lawrance, Lucy | 2001 | 2014 | Paderborn |
| 5 | 2:36,22 | Sprenger, Marieke | 2002 | 2016 | Hannover |
| 6 | 2:41,33 | Lemke, Marie | 2004 | 2018 | Paderborn |
| 7 | 2:41,78 | Reinken, Jana | 2003 | 2017 | Hannover |
| 8 | 3:02,22 | Bänsch, Sophie | 2001 | 2013 | Paderborn |

1.500 m / Schülerinnen U8 bis U16

| | | | | | |
|---|---------|-------------------|------|------|-----------|
| 1 | 5:08,94 | Sprenger, Marieke | 2002 | 2017 | Paderborn |
| 2 | 5:17,58 | Winkelmann, Lisa | 2001 | 2016 | Melle |
| 3 | 5:22,89 | Lawrance, Lucy | 2001 | 2015 | Melle |
| 4 | 6:29,8 | Staege, H. | 1969 | 1983 | Melle |

2.000 m / Schülerinnen U8 bis U16

| | | | | | |
|----|---------|--------------------------|------|------|----------------|
| 1 | 6:51,79 | Sprenger, Marieke | 2002 | 2017 | Kiel |
| 2 | 7:11,71 | Lawrance, Lucy | 2001 | 2016 | Melle |
| 3 | 7:35,0 | Lenger, Sarah | 1989 | 2002 | Nordhorn |
| 4 | 7:42,1 | Kombrink-Lübbe, Lena | 1995 | 2009 | Melle |
| 5 | 7:48,1 | Birkemeyer, Sonja | 1989 | 2000 | Nordhorn |
| 6 | 8:15,48 | Reinken, Jana | 2003 | 2014 | Melle |
| 7 | 8:22,44 | Möllers, Ria | 1996 | 2010 | Melle |
| 8 | 8:23,5 | Koch, Christina | 1987 | 2000 | Nordhorn |
| 9 | 8:24,3 | Reker, Jessica | 1990 | 2002 | Osnabrück |
| 10 | 8:30,81 | Buermann, Maja | 1998 | 2011 | Melle |
| 11 | 8:31,06 | Lemke, Marie | 2004 | 2014 | Melle |
| 12 | 8:33,0 | Tiedemann, Sarah | 1989 | 2002 | Nordhorn |
| 13 | 8:33,25 | Bahr, Antonia | 2001 | 2012 | Melle |
| 14 | 8:39,9 | Fürmeyer, Nina | 1978 | 1991 | Melle |
| 15 | 8:42,22 | Netemeyer, Marie | 2006 | 2016 | Melle |
| 16 | 8:47,3 | Grywna, Katrin | 1981 | 1991 | Melle |
| 17 | 8:47,9 | Pieper, Maren | 1992 | 2004 | Melle |
| 18 | 8:50,27 | Da Vinci, Franca | 2003 | 2013 | Melle |
| 19 | 8:51,19 | Hellmann, Christin-Marie | 2001 | 2012 | Melle |
| 20 | 8:53,0 | Niermann, Nadja | 1991 | 2005 | Melle |
| 21 | 9:02,9 | Belt, Katja | 1987 | 2000 | Nordhorn |
| 22 | 9:04,2 | Schmidtkunz, Rita | 1987 | 1998 | Borgholzhausen |
| 23 | 9:04,5 | Giesecking, Melanie | 1980 | 1991 | Melle |

| Nr. | Zeit | Name | Geb. Jahr | Jahr | Ort des Laufes |
|------------|-------------|----------------------|------------------|-------------|-----------------------|
| 24 | 9:08,8 | Rörsch, Petra | 1983 | 1992 | Melle |
| 25 | 9:14,40 | Sprenger, Maybrit | 2005 | 2016 | Melle |
| 26 | 9:15,4 | Rauschenbach, Yvonne | 1982 | 1992 | Melle |
| 27 | 9:19,5 | Oberjohann, Nina | 1979 | 1989 | Melle |
| 28 | 9:23,5 | Spannhof, Kirsten | 1982 | 1992 | Melle |
| 29 | 9:30,5 | Stegmann, Sarah | 1991 | 2006 | Melle |
| 30 | 9:59,5 | Hohnsträter, Saskia | 1997 | 2009 | Melle |
| 31 | 10:12,3 | Potts, Kristin | 1981 | 1990 | Melle |
| 32 | 10:32 | Krüger, Jasmin | 1987 | 2008 | Neuenkirchen |
| 33 | 10:51 | Krüger, Andrea | 2000 | 2008 | Neuenkirchen |
| 34 | 11:35,0 | Krüger, Catharina | 1982 | 1990 | Melle |
| 35 | 11:44,0 | Gerve, Carolin | 1982 | 1990 | Melle |

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| Hochsprung / Schülerinnen U8 bis U16 |
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|----|------|-----------------------|------|------|-----------------|
| 1 | 1,68 | Birke, Daniela | 1975 | 1989 | Lingen |
| 2 | 1,64 | Lemke, Marie | 2004 | 2018 | Melle |
| 3 | 1,64 | Möllers, Ria | 1996 | 2011 | Winsen a.d.Luhe |
| 4 | 1,60 | Starcke, Dorit | 1970 | 1985 | Melle |
| 5 | 1,59 | Bahr, Antonia | 2001 | 2016 | Paderborn |
| 6 | 1,58 | Caesmann, Annette | 1958 | 1971 | Melle |
| 7 | 1,53 | Starcke, Regina | 1969 | 1983 | Osnabrück |
| 8 | 1,51 | Meinke, Birte | 1973 | 1986 | Melle |
| 9 | 1,49 | Reinken, Jana | 2003 | 2018 | Melle |
| 10 | 1,48 | Meyerdirks, Nadine | 1975 | 1989 | Lingen |
| 11 | 1,48 | Lawrance, Lucy | 2001 | 2015 | Werite |
| 12 | 1,46 | Hohnsträter, Saskia | 1997 | 2012 | Paderborn |
| 13 | 1,45 | Wenke, Jana | 2003 | 2017 | Paderborn |
| 14 | 1,42 | Lenger, Sarah | 1989 | 2003 | Borgholzhausen |
| 15 | 1,42 | Büning, Simone | 1975 | 1989 | Melle |
| 16 | 1,42 | Krebs, Marie | 1995 | 2010 | Melle |
| 17 | 1,41 | Opitz, Ann-Christin | 1999 | 2013 | Lotte / Halen |
| 18 | 1,40 | Beer, Anne-Kathrin | 1984 | 1999 | Goslar |
| 19 | 1,40 | Opitz, Marie-Theres | 1997 | 2011 | Osnabrück |
| 20 | 1,40 | Martin, Alina | 1998 | 2012 | Melle |
| 21 | 1,40 | Rohden, Jolien | 2004 | 2018 | Paderborn |
| 22 | 1,40 | Schmieder, Emilia | 2004 | 2018 | Paderborn |
| 23 | 1,40 | Oberwittler, Greta | 2004 | 2018 | Paderborn |
| 24 | 1,38 | Lübrecht, Kerstin | 1991 | 2004 | Melle |
| 25 | 1,36 | Harig, Anja | 1988 | 2001 | Melle |
| 26 | 1,36 | Grywna, Nicole | 1980 | 1992 | Dissen |
| 27 | 1,36 | Tiedemann, Sarah | 1989 | 2004 | Melle |
| 28 | 1,36 | Brand, Sonja | 1976 | 1989 | Wunstorf |
| 29 | 1,36 | Struß, Ellen | 1997 | 2011 | Melle |
| 30 | 1,35 | Niermann, Nadja | 1991 | 2005 | Bersenbrück |
| 31 | 1,35 | Rauschenbach, Isabell | 1979 | 1992 | Dissen |

| Nr. | Zeit | Name | Geb. Jahr | Jahr | Ort des Laufes |
|------------|-------------|-------------------------|------------------|-------------|-----------------------|
| 32 | 1,35 | Geisler, Stefanie | 1976 | 1989 | Bad Essen |
| 33 | 1,35 | Meyer, Toni | 1979 | 1992 | Dissen |
| 34 | 1,34 | Beer, Mareike | 1980 | 1992 | Dissen |
| 35 | 1,34 | El'Asseoul, Nele | 1996 | 2010 | Melle |
| 36 | 1,34 | Kuhr, Merle | 2003 | 2016 | Melle |
| 37 | 1,33 | Buermann, Maja | 1998 | 2011 | Bielefeld |
| 38 | 1,32 | Grothaus, Franziska | 1993 | 2006 | Melle |
| 39 | 1,32 | Asbrock, Pia | 1996 | 2011 | Sarstedt |
| 40 | 1,32 | Westphal, Sandra | 1989 | 2004 | Melle |
| 41 | 1,32 | Ali, Amama | 1999 | 2012 | Melle |
| 42 | 1,30 | Friedering, Katja | 1976 | 1989 | Münster |
| 43 | 1,30 | Lenger, Nina | 1978 | 1992 | Dissen |
| 44 | 1,30 | Hofmeister, Meike | 1978 | 1990 | Melle |
| 45 | 1,30 | Stöppelmann, Hannah | 1998 | 2013 | Papenburg |
| 46 | 1,30 | Bahr, Felicia | 2000 | 2015 | Melle |
| 47 | 1,30 | Placke, Finja | 2005 | 2018 | Melle |
| 48 | 1,30 | Stalnovs, Angelina | 2002 | 2016 | Melle |
| 49 | 1,28 | Buermeyer, Kathleen | 1989 | 2004 | Melle |
| 50 | 1,28 | Gosling, Carina | 1993 | 2006 | Melle |
| 51 | 1,28 | Bänsch, Luisa | 2001 | 2014 | Dörpen |
| 52 | 1,28 | Opitz, Nele | 1999 | 2014 | Melle |
| 53 | 1,26 | Belt, Katja | 1987 | 1999 | Melle |
| 54 | 1,26 | Hakemeyer, Anna-Lena | 1987 | 1999 | Lingen |
| 55 | 1,26 | Jödemann, Samira | 2004 | 2016 | Melle |
| 56 | 1,25 | Hoppe, Theresa | 1987 | 2001 | Bad Oeynhausen |
| 57 | 1,25 | Oberjohann, Nina | 1979 | 1991 | Osnabrück |
| 58 | 1,25 | Gerve, Verena | 1980 | 1992 | Dissen |
| 59 | 1,25 | Rose, Nadja | 1996 | 2010 | Bielefeld |
| 60 | 1,24 | Jäger, Lisa | 1995 | 207 | Bielefeld |
| 61 | 1,24 | Rittmeister, Birte | 1975 | 1989 | Melle |
| 62 | 1,24 | Lüdemann, Elin | 1976 | 1989 | Melle |
| 63 | 1,22 | Da Vinci, Carla | 2000 | 2015 | Melle |
| 64 | 1,22 | Dröge, Jo-Ann | 2004 | 2016 | Melle |
| 65 | 1,22 | Oliveira Mendes, Emilia | 2004 | 2017 | Melle |
| 66 | 1,20 | Kowert, Johanna | 1993 | 2005 | Melle |
| 67 | 1,20 | Hanauer, Christina | 1981 | 1992 | Dissen |
| 68 | 1,20 | Ulferts, Katrin | 1968 | 1980 | Melle |
| 69 | 1,20 | Kligge, Sandra | 1996 | 2009 | Melle |
| 70 | 1,20 | Holberg, Linea | 2000 | 2012 | Melle |
| 71 | 1,20 | Bänsch, Sophie | 2001 | 2014 | Bielefeld |
| 72 | 1,20 | Stöppelmann, Eva | 2000 | 2014 | Melle |
| 73 | 1,20 | Pohlmann, Sarah | 2000 | 2014 | Lingen |
| 74 | 1,18 | Winkelmann, Anne | 2004 | 2016 | Melle |
| 75 | 1,17 | Struß, Sophia | 1999 | 2011 | Melle |
| 76 | 1,16 | Buchmann, Lillie | 1993 | 2006 | Melle |
| 77 | 1,16 | Stegmann, Sarah | 1991 | 2006 | Melle |
| 78 | 1,16 | Hacke, Malin | 2001 | 2014 | Melle |
| 79 | 1,16 | Braunsmann, Hannah | 1999 | 2014 | Melle |
| 80 | 1,16 | Winkelmann, Lisa | 2002 | 2015 | Bielefeld |
| 81 | 1,15 | Hoffmeister, Meike | 1978 | 1989 | Bad Oeynhausen |
| 82 | 1,15 | Aulbert, Kerstin | 1990 | 2001 | Dörpen |

| Nr. | Zeit | Name | Geb. Jahr | Jahr | Ort des Laufes |
|-----|------|----------------------|-----------|------|----------------|
| 83 | 1,15 | Klein-Helmkamp, Jana | 1996 | 2009 | Melle |
| 84 | 1,15 | Aufderheide, Jessica | 1996 | 2010 | Bielefeld |
| 85 | 1,15 | Blumenstein, Maja | 2000 | 2013 | Melle |
| 86 | 1,14 | Jünemann, Michelle | 1998 | 2010 | Melle |
| 87 | 1,12 | Caesmann, Carolin | 1989 | 2001 | Borgholzhausen |
| 88 | 1,12 | Martinez, Jasmin | 1989 | 2001 | Borgholzhausen |
| 89 | 1,12 | Buchmann, Gret | 1993 | 2006 | Melle |
| 90 | 1,12 | Breeck, Nadina | 1993 | 2006 | Melle |
| 91 | 1,12 | Kombrink-Lübbe, Lena | 1995 | 2009 | Melle |
| 92 | 1,12 | Sprenger, Marieke | 2002 | 2014 | Melle |
| 93 | 1,12 | Bischoff, Marie | 2001 | 2014 | Melle |
| 94 | 1,12 | Borghard, Marina | 1999 | 2014 | Melle |
| 95 | 1,12 | Schlattmann, Jette | 2003 | 2015 | Melle |
| 96 | 1,10 | Fürmeyer, Nina | 1978 | 1989 | Bad Essen |
| 97 | 1,10 | Groß, Rebecca | 1994 | 2006 | Melle |
| 98 | 1,10 | Mintsi, Eleni | 1996 | 2008 | Melle |
| 99 | 1,10 | Wende, Clarissa | 1996 | 2008 | Melle |
| 100 | 1,10 | Andrup, Sarah | 1997 | 2008 | Bielefeld |

Weitsprung / Schülerinnen U8 bis U16

| | | | | | |
|----|------|-----------------------|------|------|----------------|
| 1 | 5,28 | Birke, Daniela | 1975 | 1989 | Bad Oeynhausen |
| 2 | 5,04 | Möllers, Ria | 1996 | 2011 | Sarstedt |
| 3 | 4,96 | Hohnsträter, Saskia | 1997 | 2012 | Melle |
| 4 | 4,93 | Pepperkorn,Ute | 1969 | 1983 | Melle |
| 5 | 4,85 | Stöppelkamp, Vera | 1986 | 1998 | Dortmund |
| 6 | 4,78 | Lawrance, Lucy | 2001 | 2016 | Lingen |
| 7 | 4,76 | Reinken, Jana | 2003 | 2018 | Lingen |
| 8 | 4,60 | Martin, Alina | 1998 | 2012 | Melle |
| 9 | 4,57 | Niermann, Nadja | 1991 | 2005 | Dörpen |
| 10 | 4,57 | Bahr, Antonia | 2001 | 2015 | Papenburg |
| 11 | 4,51 | Opitz, Ann Christin | 1999 | 2014 | Melle |
| 12 | 4,50 | Lübrecht, Kerstin | 1991 | 2004 | Melle |
| 13 | 4,47 | Asbrock, Pia | 1996 | 2011 | Sarstedt |
| 14 | 4,38 | Beer, Mareike | 1980 | 1992 | Nammen |
| 15 | 4,35 | Gossling, Carina | 1993 | 2006 | Melle |
| 16 | 4,30 | Bahr, Felicia | 2000 | 2015 | Melle |
| 17 | 4,22 | Tiedemann, Sarah | 1989 | 2004 | Melle |
| 18 | 4,22 | Struß, Ellen | 1999 | 2009 | Osnabrück |
| 19 | 4,21 | Buchmann, Swantje | 1990 | 2003 | Osnabrück |
| 20 | 4,21 | Placke, Finja | 2005 | 2017 | Melle |
| 21 | 4,20 | Hoppe, Theresia | 1987 | 2001 | Melle |
| 22 | 4,20 | Arndt, Carina | 2000 | 2011 | Melle |
| 23 | 4,19 | Rauschenbach, Isabell | 1979 | 1992 | Dissen |
| 24 | 4,17 | Belt, Katja | 1987 | 2002 | Melle |
| 25 | 4,16 | Bänsch, Luisa | 2001 | 2014 | Melle |
| 26 | 4,15 | Brand, Sonja | 1976 | 1989 | Wunstorf |
| 27 | 4,15 | Kampmann, Oxana | 2007 | 2018 | Melle |
| 28 | 4,14 | Lenger, Sarah | 1989 | 2003 | Borgholzhausen |

| Nr. | Zeit | Name | Geb. Jahr | Jahr | Ort des Laufes |
|------------|-------------|-------------------------|------------------|-------------|-----------------------|
| 29 | 4,14 | Buermeyer, Kathleen | 1989 | 2004 | Melle |
| 30 | 4,14 | Winkelmann, Lisa | 2001 | 2016 | Lotte-Halen |
| 31 | 4,14 | Lemke, Marie | 2004 | 2018 | Melle |
| 32 | 4,13 | Gerve, Verena | 1980 | 1992 | Osnabrück |
| 33 | 4,11 | Braunsmann, Hannah | 1999 | 2014 | Lingen |
| 34 | 4,08 | Opitz, Marie Theres | 1997 | 2011 | Melle |
| 35 | 4,06 | Koch, Christina | 1987 | 2000 | Gretesch |
| 36 | 4,03 | Meyerdierks, Nadine | 1975 | 1989 | Melle |
| 37 | 4,01 | Sprenger, Marieke | 2002 | 2016 | Lotte-Halen |
| 38 | 4,00 | Kuhr, Merle | 2003 | 2016 | Melle |
| 39 | 3,95 | Buermann, Maja | 1998 | 2011 | Werite |
| 40 | 3,95 | Oliveira Mendes, Emilia | 2004 | 2016 | Melle |
| 41 | 3,94 | Büning, Simone | 1975 | 1989 | Osnabrück |
| 42 | 3,93 | Köhler, Ann-Kathrin | 1995 | 2006 | Melle |
| 43 | 3,93 | Junker, Lisa | 1995 | 2010 | Melle |
| 44 | 3,93 | Rose, Nadja | 1996 | 2010 | Melle |
| 45 | 3,96 | Schmieder, Emilia | 2004 | 2018 | Melle |
| 46 | 3,89 | Krebs, Marie | 1995 | 2010 | Melle |
| 47 | 3,88 | Geisler, Stefanie | 1976 | 1989 | Melle |
| 48 | 3,88 | Hoffmeister, Maike | 1978 | 1989 | Bad Oeynhausen |
| 49 | 3,85 | Helmes, Julia | 1989 | 2002 | Melle |
| 50 | 3,84 | Hadeler, Emilie | 2001 | 2012 | Melle |
| 51 | 3,84 | Blumenstein, Maja | 2000 | 2015 | Melle |
| 52 | 3,81 | Caesmann, Carolin | 1989 | 2002 | Melle |
| 53 | 3,81 | Jünemann, Michelle | 1998 | 2011 | Melle |
| 54 | 3,80 | Westphal, Sandra | 1989 | 2004 | Melle |
| 55 | 3,78 | Lüdemann, Elin | 1976 | 1989 | Melle |
| 56 | 3,76 | Samaan, Yasmin | 1986 | 1998 | Dortmund |
| 57 | 3,76 | Grobe, Lena | 1999 | 2014 | Lingen |
| 58 | 3,75 | Stöppelmann, Hannah | 1998 | 2013 | Melle |
| 59 | 3,70 | Meyer, Toni | 1979 | 1992 | Osnabrück |
| 60 | 3,70 | Weber, Kerstin | 1979 | 1992 | Dissen |
| 61 | 3,70 | Koch, Stefanie | 1989 | 2002 | Melle |
| 62 | 3,69 | Barkmeyer, Isabella | 1998 | 2011 | Melle |
| 63 | 3,69 | Opitz, Nele | 1999 | 2014 | Melle |
| 64 | 3,68 | Harig, Anja | 1988 | 2000 | Dissen |
| 65 | 3,68 | Schlattmann, Jette | 2003 | 2016 | Lingen |
| 66 | 3,68 | Finkemeyer, Rabea | 2006 | 2018 | Melle |
| 67 | 3,67 | Hacke, Malin | 2001 | 2014 | Melle |
| 68 | 3,65 | El-Assouri, Nele | 1996 | 2010 | Melle |
| 69 | 3,64 | Winkelmann, Anne | 2004 | 2016 | Melle |
| 70 | 3,63 | Da Vinci, Carla | 2000 | 2015 | Melle |
| 71 | 3,62 | Hanauer, Christina | 1981 | 1992 | Dissen |
| 72 | 3,62 | Reker, Jessica | 1990 | 2001 | Borgholzhausen |
| 73 | 3,60 | Kowert, Johanna | 1993 | 2006 | Melle |
| 74 | 3,60 | Ali, Amama | 1999 | 2012 | Melle |
| 75 | 3,57 | Friedering, Katja | 1976 | 1989 | Bad Oeynhausen |
| 76 | 3,57 | Martinez, Jasmin | 1989 | 2001 | Borgholzhausen |
| 77 | 3,57 | Lührmann, Ira | 2004 | 2014 | Wilhelmshaven |
| 78 | 3,56 | Krause, Carola | 1986 | 1998 | Dortmund |
| 79 | 3,56 | Guss, Simone | 1978 | 1989 | Osnabrück |

| Nr. | Zeit | Name | Geb. Jahr | Jahr | Ort des Laufes |
|------------|-------------|----------------------------|------------------|-------------|-----------------------|
| 80 | 3,55 | Aulbert, Kerstin | 1990 | 2000 | Dissen |
| 81 | 3,56 | Struß, Sophia | 1999 | 2009 | Osnabrück |
| 82 | 3,54 | Aufderheide, Jessica | 1996 | 2007 | Melle |
| 83 | 3,53 | Grywna, Katrin | 1981 | 1992 | Dissen |
| 84 | 3,53 | Kligge, Sandra | 1995 | 2010 | Melle |
| 85 | 3,53 | Jobs, Norina | 1998 | 2010 | Melle |
| 86 | 3,53 | Stöppelmann, Eva | 2000 | 2014 | Melle |
| 87 | 3,51 | Chmiel, Nadine | 1979 | 1989 | Bad Essen |
| 88 | 3,50 | Jokisch, Hannah | 2002 | 2013 | Melle |
| 89 | 3,47 | Holberg, Linnea | 2000 | 2011 | Melle |
| 90 | 3,47 | Bänsch, Sophie | 2001 | 2014 | Melle |
| 91 | 3,46 | Stute, Helena | 1996 | 2009 | Melle |
| 92 | 3,46 | Hohnsträter, Sina | 1998 | 2011 | Melle |
| 93 | 3,45 | Rauschenbach, Yvonne | 1982 | 1992 | Dissen |
| 94 | 3,43 | Möller, Silena | 1993 | 2003 | Osnabrück |
| 95 | 3,44 | Sprenger, Maybrit | 2005 | 2017 | Melle |
| 96 | 3,43 | Hellmann, Christin-Marie | 2001 | 2012 | Melle |
| 97 | 3,41 | Mintsi, Eleni | 1996 | 2007 | Melle |
| 98 | 3,40 | Birth, Nele | 2003 | 2015 | Gretesch |
| 99 | 3,40 | Grundmann, Laura-Katharina | 2008 | 2018 | Melle |
| 100 | 3,39 | Kornweibel, Zoe | 2001 | 2012 | Melle |

Veitsprung Halle / Schülerinnen U8 bis U16

| | | | | | |
|----|------|-------------------------|------|------|-----------|
| 1 | 4,58 | Martin, Alina | 1998 | 2012 | Bielefeld |
| 2 | 4,40 | Reinken, Jana | 2002 | 2016 | Paderborn |
| 3 | 4,37 | Hohnsträter, Saskia | 1997 | 2011 | Paderborn |
| 4 | 4,30 | Struß, Ellen | 1997 | 2010 | Bielefeld |
| 5 | 4,25 | Bänsch, Luisa | 2001 | 2014 | Paderborn |
| 6 | 4,23 | Buermann, Maja | 1998 | 2011 | Bielefeld |
| 7 | 4,12 | Möllers, Ria | 1996 | 2006 | Bielefeld |
| 8 | 4,05 | Oliveira-Mendes, Emilia | 2004 | 2017 | Paderborn |
| 9 | 3,94 | Bahr, Antonia | 2001 | 2014 | Bielefeld |
| 10 | 3,91 | Koch, Stefanie | 1989 | 2002 | Bielefeld |
| 11 | 3,87 | Radke, Joelle | 1998 | 2012 | Bielefeld |
| 12 | 3,58 | Lemke, Marie | 2004 | 2015 | Bielefeld |
| 13 | 3,50 | Lawrence, Lucy | 2001 | 2012 | Bielefeld |
| 14 | 3,46 | Metz, Annemarie | 1992 | 2002 | Bielefeld |
| 15 | 3,46 | Struß, Sophie | 1999 | 2010 | Bielefeld |
| 16 | 3,39 | Opitz, Ann-Christin | 1999 | 2010 | Bielefeld |
| 17 | 3,29 | Bänsch, Sophie | 2001 | 2014 | Bielefeld |
| 18 | 3,17 | Müller, Franziska | 1991 | 2002 | Bielefeld |
| 19 | 3,12 | Abing, Laura | 1991 | 2002 | Bielefeld |
| 20 | 2,87 | Kunze, Finja | 2005 | 2015 | Bielefeld |

Ballwurf 80 g / Schülerinnen

| Nr. | Zeit | Name | Geb. Jahr | Jahr | Ort des Laufes |
|------------|-------------|-------------------------|------------------|-------------|-----------------------|
| 1 | 41,50 | Birke, Daniela | 1975 | 1986 | Melle |
| 2 | 41,00 | Möllers, Ria | 1996 | 2009 | Nordhorn |
| 3 | 37,00 | Buermann, Maja | 1998 | 2011 | Werlte |
| 4 | 35,50 | Lenger, Sarah | 1989 | 2002 | Bersenbrück |
| 5 | 33,00 | Caesmann, Carolin | 1989 | 2002 | Melle |
| 6 | 31,50 | Jäger, Liesa-Marie | 1995 | 2007 | Melle |
| 7 | 30,00 | Fürmeier, Nina | 1978 | 1990 | Osnabrück |
| 8 | 30,00 | Koors, Christin | 1990 | 2002 | Melle |
| 9 | 29,50 | Martin, Alina | 1998 | 2011 | Melle |
| 10 | 28,00 | Bänsch, Luisa | 2001 | 2013 | Melle |
| 11 | 27,50 | Stute, Helena | 1996 | 2009 | Melle |
| 12 | 27,50 | Lawrance, Lucy | 2001 | 2013 | Melle |
| 13 | 27,50 | Oliveira Mendes, Emilia | 2004 | 2015 | Melle |
| 14 | 27,00 | Bahr, Antonia | 2001 | 2013 | Melle |
| 15 | 26,50 | Köhler, Ann-Kathrin | 1995 | 2006 | Melle |
| 16 | 26,50 | Reinken, Jana | 2003 | 2015 | Werlte |
| 17 | 26,50 | Lemke, Marie | 2004 | 2015 | Melle |
| 18 | 26,00 | Opitz, Ann-Christin | 1999 | 2012 | Melle |
| 19 | 25,50 | Lübrecht, Kerstin | 1991 | 2004 | Melle |
| 20 | 25,00 | Tiedemann, Sarah | 1989 | 2002 | Bersenbrück |
| 21 | 25,00 | Chmiel, Nadine | 1979 | 1989 | Bad Essen |
| 22 | 25,00 | Struß, Ellen | 1997 | 2009 | Nordhorn |
| 23 | 25,00 | Wende, Clarissa | 1996 | 2007 | Melle |
| 24 | 25,00 | Holberg, Linea | 2000 | 2012 | Melle |
| 25 | 24,00 | Guss, Simone | 1978 | 1989 | Osnabrück |
| 26 | 24,00 | Klein, Malin | 2007 | 2017 | Melle |
| 27 | 23,00 | Willenbockel, Tina | 1987 | 1998 | Osnabrück |
| 28 | 23,00 | Gossling, Carian | 1993 | 2006 | Melle |
| 29 | 23,00 | Möllers, Swenja | 1990 | 2002 | Melle |
| 30 | 23,00 | Hohnsträter, Saskia | 1997 | 2010 | Borgholzhausen |
| 31 | 23,00 | Jokisch, Hannah | 2002 | 2013 | Melle |
| 32 | 23,00 | Oliveira Mendes, Ariana | 2007 | 2017 | Melle |
| 33 | 22,50 | Grywna, Katrin | 1981 | 1992 | Dissen |
| 34 | 22,50 | Seeger, Birte | 1979 | 1989 | Bad Essen |
| 35 | 22,00 | Mintsi, Eleni | 1996 | 2007 | Melle |
| 36 | 22,00 | Jünemann, Michelle | 1998 | 2010 | Melle |
| 37 | 21,50 | Kowert, Johanna | 1993 | 2005 | Melle |
| 38 | 21,50 | Hohnsträter, Andrea | 1979 | 1989 | Osnabrück |
| 39 | 21,50 | Koch, Stefanie | 1989 | 2002 | Melle |
| 40 | 21,50 | Buken, Vanessa | 2003 | 2012 | Melle |
| 41 | 21,00 | Stegmann, Sarah | 1991 | 2004 | Melle |
| 42 | 21,00 | Andrup, Sarah | 1997 | 2007 | Melle |
| 43 | 21,00 | Birth, Nele | 2003 | 2014 | Melle |
| 44 | 21,00 | Hacke, Malin | 2001 | 2014 | Melle |
| 45 | 21,00 | Placke, Finja | 2005 | 2015 | Melle |
| 46 | 20,90 | Hebbe, Ralya | 2003 | 2014 | Gm - Hütte |
| 47 | 20,50 | Westphal, Annika | 1992 | 2002 | Melle |
| 48 | 20,50 | Stöppelmann, Hannah | 1998 | 2011 | Melle |
| 49 | 20,50 | Buken, Saskia | 2003 | 2012 | Melle |
| 50 | 20,00 | Grywna, Nicole | 1980 | 1989 | Osnabrück |
| 51 | 20,00 | Aulbert, Kerstin | 1990 | 2000 | Dissen |

| Nr. | Zeit | Name | Geb. Jahr | Jahr | Ort des Laufes |
|------------|-------------|----------------------------|------------------|-------------|-----------------------|
| 52 | 20,00 | Struß, Sophie | 1999 | 2009 | Bersenbrück |
| 53 | 20,00 | Hellmann, Christin-Marie | 2001 | 2012 | Melle |
| 54 | 20,00 | Kuhr, Merle | 2003 | 2015 | Werlte |
| 55 | 19,00 | Abing, Laura | 1991 | 2002 | Melle |
| 56 | 19,50 | Reker, Jessica | 1990 | 2002 | Bersenbrück |
| 57 | 19,50 | Müller, Franziska | 1991 | 2002 | Melle |
| 58 | 19,50 | Jobs, Norina | 1998 | 2010 | Melle |
| 59 | 19,50 | Da Vinci, Franca | 2012 | 2012 | Melle |
| 60 | 19,50 | Hadeler, Emelie | 2001 | 2012 | Melle |
| 61 | 18,50 | Kampmann, Melanie | 1982 | 1992 | Osnabrück |
| 62 | 18,50 | El-Assouri, Nele | 1996 | 2009 | Melle |
| 63 | 18,50 | Ali, Amama | 1999 | 2012 | Melle |
| 64 | 18,50 | Löhden, Jule | 2007 | 2015 | Melle |
| 65 | 18,00 | Reker, Christina | 1991 | 2002 | Melle |
| 66 | 18,00 | Da Vinci, Carla | 2000 | 2012 | Melle |
| 67 | 18,00 | Lust, Samuela | 2007 | 2014 | Melle |
| 68 | 18,00 | Lührmann, Ira | 2004 | 2013 | Melle |
| 69 | 18,00 | Bänsch, Sophie | 2001 | 2014 | Melle |
| 70 | 18,00 | Krüger, Muriel | 2008 | 2018 | Melle |
| 71 | 17,50 | Potthoff, Nina | 1978 | 1989 | Bad Essen |
| 72 | 17,50 | Krüger, Jasmin | 1998 | 2007 | Melle |
| 73 | 17,00 | Pohlmeyer, Nele | 1997 | 2005 | Melle |
| 74 | 17,00 | Rauschenbach, Yvonne | 1982 | 1992 | Dissen |
| 75 | 17,00 | Möllers, Svenja | 1990 | 2000 | Dissen |
| 76 | 17,00 | Micke, Alina | 1997 | 2007 | Melle |
| 77 | 17,00 | Metz, Annemarie | 1992 | 2002 | Melle |
| 78 | 17,00 | Kipping, Maren | 1998 | 2009 | Melle |
| 79 | 17,00 | Blumenstein, Maja | 2000 | 2013 | Melle |
| 80 | 17,00 | Moritz, Zoey | 2010 | 2018 | Melle |
| 81 | 17,00 | Kampmann, Oxana | 2007 | 2018 | Melle |
| 82 | 17,00 | Böttcher, Rika | 2007 | 2018 | Melle |
| 83 | 16,50 | Walkenhorst, Pamela | 1981 | 1992 | Dissen |
| 84 | 16,50 | Opitz, Marie-Theres | 1997 | 2009 | Melle |
| 85 | 16,50 | Kornwebel, Zoe | 2001 | 2011 | Melle |
| 86 | 16,50 | Bockrath, Ann-Christin | 2003 | 2014 | Wilhelmshaven |
| 87 | 16,50 | Palzer, Mia-Sophie | 2005 | 2015 | Melle |
| 88 | 16,00 | Krebs, Marie | 1995 | 2005 | Melle |
| 89 | 16,00 | Liebrecht, Elisabeth | 1999 | 2007 | Melle |
| 90 | 16,00 | Krabbe, Lisa | 1999 | 2007 | Melle |
| 91 | 16,00 | Stöppelmann, Eva | 2000 | 2013 | Melle |
| 92 | 15,50 | Grundmann, Laura-Katharina | 2008 | 2017 | Melle |
| 93 | 15,00 | Bäumer, Milena | 1992 | 2002 | Melle |
| 94 | 15,00 | Hadeler, Liv | 2005 | 2014 | Melle |
| 95 | 15,00 | Kuhr, Jule | 2006 | 2015 | Melle |
| 96 | 14,50 | Kühnel, Annabel | 1995 | 2004 | Melle |
| 97 | 14,50 | Rörsch, Petra | 1983 | 1992 | Dissen |
| 98 | 14,50 | Spannhoff, Kirsten | 1982 | 1992 | Osnabrück |
| 99 | 14,50 | Vanderwalle, Fabienne | 1992 | 2002 | Melle |
| 100 | 14,50 | Borchert, Anna | 2003 | 2011 | Melle |

| Nr. | Zeit | Name | Geb. Jahr | Jahr | Ort des Laufes |
|-----|------|------|-----------|------|----------------|
|-----|------|------|-----------|------|----------------|

Ballwurf 200 g / Schülerinnen

| | | | | | |
|----|-------|-------------------------|------|------|---------------|
| 1 | 30,00 | Lemke, Marie | 2004 | 2017 | Melle |
| 2 | 29,00 | Reinken, Jana | 2003 | 2016 | Melle |
| 3 | 27,00 | Mendes, Emilia Oliveira | 2004 | 2016 | Lingen |
| 4 | 26,50 | Kuhr, Merle | 2003 | 2016 | Melle |
| 5 | 24,00 | Dröge, Jo-Ann | 2004 | 2016 | Melle |
| 6 | 23,50 | Placke, Finja | 2005 | 2018 | Melle |
| 7 | 22,00 | Ernst, Lea | 2004 | 2016 | Melle |
| 8 | 21,00 | Finkemeyer, Rabea | 2006 | 2018 | Melle |
| 9 | 20,50 | Eckjans, Marieke | 2002 | 2014 | Wilhelmshaven |
| 10 | 19,50 | Droste, Johanna | 2002 | 2014 | Wilhelmshaven |
| 11 | 18,50 | Cordscheips, Nina | 2004 | 2016 | Melle |
| 12 | 16,50 | Winkelmann, Anne | 2004 | 2016 | Melle |
| 13 | 16,50 | Sprenger, Maybrit | 2005 | 2017 | Melle |
| 14 | 13,00 | Schlattmann, Jette | 2003 | 2015 | Melle |

Kugelstoßen 3 kg / Schülerinnen U8 bis U1

| | | | | | |
|----|-------|---------------------|------|------|----------------|
| 1 | 12,50 | Birke, Daniela | 1975 | 1989 | Lingen |
| 2 | 10,62 | Pepperkorn, Ute | 1969 | 1983 | Melle |
| 3 | 10,51 | Junker, Lisa | 1995 | 2010 | Bersenbrück |
| 4 | 9,97 | Bahr, Antonia | 2001 | 2015 | Paderborn |
| 5 | 9,92 | Coors, Kristin | 1990 | 2005 | Dörpen |
| 6 | 9,70 | Möllers, Ria | 1996 | 2011 | Werlte |
| 7 | 9,54 | Schweppe, Sandra | 1971 | 1985 | Melle |
| 8 | 9,05 | Beer, Anne-Kathrin | 1984 | 1998 | Dortmund |
| 9 | 8,98 | Lemke, Marie | 2004 | 2018 | Lingen |
| 10 | 8,93 | Geisler, Stefanie | 1976 | 1989 | Münster |
| 11 | 8,90 | Struß, Ellen | 1997 | 2011 | Werlte |
| 12 | 8,52 | Buermeyer, Kathleen | 1989 | 2004 | Melle |
| 13 | 8,41 | Brand, Sonja | 1976 | 1989 | Osnabrück |
| 14 | 8,21 | Beer, Mareike | 1980 | 1992 | Nammen |
| 15 | 8,12 | Stöppelmann, Hanna | 1998 | 2013 | Paderborn |
| 16 | 7,95 | Meyerdierks, Nadine | 1975 | 1989 | Osnabrück |
| 17 | 7,80 | Büning, Simone | 1975 | 1989 | Lingen |
| 18 | 7,46 | Bahr, Felicia | 2000 | 2015 | Melle |
| 19 | 7,39 | Hoppe, Theresa | 1987 | 2002 | Melle |
| 20 | 7,38 | Hohnsträter, Saskia | 1997 | 2012 | Melle |
| 21 | 7,31 | Harig, Anja | 1988 | 2001 | Dörpen |
| 22 | 7,25 | Martin, Alina | 1998 | 2011 | Melle |
| 23 | 7,19 | Belt, Katja | 1987 | 2001 | Bad Oeynhausen |
| 24 | 7,19 | Tiedemann, Sarah | 1989 | 2004 | Melle |
| 25 | 7,14 | Schmieder, Emilia | 2004 | 2018 | Lingen |
| 26 | 7,11 | Samaan, Yasmin | 1986 | 1999 | Dissen |
| 27 | 6,99 | Lenger, Nina | 1978 | 1992 | Osnabrück |
| 28 | 6,97 | Lenger, Sarah | 1989 | 2003 | Borgholzhausen |

| Nr. | Zeit | Name | Geb. Jahr | Jahr | Ort des Laufes |
|------------|-------------|-------------------------|------------------|-------------|-----------------------|
| 29 | 6,97 | Rauschenbach, Isabell | 1979 | 1992 | Dissen |
| 30 | 6,92 | Opitz, Ann-Christin | 1999 | 2014 | Melle |
| 31 | 6,88 | Kuhr, Merle | 2003 | 2017 | Melle |
| 32 | 6,85 | Bänsch, Luisa | 2001 | 2012 | Dissen |
| 33 | 6,85 | Opitz, Nele | 1999 | 2014 | Melle |
| 34 | 6,84 | Krebs, Marie | 1995 | 2010 | Melle |
| 35 | 6,80 | Harig, Swantja | 1985 | 2000 | Dissen |
| 36 | 6,80 | Opitz, Marie-Therese | 1997 | 2011 | Melle |
| 37 | 6,79 | Krause, Carola | 1986 | 1999 | Osnabrück |
| 38 | 6,79 | Kligge, Sandra | 1995 | 2009 | Melle |
| 39 | 6,68 | Meyer, Toni | 1979 | 1992 | Osnabrück |
| 40 | 6,61 | Tiedemann, Sarah | 1989 | 2003 | Borgholzhausen |
| 41 | 6,55 | Asbrock, Pia | 1996 | 2011 | Sarstedt |
| 42 | 6,43 | Westphal, Sandra | 1989 | 2004 | Melle |
| 43 | 6,40 | Kowert, Johanna | 1993 | 2007 | Melle |
| 44 | 6,36 | El'Asseoul, Nele | 1996 | 2010 | Melle |
| 45 | 6,18 | Lüdemann, Elin | 1976 | 1989 | Melle |
| 46 | 6,02 | Niermann, Nadja | 1991 | 2005 | Bersenbrück |
| 47 | 5,95 | Hanauer, Christina | 1981 | 1992 | Dissen |
| 48 | 5,87 | da Vinci, Carla | 2000 | 2015 | Melle |
| 49 | 5,80 | Lawrance, Lucy | 2001 | 2015 | Werite |
| 50 | 5,79 | Kornwebel, Zoe | 2001 | 2013 | Lotte / Halen |
| 51 | 5,76 | Sprenger, Marieke | 2002 | 2016 | Lotte / Halen |
| 52 | 5,62 | Borghard, Marina | 1999 | 2014 | Melle |
| 53 | 5,61 | Mendes, Emilia Oliverra | 2004 | 2016 | Lingen |
| 54 | 5,39 | Wende, Clarissa | 1996 | 2008 | Melle |
| 55 | 5,41 | Stöppelmann, Eva | 2000 | 2014 | Melle |
| 56 | 5,36 | Stönnner, Anika | 1994 | 2009 | Melle |
| 57 | 5,25 | Friedering, Katja | 1976 | 1989 | Wunstorf |
| 58 | 5,15 | Struß, Sophia | 1999 | 2011 | Melle |
| 59 | 5:03 | Buermann, Maja | 1998 | 2010 | Bersenbrück |
| 60 | 5,00 | Stegmann, Sarah | 1991 | 2005 | Melle |
| 61 | 4,90 | Bänsch, Sophie | 2001 | 2012 | Dissen |
| 62 | 4,62 | Walkenhorst, Pamela | 1981 | 1992 | Dissen |
| 63 | 3,96 | Mintsi, Elena | 1996 | 2008 | Melle |
| 64 | 3,85 | Andrup, Sarah | 1997 | 2009 | Melle |
| 65 | 3,84 | Klein-Helmkamp, Jana | 1996 | 2009 | Melle |
| 66 | 3,10 | Kombrink-Lübber, Lena | 1995 | 2009 | Melle |

Diskus / Schülerinnen U8 bis U16

| | | | | | |
|---|-------|-----------------------|------|------|-----------|
| 1 | 34,28 | Birke, Daniela | 1975 | 1989 | Scheeßel |
| 2 | 27,16 | Büning, Simone | 1975 | 1989 | Scheeßel |
| 3 | 26,38 | Beer, Mareike | 1980 | 1992 | Dissen |
| 4 | 21,96 | Rauschenbach, Isabell | 1979 | 1992 | Osnabrück |
| 5 | 20,07 | Coors, Kristin | 1990 | 2005 | Dörpen |

| Nr. | Zeit | Name | Geb. Jahr | Jahr | Ort des Laufes |
|------------|-------------|-------------|------------------|-------------|-----------------------|
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Speer 500g / Schülerinnen U8 bis U16

| | | | | | |
|----|-------|-----------------------|------|------|-----------------|
| 1 | 35,70 | Birke, Daniela | 1975 | 1989 | Düsseldorf |
| 2 | 33,72 | Meinke, Birte | 1973 | 1986 | Oldenburg |
| 3 | 24,10 | Opitz, Ann-Christin | 1999 | 2014 | Melle |
| 4 | 23,26 | Büning, Simone | 1975 | 1989 | Osnabrück |
| 5 | 23,18 | Brand, Sonja | 1976 | 1989 | Münster |
| 6 | 21,56 | Geisler, Stefanie | 1976 | 1989 | Münster |
| 7 | 20,32 | Grobe, Lena | 1999 | 2014 | Lingen |
| 8 | 19,40 | Beer, Anne-Kathrin | 1984 | 1999 | Goslar |
| 9 | 19,15 | Coors, Kristin | 1990 | 2005 | Dörpen |
| 10 | 18,99 | Buermann, Maja | 1998 | 2010 | Bersenbrück |
| 11 | 17,74 | Rauschenbach, Isabell | 1979 | 1992 | Dissen |
| 12 | 17,38 | Junker, Lisa | 1995 | 2010 | Bersenbrück |
| 13 | 17,34 | Bahr, Antonia | 2001 | 2014 | Melle |
| 14 | 16,89 | Struß, Ellen | 1997 | 2010 | Bersenbrück |
| 15 | 15,96 | Möllers, Ria | 1996 | 2011 | Winsen a.d.Luhe |
| 16 | 14,70 | Friedering, Katja | 1976 | 1989 | Münster |
| 17 | 14,42 | Kuhr, Merle | 2003 | 2017 | Lotte / Halen |
| 18 | 11,00 | Meyer, Toni | 1979 | 1992 | Dissen |

| Nr. | Zeit | Name | Geb. Jahr | Jahr | Ort |
|-----|------|------|-----------|------|-----|
|-----|------|------|-----------|------|-----|

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| 50 m / Schüler U8 bis U16 |
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|----|-------|------------------------------|------|------|----------------|
| 1 | 6,79 | Belt, Christian | 1985 | 1998 | Lingen |
| 2 | 7,7 | Zinnecker, Christian | 1977 | 1989 | Osnabrück |
| 3 | 7,63 | Caesmann, Claus | 1987 | 1999 | Osnabrück |
| 4 | 7,9 | Frerichs, Enno | 1991 | 2002 | Melle |
| 5 | 7,91 | Niederniehaus, Felix | 2002 | 2013 | Borgholzhausen |
| 6 | 7,94 | Mutschall, Gerrit | 1999 | 2010 | Borgholzhausen |
| 7 | 7,99 | Niehaus, Tom | 2001 | 2012 | Osnabrück |
| 8 | 8,00 | Reitz, Gagge-Michael | 2007 | 2018 | Melle |
| 9 | 8,0 | Arndt, Gideom | 1993 | 2005 | Melle |
| 10 | 8,0 | Metz, Marek | 1992 | 2002 | Melle |
| 11 | 8,0 | Peperkorn, Jan Ole | 1998 | 2009 | Melle |
| 12 | 8,1 | Ulferts, Jens Dr. | 1966 | 1977 | Melle |
| 13 | 8,1 | Möllers, Christian | 1992 | 2002 | Melle |
| 14 | 08:10 | Möllers, Jan | 1994 | 2004 | Melle |
| 15 | 08:12 | Makaschov, Dimitri | 1998 | 2009 | Osnabrück |
| 16 | 8,12 | Lumme, Tristan | 2003 | 2014 | Melle |
| 17 | 08:20 | Hanauer, Henning | 1983 | 1992 | Dissen |
| 18 | 8,2 | Bröker, Felix | 1995 | 2006 | Melle |
| 19 | 8,2 | Opitz, David | 1991 | 2002 | Melle |
| 20 | 8,29 | Hebbe, Emilio | 2002 | 2013 | Borgholzhausen |
| 21 | 08:30 | Koch, Alexander | 1983 | 1992 | Dissen |
| 22 | 8,34 | Renner, Domenik | 2001 | 2011 | Melle |
| 23 | 8,34 | Hebbe, Ramires | 2000 | 2011 | Osnabrück |
| 24 | 8,39 | Lust, Timomi | 2001 | 2012 | Osnabrück |
| 25 | 08:40 | Spies, Alexander | 1996 | 2005 | Melle |
| 26 | 08:47 | Kleine-Piening, Peer | 2006 | 2017 | Melle |
| 27 | 08:50 | Niederniehaus, Frederick | 1994 | 2004 | Melle |
| 28 | 08:50 | Staege, Marc | 1995 | 2005 | Melle |
| 29 | 8,5 | Buth, Lukas | 1996 | 2005 | Melle |
| 30 | 8,52 | Lührmann, Moritz | 2000 | 2011 | Melle |
| 31 | 8,56 | Thörner, Luis | 2004 | 2014 | Gm - Hütte |
| 32 | 8,57 | Langkopf, Paul | 2004 | 2014 | Melle |
| 33 | 8,57 | Strothmann, Timon | 2003 | 2014 | Melle |
| 34 | 08:60 | Bröker, Felix | 1995 | 2004 | Melle |
| 35 | 8,65 | Bänsch-Malaquias, Luca Mateo | 2005 | 2014 | Melle |
| 36 | 08:69 | Klare, Maik | 1982 | 1992 | Osnabrück |
| 37 | 8,7 | Barchwitz, Steffen | 1998 | 2006 | Melle |
| 38 | 8,70 | Nesemeyer, Jan | 1997 | 2007 | Melle |
| 39 | 8,70 | Pohlmann, Malte | 2002 | 2012 | Melle |
| 40 | 8,70 | Drygalla, Moritz | 2003 | 2013 | Melle |
| 41 | 8,74 | Suhrhoff, Lars | 2004 | 2014 | Melle |
| 42 | 8,76 | Niebäumer, Nick | 2005 | 2015 | Melle |
| 43 | 8,79 | Järisch, Dean | 2003 | 2014 | Melle |
| 44 | 8,80 | Kuhlmann, Marius | 1997 | 2007 | Melle |
| 45 | 8,8 | Lampen, Janik | 1991 | 2002 | Melle |
| 46 | 8,81 | Braunsmann, Lennart | 2005 | 2014 | Melle |
| 47 | 08:88 | Weiner, Timo | 1983 | 1992 | Osnabrück |
| 48 | 8,88 | Bismar, Stephan | 2004 | 2013 | Melle |

| Nr. | Zeit | Name | Geb. Jahr | Jahr | Ort |
|------------|-------------|-----------------------|------------------|-------------|----------------|
| 49 | 8,9 | Kulesa, Jan-Niklas | 1996 | 2005 | Melle |
| 50 | 08:90 | Schwalbe, Patrick | 1992 | 2001 | Borgholzhausen |
| 51 | 8,90 | Bergmeier, Tamino | 2002 | 2012 | Melle |
| 52 | 08:90 | Thebin, Julien | 1999 | 2010 | Melle |
| 53 | 8,91 | Rüffer, Nick | 2002 | 2013 | Borgholzhausen |
| 54 | 08:92 | Peperkorn, Jörn | 2000 | 2010 | Melle |
| 55 | 8,93 | Häffner, Laurin | 2008 | 2018 | Melle |
| 56 | 8,98 | Mandley, Tyler | 2004 | 2013 | Melle |
| 57 | 8,99 | Nieweg, Matheo | 2004 | 2014 | Melle |
| 58 | 09:00 | Scholle, Simon | 1984 | 1992 | Dissen |
| 59 | 9,0 | Blumenstein, Moritz | 1998 | 2009 | Melle |
| 60 | 9,03 | Finkmann, Malte | 2003 | 2012 | Melle |
| 61 | 09:04 | Schönwald, Michael | 1983 | 1992 | Osnabrück |
| 62 | 09:05 | Röhr, Marvin | 2002 | 2010 | Borgholzhausen |
| 63 | 9,05 | Eversmeyer, Niklas | 2001 | 2012 | Melle |
| 64 | 9,06 | Nixdorf, Piet Maurice | 2000 | 2011 | Melle |
| 65 | 9,06 | Faber, Fynn | 2003 | 2014 | Wilhelmshaven |
| 66 | 9,06 | Dodt, Felix | 2005 | 2014 | Melle |
| 67 | 9,07 | Melchersmann, Kai | 2004 | 2012 | Melle |
| 68 | 9,09 | Walkenhorst, David | 2004 | 2014 | Melle |
| 69 | 9,1 | Groppel, Felix | 1994 | 2002 | Melle |
| 70 | 9,1 | Andrup, Jonas | 1999 | 2009 | Melle |
| 71 | 9,10 | Reinken, Jan | 2004 | 2014 | Melle |
| 72 | 9,11 | Suhrhoff, Christoph | 2002 | 2012 | Melle |
| 73 | 9,11 | Bordihn, Rouwen | 2004 | 2014 | Melle |
| 74 | 9,12 | Mutschall, Lennart | 2002 | 2011 | Melle |
| 75 | 9,2 | Tiedemann, Niklas | 1991 | 2001 | Borgholzhausen |
| 76 | 9,2 | Bröker, Max | 1996 | 2005 | Melle |
| 77 | 9,2 | Lessing, Daniel | 1994 | 2002 | Melle |
| 78 | 9,2 | Tegelhüter, Alexander | 1999 | 2009 | Melle |
| 79 | 9,20 | Bode, Maarten | 2004 | 2014 | Melle |
| 80 | 9,21 | Seelhöfer, Bastian | 2006 | 2015 | Melle |
| 81 | 9,22 | Quatmann, Quinn | 2002 | 2011 | Melle |
| 82 | 9,22 | Finkemeyer, Simon | 2003 | 2018 | Melle |
| 83 | 9,29 | Kasperek, Melvin | 2009 | 2018 | Melle |
| 84 | 09:30 | Eickmeyer, Florian | 1983 | 1992 | Dissen |
| 85 | 9,3 | Steinbreder, Julius | 2000 | 2009 | Melle |
| 86 | 09:31 | Klaphecke, Stephan | 1983 | 1992 | Dissen |
| 87 | 9,31 | Wobker, Rasmus | 2006 | 2015 | Melle |
| 88 | 9,33 | Arafat, Mohamed | 2002 | 2010 | Melle |
| 89 | 9:35 | Hartmann, Steffen | 2000 | 2009 | Borgholzhausen |
| 90 | 9,37 | Kirsten, Elias | 2003 | 2014 | Melle |
| 91 | 09:38 | Butt, Daniel | 1988 | 1998 | Osnabrück |
| 92 | 09:40 | Pleye, Marius | 1995 | 2004 | Melle |
| 93 | 9,40 | Ciniero, Mirco | 2003 | 2012 | Melle |
| 94 | 9,45 | Weber, Jakob | 2007 | 2015 | Melle |
| 95 | 9,46 | Thiel, Frederick | 2006 | 2015 | Melle |
| 96 | 09:50 | Klein, Nicolas | 1996 | 2004 | Melle |
| 97 | 9,5 | Wobker, Fabia | 2001 | 2009 | Melle |
| 98 | 9,5 | Frischen, Jannek | 1999 | 2009 | Melle |
| 99 | 9,5 | Fall, Lamine | 1999 | 2009 | Melle |
| 100 | 9,50 | Müller, Anton | 2002 | 2010 | Melle |
| 101 | 9:52 | Mestemacher, Manuel | 1984 | 1992 | Osnabrück |

| Nr. | Zeit | Name | Geb. Jahr | Jahr | Ort |
|------------|-------------|------------------------|------------------|-------------|----------------|
| 102 | 9,52 | Tylor, Mandley | 2004 | 2012 | Osnabrück |
| 103 | 9,56 | Hadeler, Leon | 2006 | 2015 | Melle |
| 104 | 9,59 | Ahlersmann, Raphael | 2005 | 2013 | Borgholzhausen |
| 105 | 9,59 | Haferkamp, Jannis | 2004 | 2014 | Melle |
| 106 | 9,6 | Kröger, Malte | 1990 | 2000 | Neuenhaus |
| 107 | 9,6 | Gelhoet, Jan-Niklas | 1998 | 2006 | Melle |
| 108 | 9,60 | Kunze, Justus | 2005 | 2015 | Melle |
| 109 | 9,62 | Kuppelmayr, Emil | 2006 | 2014 | Melle |
| 110 | 9,63 | Bunjaku, Fatbarth | 2006 | 2014 | Melle |
| 111 | 9,69 | Rothen, Julien | 2004 | 2012 | Melle |
| 112 | 9,7 | Emanuel, Niklas | 1997 | 2006 | Melle |
| 113 | 9,8 | Stegmann, Kevin | 1997 | 2005 | Melle |
| 114 | 9,87 | Thörner, Sönke | 2006 | 2014 | Melle |
| 115 | 9,9 | Hell, Andreas | 1995 | 2005 | Melle |
| 116 | 9,9 | Böckmann, Jan Hendrich | 1993 | 2000 | Neuenhaus |
| 117 | 10,0 | Brain, Christopher | 1997 | 2005 | Melle |
| 118 | 10:00 | Eickmeyer, Sebastian | 1984 | 1992 | Dissen |
| 119 | 10,04 | Terwei, Tom | 2004 | 2012 | Melle |
| 120 | 10,1 | Huning, Oliver | 1998 | 2006 | Melle |
| 121 | 10,1 | Tubbesing, Marlon | 2000 | 2009 | Melle |
| 122 | 10,16 | Siemer, Felix | 2007 | 2015 | Melle |
| 123 | 10,28 | Heermann, Florian | 2003 | 2012 | Melle |
| 124 | 10,28 | Stöppelmann, Jakob | 2005 | 2013 | Melle |
| 125 | 10:30 | Franke, Lukas | 1997 | 2004 | Melle |
| 126 | 10:32 | Rose, Bernd | 1983 | 1992 | Osnabrück |
| 127 | 10,5 | Look, Moritz Peter | 2002 | 2009 | Melle |
| 128 | 10,6 | Arafat, Arras | 1999 | 2009 | Melle |
| 129 | 10,70 | Assmann, Lars | 2001 | 2007 | Melle |
| 130 | 10,76 | Gerwing, Felix | 2010 | 2018 | Melle |
| 131 | 10,79 | Kirchhoff, Lasse | 2007 | 2014 | Melle |
| 132 | 10,90 | Strathmann, Cedrik | 2001 | 2007 | Melle |
| 133 | 11,18 | Langkopf, Anton | 2008 | 2014 | Gm - Hütte |
| 134 | 11,2 | Hegafeld, Christian | 1998 | 2005 | Melle |
| 135 | 11,2 | Preuß, Lennart | 2002 | 2009 | Melle |
| 136 | 11,28 | Eversmeyer, Florian | 2004 | 2012 | Melle |
| 137 | 11:70 | Schneider, Jan | 1997 | 2004 | Melle |
| 138 | 12,10 | Schulke, Max | 2000 | 2007 | Melle |
| 139 | 12:24 | Stöker, Janik | 2005 | 2010 | Melle |

50 m Halle / Schüler U8 bis U16

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|----|------|----------------------|------|------|-----------|
| 1 | 6,40 | Belt, Christian | 1985 | 1998 | Dortmund |
| 2 | 8,01 | Niehaus, Tom | 2001 | 2012 | Bielefeld |
| 3 | 8,16 | Mutschall, Gerrit | 1999 | 2010 | Bielefeld |
| 4 | 8,21 | Niederniehaus, Felix | 2002 | 2012 | Bielefeld |
| 5 | 8,28 | Wedegärtner, Tom | 2003 | 2014 | Bielefeld |
| 6 | 8,35 | Langkopf, Paul | 2004 | 2015 | Hannover |
| 7 | 8,41 | Renner, Dominik | 2001 | 2012 | Bielefeld |
| 8 | 8,45 | Lumme, Trista | 2003 | 2014 | Bielefeld |
| 9 | 8,52 | Dodt, Felix | 2005 | 2015 | Bielefeld |
| 10 | 8,56 | Buth, Lukas | 1996 | 2006 | Bielefeld |

| Nr. | Zeit | Name | Geb. Jahr | Jahr | Ort |
|------------|-------------|--------------------|------------------|-------------|------------|
| 11 | 8,56 | Hebbe, Ramires | 2000 | 2010 | Bielefeld |
| 12 | 8,63 | Lührmann, Moritz | 2000 | 2011 | Bielefeld |
| 13 | 8,64 | Metz, Marek | 1991 | 2002 | Bielefeld |
| 14 | 8,72 | Möllers, Christian | 1992 | 2002 | Bielefeld |
| 15 | 8,78 | Buermann, Moritz | 2000 | 2010 | Bielefeld |
| 16 | 8,85 | Hebbe, Emilio | 2002 | 2012 | Bielefeld |
| 17 | 8,94 | Strotmann, Timon | 2003 | 2014 | Bielefeld |
| 18 | 9,16 | Kunze, Justus | 2005 | 2015 | Bielefeld |
| 19 | 9,22 | Hell, Andreas | 1995 | 2006 | Bielefeld |
| 20 | 9,30 | Möllers, Jan | 1992 | 2002 | Bielefeld |
| 21 | 9,40 | Reinken, Jan | 2004 | 2014 | Bielefeld |
| 22 | 9,77 | Bode, Marten | 2004 | 2014 | Bielefeld |
| 23 | 9,78 | Peperkorn, Jan-Ole | 1997 | 2006 | Bielefeld |
| 24 | 10,84 | Stegmann, Kevin | 1997 | 2006 | Bielefeld |

60 m Halle / Schüler U8 bis U16

| | | | | | |
|----|-------|----------------------|------|------|-----------|
| 1 | 7:30 | Belt, Christian | 1985 | 2000 | Dortmund |
| 2 | 7,68 | Rekitt, Marcel | 2000 | 2015 | Paderborn |
| 3 | 7,69 | Niehaus, Tom | 2001 | 2016 | Paderborn |
| 4 | 7,82 | Seelhöfer, Mathis | 2000 | 2015 | Paderborn |
| 5 | 7,88 | Seelhöfer, Jannik | 1997 | 2012 | Bielefeld |
| 6 | 8,05 | Hebbe, Ramirez | 2000 | 2015 | Paderborn |
| 7 | 8,52 | Specht, Enrique | 2002 | 2016 | Paderborn |
| 8 | 8,69 | Horst, Marek | 1997 | 2011 | Paderborn |
| 9 | 8,88 | Niederniehaus, Felix | 2002 | 2015 | Bielefeld |
| 10 | 8,95 | Brausmann, David | 1998 | 2012 | Bielefeld |
| 11 | 9,39 | Makaschov, Dimitri | 1998 | 2011 | Bielefeld |
| 12 | 9,47 | Langkopf, Paul | 2004 | 2017 | Dortmund |
| 13 | 9,54 | Renner, Dominik | 2001 | 2013 | Paderborn |
| 14 | 9,55 | Mutschall, Gerrit | 1999 | 2011 | Bielefeld |
| 15 | 9,64 | Unger, Tom | 2001 | 2014 | Bielefeld |
| 16 | 9:88 | Möllers, Jan | 1994 | 2006 | Bielefeld |
| 17 | 10,08 | Holtkamp, Marc | 2000 | 2012 | Bielefeld |
| 18 | 10,36 | Järisch, Dean | 2003 | 2015 | Bielefeld |

60 m Hürden Schüler

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|---|-------|--------------------|------|------|-----------|
| 1 | 10,60 | Niehaus, Tom | 2001 | 2015 | Paderborn |
| 2 | 11,11 | Mutschall, Gerrit | 1999 | 2012 | Nordhorn |
| 3 | 11,36 | Lust, Timomi | 2001 | 2014 | Lingen |
| 4 | 11,42 | Makaschov, Dimitri | 1998 | 2011 | Werlte |
| 5 | 12:26 | Möllers, Christian | 1992 | 2005 | Dörpen |
| 6 | 12,91 | Horst, Marek | 1997 | 2011 | Bielefeld |
| 7 | 13,44 | Hebbe, Emilio | 2002 | 2015 | Bielefeld |

| Nr. | Zeit | Name | Geb. Jahr | Jahr | Ort |
|----------------------------|-------------|--------------------|------------------|-------------|-----------------|
| 80 m Hürden Schüler | | | | | |
| 1 | 14:02 | Makaschov, Dimitri | 1998 | 2012 | Melle |
| 2 | 14,29 | Hebbe, Ramires | 2000 | 2015 | Papenburg |
| 3 | 14:60 | Seelhöfer, Jannik | 1997 | 2011 | Winsen a.d.Luhe |
| 4 | 15:04 | Peperkorn, Jan-Ole | 1998 | 2012 | Nordhorn |

75 m / Schüler U8 bis U16

| | | | | | |
|----|-------|-------------------------|------|------|----------------|
| 1 | 9,25 | Belt, Christian | 1985 | 1999 | Delmenhorst |
| 2 | 9,6 | Nolte, Christian | 1984 | 1999 | Melle |
| 3 | 9,88 | Pabst, Timo | 1983 | 1998 | Osnabrück |
| 4 | 10:18 | Schröder, Marco | 1974 | 1989 | Osnabrück |
| 5 | 10:18 | Schönwald, Michael | 1983 | 1998 | Osnabrück |
| 6 | 10,22 | Leipnitz, Matthias | 1985 | 1999 | Lingen |
| 7 | 10,3 | Frerichs, Enno | 1991 | 2004 | Melle |
| 8 | 10,3 | Arndt, Sebastian | 1991 | 2005 | Melle |
| 9 | 10,40 | Niehaus, Tom | 2001 | 2014 | Melle |
| 10 | 10,5 | Niederniehaus, Felix | 2002 | 2015 | Gretesch |
| 11 | 10,53 | Seelhöfer, Mathis | 2000 | 2013 | Papenburg |
| 12 | 10,91 | Lust, Timomi | 2001 | 2014 | Lingen |
| 13 | 10,95 | Renner, Domenik | 2001 | 2014 | Melle |
| 14 | 10,97 | Radke, Maximilian | 1993 | 2005 | Dörpen |
| 15 | 11:13 | Langkopf, Paul | 2004 | 2016 | Lotte / Halen |
| 16 | 11:19 | Horst, Marek | 1997 | 2010 | Borgholzhausen |
| 17 | 11,24 | Blumenstein, Moritz | 1998 | 2011 | Melle |
| 18 | 11,30 | Gelhot, Patrick | 1978 | 1992 | Osnabrück |
| 19 | 11:3 | Möllers, Christian | 1992 | 2004 | Melle |
| 20 | 11:31 | Makaschov, Dimitri | 1998 | 2011 | Osnabrück |
| 21 | 11,32 | Mutschall, Gerrit | 1999 | 2012 | Melle |
| 22 | 11,35 | Gelhot, Manuel | 1988 | 2001 | Dörpen |
| 23 | 11,36 | Seelhöfer, Mathies | 2000 | 2012 | Melle |
| 24 | 11,44 | Peperkorn, Jan-Ole | 1998 | 2011 | Melle |
| 25 | 11,45 | Järisch, Dean | 2003 | 2016 | Lotte / Halen |
| 26 | 11,49 | Thörner, Luis | 2004 | 2016 | Melle |
| 27 | 11:5 | Wagner, Steffen | 1991 | 2004 | Melle |
| 28 | 11,56 | Hebbe, Ramires | 2000 | 2013 | Borgholzhausen |
| 29 | 11,58 | Niebäumer, Nick | 2005 | 2017 | Lotte / Halen |
| 30 | 11,59 | Lührmann, Moritz | 2000 | 2013 | Borgholzhausen |
| 31 | 11,60 | Möllers, Jan | 1994 | 2007 | Melle |
| 32 | 11,73 | Hebbe, Emilio | 2002 | 2014 | Dörpen |
| 33 | 11,80 | Holtkamp, Marc | 2000 | 2013 | Lotte / Halen |
| 34 | 11,8 | Opitz, David | 1991 | 2002 | Bersenbrück |
| 35 | 11,87 | Breeck, Fabian | 2001 | 2014 | Lingen |
| 36 | 11:9 | Schwalbe, Patrick | 1992 | 2004 | Melle |
| 37 | 11,92 | Lübrecht, Christoph | 1988 | 2001 | Dörpen |
| 38 | 11,92 | Niederniehaus, Frederic | 1994 | 2006 | Dörpen |
| 39 | 11,97 | Reller, Martin | 1999 | 2011 | Melle |
| 40 | 12,0 | Wetzstein, Maik | 1994 | 2006 | Melle |

| Nr. | Zeit | Name | Geb. Jahr | Jahr | Ort |
|------------|-------------|---------------------|------------------|-------------|----------------|
| 41 | 12,04 | Placke, Florian | 2002 | 2014 | Melle |
| 42 | 12,07 | Reinken, Jan | 2004 | 2017 | Lotte / Halen |
| 43 | 12,30 | Röhr, Marvin | 2002 | 2014 | Wilhelmshaven |
| 44 | 12,34 | Wikkemeier, Bendikt | 2000 | 2012 | Melle |
| 45 | 12,5 | Bäckermann, Eric | 1993 | 2005 | Melle |
| 46 | 12,46 | Suhrhoff, Christoph | 2002 | 2014 | Melle |
| 47 | 12,50 | Bröker, Felix | 1995 | 2007 | Melle |
| 48 | 12:64 | Junker, Noah | 1998 | 2010 | Melle |
| 49 | 12,90 | Redeker, Hannes | 1995 | 2007 | Melle |
| 50 | 13:48 | Dittmann, Nico | 1998 | 2010 | Melle |
| 51 | 14,30 | Asbrock, Achim | 1995 | 2007 | Melle |
| 52 | 14:40 | Tiedemann, Niklas | 1991 | 2003 | Borgholzhausen |

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| 100 m / Schüler U8 bis U16 |
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|----|-------|-------------------------|------|------|-------------|
| 1 | 11,5 | Belt, Christian | 1985 | 2000 | Melle |
| 2 | 11,98 | Niehaus, Tom | 2001 | 2016 | Delmenhorst |
| 3 | 12,29 | Seelhöfer, Mathis | 2000 | 2015 | Werlte |
| 4 | 12,3 | Caesmann, Claus | 1987 | 2002 | Melle |
| 5 | 12,63 | Frerichs, Enno | 1991 | 2005 | Dörpen |
| 6 | 12,72 | Hebbe, Ramires | 2000 | 2015 | Melle |
| 7 | 12,77 | Seelhöfer, Jannik | 1997 | 2012 | Gretesch |
| 8 | 12,90 | Leipnitz, Mathias | 1985 | 2000 | Osnabrück |
| 9 | 12,90 | Unger, Tom | 2001 | 2016 | Lotte-Halen |
| 10 | 12,9 | Auel, Tobias | 1995 | 2009 | Bersenbrück |
| 11 | 13,1 | Kleine-König, Johannes | 1958 | 1968 | Lingen |
| 12 | 13,20 | Breeck, Fabian | 2002 | 2016 | Lingen |
| 13 | 13,31 | Horst, Marek | 1997 | 2012 | Gretesch |
| 14 | 13,4 | Niederniehaus, Frederik | 1994 | 2009 | Melle |
| 15 | 13,41 | Holtkamp, Matthias | 1997 | 2012 | Melle |
| 16 | 13,51 | Efremor, Nikita | 1987 | 2002 | Papenburg |
| 17 | 13,52 | Lührmann, Moritz | 2000 | 2015 | Melle |
| 18 | 13,70 | Makaschov, Dimitri | 1998 | 2013 | Melle |
| 19 | 13,82 | Renner, Domenik | 2001 | 2015 | Werlte |
| 20 | 14,11 | Langkopf, Paul | 2004 | 2018 | Melle |
| 21 | 14,22 | Brausmann, David | 1998 | 2012 | Melle |
| 22 | 14,24 | Eversmeyer, Nicklas | 2001 | 2015 | Melle |
| 23 | 14,5 | Storck, Hendrick | 1988 | 2002 | Melle |
| 24 | 14,61 | Peperkorn, Jan-Ole | 1998 | 2012 | Melle |
| 25 | 14,68 | Järisch, Dean | 2003 | 2017 | Melle |
| 26 | 14,7 | Lübrecht, Christoph | 1988 | 2002 | Melle |
| 27 | 14,71 | Holtkamp, Marc | 2000 | 2014 | Melle |
| 28 | 14,8 | Möllers, Christian | 1992 | 2006 | Melle |
| 29 | 14,99 | Mutchall, Gerrit | 1999 | 2013 | Melle |
| 30 | 15,0 | Gelhot, Manuel | 1988 | 2002 | Melle |
| 31 | 15,3 | Pütker, Lothar | 1989 | 2002 | Melle |
| 32 | 15,53 | Peperkorn, Jan-Ole | 1998 | 2011 | Sarstedt |
| 33 | 15,67 | Blumenstein, Moritz | 1998 | 2011 | Sarstedt |

| Nr. | Zeit | Name | Geb. Jahr | Jahr | Ort |
|------------|-------------|-------------|------------------|-------------|------------|
|------------|-------------|-------------|------------------|-------------|------------|

200 m / Schüler U8 bis U16

| | | | | | |
|---|-------|--------------|------|------|-------|
| 1 | 24,57 | Niehaus, Tom | 2001 | 2016 | Melle |
| 2 | 26,87 | Unger, Tom | 2001 | 2016 | Melle |

300 m / Schüler U8 bis U16

| | | | | | |
|----|-------|---------------------|------|------|-----------------|
| 1 | 37:30 | Belt, Christian | 1985 | 2000 | Dessau |
| 2 | 38,72 | Seelhöfer, Mathis | 2000 | 2015 | Paderborn |
| 3 | 39,35 | Rekitt, Marcel | 2000 | 2015 | Paderborn |
| 4 | 40,01 | Niehaus, Tom | 2001 | 2016 | Lingen |
| 5 | 40,88 | Seelhöfer, Jannik | 1997 | 2012 | Nordhorn |
| 6 | 40,88 | Breeck, Fabian | 2002 | 2017 | Melle |
| 7 | 41,31 | Leipnitz, Mathias | 1985 | 2000 | Wilhelmshaven |
| 8 | 42:45 | Kaiser, Chris | 1986 | 2001 | Papenburg |
| 9 | 42,77 | Holtkamp, Matthias | 1997 | 2012 | Nordhorn |
| 10 | 44,40 | Eversmann, Nicklas | 2001 | 2016 | Paderborn |
| 11 | 44,67 | Mutschall, Gerrit | 1999 | 2013 | Paderborn |
| 12 | 45:78 | Makashov, Dimitri | 1998 | 2011 | Paderborn |
| 13 | 45:83 | Schwalbe, Patrick | 1992 | 2006 | Bielefeld |
| 14 | 46:53 | Horst, Marek | 1997 | 2011 | Werlte |
| 15 | 47:99 | Peperkorn, Jan-Ole | 1998 | 2011 | Paderborn |
| 16 | 49,24 | Langkopf, Paul | 2004 | 2017 | Bad Gandersheir |
| 17 | 50,49 | Storck, Hendrik | 1988 | 2002 | Papenburg |
| 18 | 50,71 | Lübrecht, Christoph | 1988 | 2002 | Papenburg |

600 m / Schüler Halle U 8 bis U 16

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|---|---------|--------------------|------|------|-----------|
| 1 | 1:49,76 | Eversmann, Nicklas | 2002 | 2016 | Paderborn |
|---|---------|--------------------|------|------|-----------|

800 m / Schüler Halle U8 bis U16

| | | | | | |
|---|---------|----------------------|------|------|-----------|
| 1 | 2:06,56 | Seelhöfer, Mathis | 2000 | 2015 | Hannover |
| 2 | 2:07,25 | Seelhöfer, Jannik | 1997 | 2012 | Hannover |
| 3 | 2:19,64 | Makaschov, Dimitri | 1998 | 2013 | Paderborn |
| 4 | 2:20,46 | Riegenring, Jan-Erik | 2003 | 2018 | Hannover |
| 5 | 2:25,42 | Holtkamp, Marc | 2000 | 2015 | Hannover |
| 6 | 2:25,72 | Lührmann, Moritz | 2000 | 2015 | Paderborn |
| 7 | 2:25,85 | Langkopf, Paul | 2004 | 2018 | Hannover |
| 8 | 2:25,91 | Holtkamp, Matthias | 1997 | 2011 | Paderborn |
| 9 | 2:28,57 | Braunsmann, David | 1998 | 2012 | Bielefeld |

| Nr. | Zeit | Name | Geb. Jahr | Jahr | Ort |
|------------|-------------|----------------------|------------------|-------------|------------|
| 10 | 2:35,83 | Eversmeyer, Niklas | 2001 | 2015 | Paderborn |
| 11 | 2:40,40 | Mutschall, Gerrit | 1999 | 2012 | Bielefeld |
| 12 | 2:46,66 | Holtkamp, Marc | 2000 | 2012 | Bielefeld |
| 13 | 2:53,07 | Peperkorn, Jan-Ole | 1998 | 2011 | Paderborn |
| 14 | 2:53,19 | Niederniehaus, Felix | 2002 | 2015 | Bielefeld |
| 15 | 3:00,80 | Kunze, Justus | 2005 | 2015 | Bielefeld |
| 16 | 3:00,90 | Järisch, Dean | 2003 | 2015 | Bielefeld |
| 17 | 3:06,87 | Hebbe, Emilio | 2002 | 2012 | Bielefeld |

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| 800 m / Schüler U8 bis U16 |
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|----|---------|----------------------|------|------|---------------|
| 1 | 2:05,89 | Seelhöfer Mathis | 2000 | 2015 | Göttingen |
| 2 | 2:10,50 | Seelhöfer Jannik | 1997 | 2012 | Nordhorn |
| 3 | 2:10,6 | Braunsmann, David | 1998 | 2013 | Papenburg |
| 4 | 2:14,11 | Blumenstein, Moritz | 1998 | 2013 | Zehen |
| 5 | 2:15,56 | Makaschov, Dimitri | 1998 | 2013 | Winsen / Luhe |
| 6 | 2:16,00 | Riegenring, Jan-Erik | 2003 | 2018 | Oldenburg |
| 7 | 2:17,84 | Lührmann, Moritz | 2000 | 2015 | Melle |
| 8 | 2:19,86 | Holtkamp, Marc | 2000 | 2015 | Celle |
| 9 | 2:22,98 | Langkopf, Paul | 2004 | 2018 | Oldenburg |
| 10 | 2:26,64 | Holtkamp, Matthias | 1997 | 2012 | Gretesch |
| 11 | 2:31,65 | Eversmeyer, Nicklas | 2001 | 2015 | Celle |
| 12 | 2:40,68 | Renner, Dominik | 2001 | 2014 | Melle |
| 13 | 2:43,39 | Breeck, Fabian | 2002 | 2015 | Melle |
| 14 | 2:44,69 | Mutschall, Gerrit | 1999 | 2012 | Gretesch |
| 15 | 2:47,21 | Unger, Tom | 2001 | 2015 | Melle |
| 16 | 2:47,69 | Kleine-Piening, Peer | 2006 | 2018 | Melle |
| 17 | 2:52,64 | Rohden, Julian | 2004 | 2018 | Lingen |
| 18 | 2:50,07 | Järisch, Dean | 2003 | 2016 | Melle |
| 19 | 2:57,42 | Seelhöfer, Mathis | 2000 | 2012 | Nordhorn |
| 20 | 2:58,81 | Placke, Florian | 2002 | 2014 | Melle |
| 21 | 2:59,04 | Reinken, Jan | 2004 | 2014 | Melle |
| 22 | 3:02,77 | Finkmann, Malte | 2003 | 2013 | Melle |
| 23 | 3:03,49 | Lumme, Tristan | 2003 | 2014 | Melle |
| 24 | 3:04,53 | Hebbe, Emilio | 2002 | 2014 | Melle |
| 25 | 3:05,52 | Nieweg, Matheo | 2004 | 2014 | Melle |
| 26 | 3:10,49 | Kürsten, Elias | 2003 | 2013 | Melle |
| 27 | 3:11,96 | Braunsmann, Lennart | 2005 | 2014 | Melle |
| 28 | 3:11,75 | Bergmeier, Tamino | 2002 | 2012 | Melle |
| 29 | 3:14,20 | Pohlmann, Malte | 2002 | 2013 | Melle |
| 30 | 3:14,94 | Schweppe, Finn | 2005 | 2014 | Melle |
| 31 | 3:15,46 | Klein, Malin | 2007 | 2018 | Melle |
| 32 | 3:15,68 | Kunze, Justus | 2005 | 2015 | Melle |
| 33 | 3:17,15 | Bordihn, Rouven | 2004 | 2014 | Melle |
| 34 | 3:19,12 | Walkenhorst, David | 2004 | 2014 | Melle |
| 35 | 3:19,92 | Suhrhoff, Christoph | 2002 | 2012 | Melle |
| 36 | 3:20,08 | Voß, Ramon | 2002 | 2013 | Melle |
| 37 | 3:20,84 | Suhrhoff, Lars | 2004 | 2014 | Melle |
| 38 | 3:21,72 | Röhr, Marvin | 2002 | 2013 | Melle |
| 39 | 3:22,53 | Niebäumer, Nick | 2005 | 2015 | Melle |
| 40 | 3:22,74 | Pakrtov, Frederik | 2002 | 2013 | Melle |

| Nr. | Zeit | Name | Geb. Jahr | Jahr | Ort |
|------------|-------------|---------------------|------------------|-------------|------------|
| 41 | 3:32,43 | Wobker, Jakob | 2006 | 2015 | Melle |
| 42 | 3:32,64 | Seelhöfer, Bastian | 2006 | 2015 | Melle |
| 43 | 3:33,50 | Thiel, Frederik | 2006 | 2015 | Melle |
| 44 | 3:33,99 | Siemers, Felix | 2007 | 2015 | Melle |
| 45 | 3:34,37 | Bunjaku, Fatbardt | 2006 | 2014 | Melle |
| 46 | 3:34,47 | Häffner, Laurin | 2008 | 2017 | Melle |
| 47 | 3:36,36 | Quatmann, Quinn | 2002 | 2012 | Melle |
| 48 | 3:38,39 | Ahlersmann, Raphael | 2005 | 2013 | Melle |
| 49 | 3:38,79 | Heermann, Florian | 2003 | 2012 | Melle |
| 50 | 3:43,89 | Seelhöfer, Basti | 2006 | 2014 | Melle |

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| 1.000 m / Schüler U8 bis U16 |
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|----|---------|-------------------------|------|------|-------------|
| 1 | 2:47,72 | Belt, Christian | 1985 | 2000 | Dessau |
| 2 | 2:57,60 | Pabst, Timo | 1983 | 1998 | Osnabrück |
| 3 | 2:57,87 | Seelhöfer, Jannik | 1997 | 2011 | Werlte |
| 4 | 3:00,94 | Makaschov, Dimitri | 1998 | 2013 | Melle |
| 5 | 3:01,02 | Kaiser, Chris | 1986 | 2001 | Papenburg |
| 6 | 3:03,46 | Schröder, Marco | 1974 | 1989 | Osnabrück |
| 7 | 3:06,5 | Kleine-König, Johannes | 1958 | 1968 | Melle |
| 8 | 3:06,18 | Schönwald, Michael | 1983 | 1998 | Osnabrück |
| 9 | 3:09,34 | Rose, Jan | 1977 | 1990 | Lage |
| 10 | 3:11,52 | Möllers, Jan | 1994 | 2006 | Dörpen |
| 11 | 3:16,26 | Möllers, Christian | 1992 | 2004 | Papenburg |
| 12 | 3:16,8 | Niederniehaus, Frederic | 1994 | 2009 | Melle |
| 13 | 3:22,04 | Blumenstein, Moritz | 1998 | 2011 | Werlte |
| 14 | 3:23,98 | Seelhöfer, Mathis | 2000 | 2013 | Melle |
| 15 | 3:26,56 | Gelhot, Manuel | 1988 | 2001 | Dörpen |
| 16 | 3:28,84 | Frericks, Enno | 1991 | 2003 | Osnabrück |
| 17 | 3:30:13 | Mutschall, Gerrit | 1999 | 2010 | Melle |
| 18 | 3:32,4 | Gelhot, Patrick | 1978 | 1992 | Melle |
| 19 | 3:33,30 | Peperkorn, Jan-Ole | 1998 | 2011 | Melle |
| 20 | 3:36,3 | Hanauer, Henning | 1983 | 1992 | Melle |
| 21 | 3:36,80 | Zwolinsli, Lukas | 1981 | 1991 | Melle |
| 22 | 3:36,97 | Langkopf, Paul | 2004 | 2013 | Melle |
| 23 | 3:38,22 | Lührmann, Moritz | 2000 | 2013 | Melle |
| 24 | 3:38,9 | Staege, Marc | 1996 | 2007 | Melle |
| 25 | 3:40,94 | Radke, Maximilian | 1993 | 2005 | Dörpen |
| 26 | 3:42,62 | Renner, Dominik | 2001 | 2013 | Melle |
| 27 | 3:47,1 | Bäckermann, Eric | 1993 | 2004 | Melle |
| 28 | 3:47,15 | Westerkamp, Linus | 2001 | 2012 | Melle |
| 29 | 3:47,7 | Mestemacher, Manuel | 1983 | 1995 | Melle |
| 30 | 3:47,95 | Niederniehaus, Felix | 2002 | 2012 | Melle |
| 31 | 3:48,56 | Sprehe, Ulli | 1988 | 2001 | Minden |
| 32 | 3:48,6 | Opitz, David | 1991 | 2002 | Bersenbrück |
| 33 | 3:49,70 | Zwolinsli, Martin | 1982 | 1991 | Melle |
| 34 | 3:49,9 | Lührmann, Tim | 1995 | 2007 | Melle |
| 35 | 3:51,3 | Keil, Axel | 1982 | 1992 | Melle |
| 36 | 3:51,7 | Otto, Mathias | 1979 | 1992 | Melle |
| 37 | 3:52,2 | Wöldecke, Tobias | 1993 | 2007 | Melle |
| 38 | 3:52,90 | Nieweg, Matheo | 2004 | 2013 | Melle |
| 39 | 3:53,4 | Rörsch, Anfreas | 1979 | 1992 | Melle |

| Nr. | Zeit | Name | Geb. Jahr | Jahr | Ort |
|------------|-------------|------------------------|------------------|-------------|----------------|
| 40 | 3:53,75 | Buermann, Moritz | 2000 | 2010 | Melle |
| 41 | 3:54,3 | Rose, Bernd | 1983 | 1994 | Melle |
| 42 | 3:55,6 | Otte, Sebastian | 1979 | 1989 | Melle |
| 43 | 3:56,1 | Hafer, Sebastian | 1979 | 1989 | Melle |
| 44 | 3:56,8 | Schwalbe, Patrick | 1992 | 2001 | Borgholzhausen |
| 45 | 3:57,29 | Haferkamp, Jannes | 2004 | 2013 | Melle |
| 46 | 3:59,50 | Järisch, Dean | 2003 | 2013 | Melle |
| 47 | 3:59,70 | Unger, Tom | 2001 | 2013 | Melle |
| 48 | 4:00,7 | Stakowski, Nils | 1985 | 1994 | Melle |
| 49 | 4:02,18 | Kuhlmann, Jasper | 2002 | 2012 | Melle |
| 50 | 4:02,44 | Rüffer, Nick | 2002 | 2012 | Melle |
| 51 | 4:03,3 | Rörsch, Stefan | 1981 | 1989 | Melle |
| 52 | 4:03,4 | Kemna, Thorsten | 1982 | 1992 | Melle |
| 53 | 4:03,4 | Branding, Finn | 1997 | 2008 | Melle |
| 54 | 4:05,4 | Bröker, Felix | 1995 | 2007 | Melle |
| 55 | 4:06,56 | Marquardt, Marco | 2002 | 2012 | Melle |
| 56 | 4:07,8 | Krömker, Steffen | 1993 | 2007 | Melle |
| 57 | 4:09,6 | Thebing, Julien | 1999 | 2009 | Melle |
| 58 | 4:09,86 | Kürsten, Elias | 2003 | 2012 | Melle |
| 59 | 4:10,44 | Barrenpohl, Timo | 2001 | 2011 | Melle |
| 60 | 4:13,36 | Hebbe, Emilio | 2002 | 2011 | Melle |
| 61 | 4:13,7 | Sutmöller, Thomas | 1981 | 1992 | Melle |
| 62 | 4:13,7 | Peperkorn, Jörn | 2000 | 2009 | Melle |
| 63 | 4:14,76 | Eversmeyer, Niklas | 2001 | 2012 | Melle |
| 64 | 4:15,6 | Scholle, Simon | 1983 | 1992 | Melle |
| 65 | 4:15,68 | Braunsmann, Lennart | 2005 | 2013 | Melle |
| 66 | 4:15,79 | Schäfer, Tim | 2000 | 2010 | Melle |
| 67 | 4:15,91 | Bergmeier, Tamino | 2002 | 2012 | Melle |
| 68 | 4:16,53 | Lumme, Tristan | 2003 | 2013 | Melle |
| 69 | 4:17,3 | Nolte, Christian | 1984 | 1992 | Melle |
| 70 | 4:17,4 | Weiner, Timo | 1983 | 1993 | Melle |
| 71 | 4:19,89 | Bordihn, Rouven | 2004 | 2013 | Melle |
| 72 | 4:47,70 | Witte, Philipp | 2001 | 2012 | Melle |
| 73 | 4:17,72 | Nixdorf, Piet | 2000 | 2011 | Melle |
| 74 | 4:22:11 | Hebbe, Emilio | 2002 | 2010 | Melle |
| 75 | 4:24,8 | Niermann, Manuel | 1985 | 1993 | Melle |
| 76 | 4:25:05 | Röhr, Marvin | 2002 | 2010 | Melle |
| 77 | 4:27,4 | Klaphecke, Stefan | 1983 | 1993 | Melle |
| 78 | 4:28,51 | Suhrhoff, Christoph | 2002 | 2012 | Melle |
| 79 | 4:31:13 | Bidzinski, Martin | 2001 | 2010 | Melle |
| 80 | 4:32,96 | Pohlmann, Malte | 2002 | 2012 | Melle |
| 81 | 4:33,2 | Rose, Bernd | 1983 | 1992 | Melle |
| 82 | 4:33,32 | Suhrhoff, Lars | 2004 | 2012 | Melle |
| 83 | 4:33,54 | Spiess, Maximilian | 2004 | 2012 | Melle |
| 84 | 4:34,3 | Klaphecke, Stephan | 1983 | 1992 | Melle |
| 85 | 4:34,7 | Stegmann, Kevin | 1997 | 2005 | Melle |
| 86 | 4:35,9 | Dau, Daniel | 1982 | 1993 | Melle |
| 87 | 4:35,90 | Dodt, Felix | 2005 | 20103 | Melle |
| 88 | 4:36,09 | Mutschall, Lennart | 2002 | 2012 | Melle |
| 89 | 4:37,02 | Bänsch-Malaquias, Luca | 2004 | 2012 | Melle |
| 90 | 4:37:49 | Pooß, Malte | 2001 | 2010 | Melle |
| 91 | 4:38,14 | Ahlersmann, Raphael | 2005 | 2013 | Melle |
| 92 | 4:38,9 | Thiemt, Mathis | 1984 | 1995 | Melle |

| Nr. | Zeit | Name | Geb. Jahr | Jahr | Ort |
|------------|-------------|-----------------------|------------------|-------------|------------|
| 93 | 4:39,17 | Quatmann, Quinn | 2002 | 2011 | Melle |
| 94 | 4:39:53 | Arafat, Mohammed | 2002 | 2010 | Melle |
| 95 | 4:41,0 | Bernhardt, Paul | 1997 | 2007 | Melle |
| 96 | 4:41,1 | Hebbe, Ramires | 2000 | 2009 | Melle |
| 97 | 4:46,69 | Detmer, Lukas | 2004 | 2013 | Melle |
| 98 | 4:47,94 | Szameitat, Niklas | 2002 | 2012 | Melle |
| 99 | 4:49,7 | Wöldecke, Jonas | 2000 | 2008 | Melle |
| 100 | 4:49,80 | Dreyer, Jannis | 2003 | 2012 | Melle |
| 101 | 4:51,0 | Klapphecke, Christian | 1985 | 1992 | Melle |
| 102 | 4:52,3 | Opitz, Sven | 1984 | 1992 | Melle |
| 103 | 4:57,10 | Otte, Jonathan | 2005 | 2013 | Melle |
| 104 | 5:00,0 | Hofmeyer, Lennart | 2000 | 2009 | Melle |
| 105 | 5:09,37 | Wobker, Rasmus | 2006 | 2012 | Melle |
| 106 | 5:27,5 | van Delden, Erik | 2002 | 2009 | Melle |
| 107 | 5:29,6 | Arafat, Arras | 1999 | 2009 | Melle |
| 108 | 5:31:16 | Steiber, Johannes | 2000 | 2010 | Melle |
| 109 | 5:36,4 | Rullmann, Daniel | 1983 | 1993 | Melle |
| 110 | 5:44,2 | Barrenpohl, Helge | 2003 | 2009 | Melle |

1.000 m Halle / Schüler U8 bis U16

| | | | | | |
|---|---------|--------------------|------|------|-----------|
| 1 | 3:07,9 | Belt, Christian | 1985 | 1998 | Dortmund |
| 2 | 3:22,75 | Schwalbe, Patrick | 1992 | 2006 | Bielefeld |
| 3 | 3:35,85 | Bäckermann, Eric | 1993 | 2006 | Bielefeld |
| 4 | 3:42,75 | Möllers, Christian | 1992 | 2006 | Bielefeld |
| 5 | 3:51,86 | Mutschall, Gerrit | 1999 | 2008 | Bielefeld |
| 6 | 4:20,06 | Möllers, Jan | 1992 | 2002 | Bielefeld |
| 7 | 4:22,4 | Otten, Jan-Bernd | 1990 | 2002 | Bielefeld |
| 8 | 4:33,41 | Peperkorn, Lan-Ole | 1997 | 2006 | Bielefeld |
| 9 | 5:09,59 | Stegmann, Kevin | 1997 | 2006 | Bielefeld |

1.500 m Halle / Schüler U8 bis U16

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|---|---------|---------------------|------|------|-----------|
| 1 | 4:33,09 | Brausmann, David | 1998 | 2013 | Paderborn |
| 2 | 4:35,37 | Blumenstein, Moritz | 1998 | 2013 | Paderborn |

2.000 m / Schüler U8 bis U16

| | | | | | |
|---|---------|-------------------------|------|------|----------------|
| 1 | 6:32,08 | Seelhöfer, Jannik | 1997 | 2011 | Melle |
| 2 | 6:48,0 | Kleine-König, Johannes | 1958 | 1968 | Minden |
| 3 | 6:56,0 | Schröder, Marco | 1974 | 1989 | Melle |
| 4 | 6:58,5 | Niederniehaus, Frederik | 1994 | 2009 | Melle |
| 5 | 6:59,9 | Belt, Christian | 1985 | 1998 | Borgholzhausen |
| 6 | 6:52,0 | Schwalbe, Patrick | 1992 | 2007 | Melle |
| 7 | 7:04,9 | Kohlmeyer, Patrick | 1990 | 2005 | Melle |
| 8 | 7:05,3 | Kaiser, Chris | 1986 | 2001 | Melle |

| Nr. | Zeit | Name | Geb. Jahr | Jahr | Ort |
|------------|-------------|-----------------------|------------------|-------------|------------|
| 9 | 7:05,9 | Möllers, Christian | 1992 | 2005 | Melle |
| 10 | 7:14,6 | Rose, Jan | 1977 | 1990 | Melle |
| 11 | 7:15,1 | Gelhot, Patrick | 1978 | 1990 | Melle |
| 12 | 7:23,59 | Langkopf, Paul | 2004 | 2017 | Minden |
| 13 | 7:24,57 | Lührmann, Moritz | 2000 | 2013 | Melle |
| 14 | 7:32,2 | Gelhot, Manuel | 1988 | 2001 | Dörpen |
| 15 | 7:34,6 | Möllers, Jan | 1994 | 2006 | Melle |
| 16 | 7:42,6 | Krömker, Lars | 1991 | 2006 | Melle |
| 17 | 7:43,5 | Keil, Axel | 1982 | 1994 | Melle |
| 18 | 7:44,4 | Bäckermann, Eric | 1993 | 2005 | Melle |
| 19 | 8:05,1 | Zwolinski, Lukas | 1981 | 1991 | Melle |
| 20 | 8:08,3 | Opitz, David | 1991 | 2004 | Melle |
| 21 | 8:14,5 | Zwolinski, Martin | 1982 | 1991 | Melle |
| 22 | 8:14,6 | Rörsch, Stephan | 1981 | 1992 | Melle |
| 23 | 8:21,4 | Schulte, Florian | 1991 | 2004 | Melle |
| 24 | 8:22,4 | Otto, Mathias | 1979 | 1991 | Melle |
| 25 | 8:30,8 | Rörsch, Andreas | 1979 | 1990 | Melle |
| 26 | 8:32,9 | Kassuba, Mario | 1981 | 1990 | Melle |
| 27 | 8:32,9 | Koch, Benjamin | 1981 | 1990 | Melle |
| 28 | 8:41,0 | Schönwald, Michael | 1983 | 1995 | Melle |
| 29 | 8:43,9 | Marek, Horst | 1997 | 2009 | Melle |
| 30 | 9:38,0 | Krömker, Steffen | 1993 | 2006 | Melle |
| 31 | 9:41,4 | Sutmöller, Thomas | 1981 | 1992 | Melle |
| 32 | 9:42,1 | Westendorf, Matthias | 1993 | 2006 | Melle |
| 33 | 10:08:08 | Peperkorn, Jan-Ole | 1998 | 2010 | Melle |
| 34 | 10:13,6 | Westendorf, Christoph | 1991 | 2006 | Melle |

Hochsprung / Schüler U8 bis U16

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|----|------|-------------------------|------|------|---------------|
| 1 | 1,90 | Breeck, Fabian | 2002 | 2017 | Verden |
| 2 | 1,70 | Schröder, Marco | 1974 | 1989 | Osnabrück |
| 3 | 1,64 | Hebbe, Ramires | 2000 | 2015 | Papenburg |
| 4 | 1,60 | Niederniehaus, Frederik | 1994 | 2009 | Nordhorn |
| 5 | 1,60 | Seelhöfer, Jannik | 1997 | 2012 | Melle |
| 6 | 1,60 | Seelhöfer, Mathis | 2001 | 2015 | Werlte |
| 7 | 1,56 | Renner, Dominik | 2001 | 2015 | Werlte |
| 8 | 1,56 | Lührmann, Moritz | 2000 | 2015 | Melle |
| 9 | 1,55 | Auel, Tobias | 1995 | 2009 | Bersenbrück |
| 10 | 1,54 | Leipnitz, Matthias | 1985 | 2000 | Lingen |
| 11 | 1,53 | Caesmann, Claus | 1987 | 2002 | Papenburg |
| 12 | 1,50 | Schönwald, Michael | 1983 | 1998 | Osnabrück |
| 13 | 1,50 | Makaschov, Dimitri | 1998 | 2013 | Melle |
| 14 | 1,46 | Frerichs, Enno | 1991 | 2005 | Melle |
| 15 | 1,46 | Unger, Tom | 2001 | 2016 | Melle |
| 16 | 1,46 | Belt, Christian | 1985 | 1999 | Lingen |
| 17 | 1,46 | Möllers, Jan | 1994 | 2007 | Melle |
| 18 | 1,44 | Lust, Timomi | 2001 | 2014 | Melle |
| 19 | 1,44 | Niehaus, Tom | 2001 | 2015 | Werlte |
| 20 | 1,42 | Mutschall, Gerrit | 1999 | 2013 | Melle |
| 21 | 1,42 | Braunsmann, David | 1998 | 2013 | Melle |
| 22 | 1,41 | Holtkamp, Marc | 2000 | 2013 | Lotte / Halen |

| Nr. | Zeit | Name | Geb. Jahr | Jahr | Ort |
|------------|-------------|-----------------------|------------------|-------------|----------------|
| 23 | 1,41 | Rohden, Julian | 2004 | 2018 | Lingen |
| 24 | 1,40 | Efremor, Nikita | 1987 | 2002 | Papenburg |
| 25 | 1,40 | Möllers, Christian | 1992 | 2007 | Melle |
| 26 | 1,40 | Järisch, Dean | 2003 | 2017 | Melle |
| 27 | 1,36 | Blumenstein, Moritz | 1998 | 2012 | Melle |
| 28 | 1,36 | Eversmeyer, Nicklas | 2001 | 2015 | Melle |
| 29 | 1,35 | Marek, Horst | 1997 | 2010 | Papenburg |
| 30 | 1,33 | Gelhot, Manuel | 1988 | 2001 | Borgholzhausen |
| 31 | 1,33 | Lübrecht, Christoph | 1988 | 2001 | Minden |
| 32 | 1,32 | Horst, Marek | 1997 | 2011 | Melle |
| 33 | 1,32 | Peperkorn, Jan - Ole | 1998 | 2011 | Osnabrück |
| 34 | 1,32 | Holtkamp, Matthias | 1997 | 2012 | Melle |
| 35 | 1,31 | Bröker, Felix | 1995 | 2007 | Melle |
| 36 | 1,30 | Wagner, Steffen | 1991 | 2004 | Melle |
| 37 | 1,30 | Langkopf, Paul | 2004 | 2018 | Melle |
| 38 | 1,29 | Hebbe, Emilio | 2002 | 2015 | Melle |
| 39 | 1,28 | Breeck, Fabian | 2002 | 2014 | Melle |
| 40 | 1,28 | Thörner, Louis | 2004 | 2016 | Melle |
| 41 | 1,26 | Horst, Marek | 1997 | 2010 | Melle |
| 42 | 1,24 | Zinnecker, Christian | 1977 | 1989 | Osnabrück |
| 43 | 1,22 | Beier, Nico | 1990 | 2005 | Melle |
| 44 | 1,20 | Ulferts, Jens Dr. | 1966 | 1977 | Melle |
| 45 | 1,20 | Niederniehaus, Felix | 2002 | 2015 | Bielefeld |
| 46 | 1,16 | Wetzstein, Maik | 1994 | 2006 | Melle |
| 47 | 1,14 | Schwalbe, Patrick | 1992 | 2004 | Melle |
| 48 | 1,10 | Rüffer, Nick | 2002 | 2012 | Dissen |
| 49 | 1,10 | Niebäumer, Nick | 2005 | 2017 | Melle |
| 50 | 1,08 | Bäckermann, Eric | 1993 | 2005 | Melle |
| 51 | 1,08 | Buth, Lukas | 1996 | 2007 | Melle |
| 52 | 1,05 | Strotmann, Timon | 2003 | 2014 | Bielefeld |
| 53 | 1,05 | Wedegärtner, Tom | 2003 | 2014 | Bielefeld |
| 54 | 1,04 | Böckmann, Jan-Hendrik | 1993 | 2005 | Melle |
| 55 | 1,04 | Krahn, Tilo | 1996 | 2006 | Melle |
| 56 | 1,04 | Thebing, Julien | 1999 | 2009 | Melle |
| 57 | 1,02 | Kramer, Florian | 2004 | 2017 | Melle |
| 58 | 1,00 | Hell, Andreas | 1995 | 2006 | Melle |
| 59 | 1,00 | Nörbenberg, Johannes | 1999 | 2009 | Melle |
| 60 | 1,00 | Andrup, Jonas | 1999 | 2009 | Melle |
| 61 | 1,00 | Dittmann, Nico | 1998 | 2009 | Melle |
| 62 | 1,00 | Röhr, Marvin | 2002 | 2014 | Melle |
| 63 | 1,00 | Suhrhoff, Christoph | 2002 | 2014 | Melle |
| 64 | 0,96 | Cevik, Tayyip | 1998 | 2011 | Melle |
| 65 | 0,88 | Arafat, Arras | 1999 | 2009 | Melle |
| 66 | 0,84 | Müller, Niklas-Leon | 1997 | 2007 | Melle |

Weitsprung / Schüler U8 bis U16

| | | | | | |
|---|------|-----------------|------|------|-----------|
| 1 | 5,70 | Belt, Christian | 1985 | 2000 | Osnabrück |
| 2 | 5,69 | Niehaus, Tom | 2001 | 2016 | Lingen |
| 3 | 5,63 | Breeck, Fabian | 2002 | 2016 | Lingen |
| 4 | 5,32 | Hebbe, Ramires | 2000 | 2015 | Papenburg |

| Nr. | Zeit | Name | Geb. Jahr | Jahr | Ort |
|------------|-------------|-------------------------|------------------|-------------|----------------|
| 5 | 5,18 | Frerichs, Enno | 1992 | 2005 | Dörpen |
| 6 | 5,16 | Seelhöfer, Mathis | 2000 | 2015 | Melle |
| 7 | 5,06 | Schröder, Marco | 1974 | 1989 | Bad Essen |
| 8 | 5,04 | Pabst, Timo | 1983 | 1998 | Osnabrück |
| 9 | 4,90 | Caesmann, Claus | 1987 | 2002 | Melle |
| 10 | 4,84 | Seelhöfer, Jannik | 1997 | 2011 | Melle |
| 11 | 4,83 | Leipnitz, Matthias | 1985 | 2000 | Lingen |
| 12 | 4,78 | Auel, Tobias | 1995 | 2009 | Bersenbrück |
| 13 | 4,69 | Arndt, Sebastian | 1991 | 2005 | Melle |
| 14 | 4,68 | Unger, Tom | 2001 | 2016 | Melle |
| 15 | 4,66 | Renner, Dominik | 2001 | 2015 | Werite |
| 16 | 4,64 | Niederniehaus, Frederik | 1994 | 2009 | Borgholzhausen |
| 17 | 4,63 | Langkopf, Paul | 2004 | 2017 | Osnabrück |
| 18 | 4,61 | Holtkamp, Matthias | 1997 | 2012 | Melle |
| 19 | 4,61 | Kleine-König, Johannes | 1958 | 1968 | Lingen |
| 20 | 4,61 | Lührmann, Moritz | 2000 | 2015 | Gretesch |
| 21 | 4,60 | Möllers, Christian | 1992 | 2005 | Dörpen |
| 22 | 4,51 | Mutschall, Gerrit | 1999 | 2010 | Borgholzhausen |
| 23 | 4,50 | Peperkorn, Jan-Ole | 1998 | 2012 | Nordhorn |
| 24 | 4,50 | Makaschov, Dimitri | 1998 | 2013 | Melle |
| 25 | 4,45 | Kleine-König, Michael | 1987 | 2000 | Melle |
| 26 | 4,44 | Radke, Maximilian | 1993 | 2005 | Dörpen |
| 27 | 4,44 | Holtkamp, Marc | 2000 | 2014 | Dörpen |
| 28 | 4,29 | Lübrecht, Christoph | 1988 | 2002 | Melle |
| 29 | 4,23 | Braunsmann, David | 1998 | 2012 | Melle |
| 30 | 4,26 | Eversmeyer, Nicklas | 2001 | 2015 | Melle |
| 31 | 4,18 | Reitz, Gagge-Michael | 2007 | 2018 | Melle |
| 32 | 4,14 | Lust, Timomi | 2001 | 2014 | Melle |
| 33 | 4,10 | Järisch, Dean | 2003 | 2017 | Melle |
| 34 | 4,08 | Horst, Marek | 1997 | 2011 | Melle |
| 35 | 4,07 | Möllers, Jan | 1994 | 2005 | Melle |
| 36 | 4,07 | Thörner, Louis | 2004 | 2016 | Melle |
| 37 | 4,01 | Gelhot, Manuel | 1988 | 2001 | Borgholzhausen |
| 38 | 4,00 | Niederniehaus, Felix | 2002 | 2015 | Gretesch |
| 39 | 3,94 | Weiner, Timo | 1983 | 1992 | Osnabrück |
| 40 | 3,91 | Buermann, Moritz | 2000 | 2011 | Melle |
| 41 | 3,88 | Kröger, Thomas | 1979 | 1989 | Münster |
| 42 | 3,88 | Lumme, Tristan | 2003 | 2014 | Melle |
| 43 | 3,84 | Wetzstein, Maik | 1994 | 2006 | Melle |
| 44 | 3,81 | Kleine-Piening, Peer | 2006 | 2017 | Melle |
| 45 | 3,80 | Wagner, Steffen | 1991 | 2004 | Melle |
| 46 | 3,79 | Buth, Lukas | 1996 | 2007 | Melle |
| 47 | 3,79 | Andrup, Jonas | 1999 | 2009 | Melle |
| 48 | 3,79 | Niederniehaus, Felix | 2002 | 2013 | Borgholzhausen |
| 49 | 3,78 | Zinnecker, Christian | 1977 | 1989 | Osnabrück |
| 50 | 3,75 | Bröker, Felix | 1995 | 2005 | Melle |
| 51 | 3,75 | Arndt, Gideon | 1993 | 2005 | Melle |
| 52 | 3,75 | Tegelhüter, Alexander | 1999 | 2009 | Melle |
| 53 | 3,73 | Koch, Alexander | 1983 | 1992 | Melle |
| 54 | 3,73 | Niebäumer, Nick | 2005 | 2017 | Lotte-Halen |
| 55 | 3,72 | Opitz, David | 1991 | 2002 | Melle |
| 56 | 3,69 | Storck, Hendrik | 1988 | 2002 | Melle |
| 57 | 3,63 | Pütker, Lothar | 1989 | 2002 | Melle |

| Nr. | Zeit | Name | Geb. Jahr | Jahr | Ort |
|------------|-------------|------------------------------|------------------|-------------|----------------|
| 58 | 3,63 | Wikkemeier, Benedikt | 2000 | 2012 | Nordhorn |
| 59 | 3,62 | Hebbe, Emilio | 2002 | 2013 | Melle |
| 60 | 3,61 | Placke, Florian | 2002 | 2014 | Melle |
| 61 | 3,60 | Hanauer, Henning | 1983 | 1992 | Dissen |
| 62 | 3,60 | Bäckermann, Eric | 1993 | 2005 | Melle |
| 63 | 3,60 | Horst, Marek | 1997 | 2010 | Melle |
| 64 | 3,57 | Braunsmann, Lennart | 2005 | 2014 | Melle |
| 65 | 3,56 | Reinken, Jan | 2004 | 2017 | Lotte-Halen |
| 66 | 3,52 | Mestemacher, Manuel | 1984 | 1992 | Osnabrück |
| 67 | 3,50 | Blumenstein, Moritz | 1998 | 2011 | Sarstedt |
| 68 | 3,48 | Junker, Noah | 1998 | 2010 | Melle |
| 69 | 3,48 | Faber, Finn | 2003 | 2014 | Gm - Hütte |
| 70 | 3,47 | Strothmann, Timon | 2003 | 2014 | Melle |
| 71 | 3,44 | Branding, Finn | 1997 | 2008 | Melle |
| 72 | 3,43 | Suhrhoff, Christoph | 2002 | 2014 | Melle |
| 73 | 3,42 | Staege, Marc-Dominic | 1996 | 2007 | Melle |
| 74 | 3,39 | Suhrhoff, Lars | 2004 | 2014 | Melle |
| 75 | 3,36 | Eversmeyer, Niklas | 2001 | 2012 | Melle |
| 76 | 3,35 | Schwalbe, Patrick | 1992 | 2004 | Melle |
| 77 | 3,34 | Klare, Maik | 1982 | 1992 | Osnabrück |
| 78 | 3,34 | Niehaus, Tom | 2000 | 2011 | Melle |
| 79 | 3,33 | Schönwald, Michael | 1983 | 1992 | Dissen |
| 80 | 3,33 | Kulesa, Jan-Niklas | 1996 | 2005 | Melle |
| 81 | 3,31 | Bordihn, Rouven | 2004 | 2014 | Melle |
| 82 | 3,28 | Röhr, Marvin | 2002 | 2014 | Wilhelmshaven |
| 83 | 3,29 | Kunze, Justus | 2005 | 2015 | Melle |
| 84 | 3,27 | Klapphecke, Stephan | 1983 | 1992 | Dissen |
| 85 | 3,27 | Nesemeyer, Jan | 1997 | 2007 | Melle |
| 86 | 3,25 | Melchersmann, Kai | 2004 | 2012 | Melle |
| 87 | 3,25 | Rüffer, Nick | 2002 | 2013 | Borgholzhausen |
| 88 | 3,25 | Bänsch-Malaquias, Luca Mateo | 2005 | 2014 | Melle |
| 89 | 3,24 | Metz, Marek | 1991 | 2000 | Neuenhaus |
| 90 | 3,24 | Thebing, Julien | 1999 | 2010 | Melle |
| 91 | 3,22 | Peperkorn, Jörn | 2000 | 2010 | Melle |
| 92 | 3,22 | Pohlmann, Malte | 2002 | 2012 | Melle |
| 93 | 3,21 | Lampen, Janik | 1991 | 2002 | Melle |
| 94 | 3,20 | Nieweg, Matheo | 2004 | 2014 | Melle |
| 95 | 3,18 | Drygalla, Moritz | 2003 | 2013 | Melle |
| 96 | 3,16 | Bergmeier, Tamino | 2002 | 2012 | Melle |
| 97 | 3,14 | Bismar, Stephan | 2004 | 2013 | Melle |
| 98 | 3,14 | Häffner, Laurin | 2008 | 2018 | Melle |
| 99 | 3,12 | Dodt, Felix | 2005 | 2014 | Melle |
| 100 | 3,11 | Kasperek, Melvin | 2009 | 2018 | Melle |
| 101 | 3,10 | Mutschall, Lennart | 2002 | 2011 | Melle |
| 102 | 3,10 | Walkenhorst, David | 2004 | 2014 | Melle |
| 103 | 3,08 | Dittmann, Nico | 1998 | 2010 | Melle |
| 104 | 3,07 | Ulferts, Jens Dr. | 1966 | 1975 | Melle |
| 105 | 3,07 | Mandley, Tyler | 2004 | 2013 | Melle |
| 106 | 3,07 | Thiel, Frederik | 2006 | 2015 | Melle |
| 107 | 3,06 | Kirchhoff, Ole | 2004 | 2014 | Melle |
| 108 | 3,04 | Spies, Alexander | 1996 | 2005 | Melle |
| 109 | 3,04 | Quatmann, Quinn | 2002 | 2011 | Melle |
| 110 | 3,01 | Klein, Nicolas | 1996 | 2005 | Melle |

| Nr. | Zeit | Name | Geb. Jahr | Jahr | Ort |
|------------|-------------|------------------------|------------------|-------------|----------------|
| 111 | 3,01 | Ahlersmann, Raphael | 2005 | 2013 | Melle |
| 112 | 3,00 | Hell, Andreas | 1995 | 2005 | Melle |
| 113 | 3,00 | Hartmann, Steffen | 2000 | 2009 | Borgholzhausen |
| 114 | 3,00 | Wobker, Rasmus | 2006 | 2013 | Borgholzhausen |
| 115 | 2,99 | Bröker, Max | 1996 | 2005 | Melle |
| 116 | 2,99 | Wobker, Rasmus | 2006 | 2015 | Melle |
| 117 | 2,98 | Lessing, Daniel | 1994 | 2002 | Melle |
| 118 | 2,94 | Bode, Maarten | 2004 | 2014 | Melle |
| 119 | 2,93 | Groppel, Felix | 1994 | 2002 | Melle |
| 120 | 2,92 | Haferkamp, Jannis | 2004 | 2014 | Melle |
| 121 | 2,92 | Weber, Jakob | 2007 | 2015 | Melle |
| 122 | 2,91 | Steinbreder, Julius | 2000 | 2009 | Melle |
| 123 | 2,91 | Müller, Anton | 2002 | 2010 | Melle |
| 124 | 2,89 | Pleye, Marius | 1995 | 2004 | Melle |
| 125 | 2,88 | Kuhlmann, Marius | 1997 | 2007 | Melle |
| 126 | 2,87 | Barchwitz, Steffen | 1998 | 2006 | Melle |
| 127 | 2,87 | Ciniero, Mirco | 2003 | 2012 | Melle |
| 128 | 2,87 | Kirsten, Elias | 2003 | 2014 | Melle |
| 129 | 2,85 | Arafat, Mohamed | 2002 | 2010 | Melle |
| 130 | 2,82 | Hadeler, Leon | 2006 | 2015 | Melle |
| 131 | 2,81 | Kröger, Malte | 1990 | 2000 | Neuenhaus |
| 132 | 2,79 | Finkmann, Malte | 2003 | 2012 | Melle |
| 133 | 2,76 | Frischen, Jannek | 1999 | 2009 | Melle |
| 134 | 2,74 | Seelhöfer, Bastian | 2006 | 2015 | Melle |
| 135 | 2,73 | Gelhoet, Jan-Niklas | 1998 | 2006 | Melle |
| 136 | 2,71 | Wobker, Fabio | 2001 | 2009 | Melle |
| 137 | 2,68 | Tiedemann, Niklas | 1991 | 2003 | Borgholzhausen |
| 138 | 2,68 | Finkemeyer, Simon | 2009 | 2018 | Melle |
| 139 | 2,67 | Asbrock, Achim | 1995 | 2007 | Melle |
| 140 | 2,65 | Arafat, Arras | 1999 | 2010 | Melle |
| 141 | 2,61 | Redecker, Hannes | 1995 | 2007 | Melle |
| 142 | 2,61 | Terwall, Tom | 2004 | 2012 | Melle |
| 143 | 2,60 | Eickmeyer, Sebastian | 1984 | 1992 | Osnabrück |
| 144 | 2,60 | Fall, Lamine | 1999 | 2009 | Melle |
| 145 | 2,60 | Stöppelmann, Jakob | 2005 | 2013 | Melle |
| 146 | 2,59 | Emanuel, Niklas | 1997 | 2006 | Melle |
| 147 | 2,59 | Siemer, Felix | 2007 | 2015 | Melle |
| 148 | 2,54 | Hegafeld, Christian | 1998 | 2005 | Melle |
| 149 | 2,51 | Kuppelmayr | 2006 | 2014 | Melle |
| 150 | 2,48 | Busch, Max | 1995 | 2009 | Melle |
| 151 | 2,46 | Rose, Bernd | 1983 | 1992 | Osnabrück |
| 152 | 2,46 | Tubbesing, Marlon | 2000 | 2009 | Melle |
| 153 | 2,45 | Heermann, Florian | 2003 | 2012 | Melle |
| 154 | 2,43 | Stegmann, Kevin | 1997 | 2006 | Melle |
| 155 | 2,40 | Bunjaku, Fatbardt | 2006 | 2014 | Melle |
| 156 | 2,39 | Franke, Lukas | 1997 | 2004 | Melle |
| 157 | 2,37 | Gerwing, Felix | 2010 | 2018 | Melle |
| 158 | 2,34 | Huning, Oliver | 1998 | 2006 | Melle |
| 159 | 2,32 | Böckmann, Jan Hendrich | 1993 | 2000 | Neuenhaus |
| 160 | 2,30 | Schulke, Max | 2000 | 2007 | Melle |
| 161 | 2,30 | Kuhnert, Fabian | 2007 | 2015 | Melle |
| 162 | 2,29 | Kirchhoff, Lasse | 2007 | 2014 | Melle |
| 163 | 2,25 | Butt, Daniel | 1988 | 1998 | Osnabrück |

| Nr. | Zeit | Name | Geb. Jahr | Jahr | Ort |
|------------|-------------|---------------------|------------------|-------------|------------|
| 164 | 2,22 | Look, Moritz Peter | 2002 | 2009 | Melle |
| 165 | 2,16 | van Delden, Erik | 2002 | 2009 | Melle |
| 166 | 2,15 | Eversmeyer, Florian | 2004 | 2012 | Melle |
| 167 | 2,13 | Stöker, Janik | 2005 | 2010 | Melle |
| 168 | 2,12 | Brain, Christopher | 1997 | 2005 | Melle |
| 169 | 2,08 | Langkopf, Anton | 2007 | 2014 | Gm - Hütte |
| 170 | 2,07 | Assmann, Lars | 2001 | 2007 | Melle |
| 171 | 2,01 | Schneider, Jan | 1997 | 2004 | Melle |
| 172 | 1,95 | Preuß, Lennart | 2002 | 2009 | Melle |
| 173 | 1,93 | Strathmann, Cedrik | 2001 | 2007 | Melle |

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| | | | | | |
|----|------|----------------------|------|------|-----------|
| 1 | 5,51 | Belt, Christian | 1985 | 1998 | Dortmund |
| 2 | 5,42 | Niehaus, Tom | 2001 | 2016 | Paderborn |
| 3 | 5,27 | Hebbe, Ramires | 2000 | 2015 | Paderborn |
| 4 | 4,28 | Mutschall, Gerrit | 1999 | 2011 | Bielefeld |
| 5 | 4,08 | Specht, Enrique | 2002 | 2016 | Paderborn |
| 6 | 4,03 | Möllers, Jan | 1994 | 2006 | Bielefeld |
| 7 | 3,98 | Lührmann, Moritz | 2000 | 2013 | Paderborn |
| 8 | 3,96 | Makaschor, Dimitri | 1998 | 2011 | Bielefeld |
| 9 | 3,91 | Niederniehaus, Felix | 2002 | 2014 | Bielefeld |
| 10 | 3,86 | Möllers, Christian | 1992 | 2002 | Bielefeld |
| 11 | 3,85 | Langkopf, Paul | 2004 | 2015 | Dortmund |
| 12 | 3,71 | Lumme, Tristan | 2003 | 2014 | Bielefeld |
| 13 | 3,68 | Renner, Dominik | 2001 | 2013 | Paderborn |
| 14 | 3,65 | Makaschor, Dimitri | 1998 | 2010 | Bielefeld |
| 15 | 3,64 | Bäckermann, Eric | 1993 | 2006 | Bielefeld |
| 16 | 3,63 | Wedegärtner, Tom | 2003 | 2014 | Bielefeld |
| 17 | 3,60 | Otten, Jan-Bernd | 1990 | 2002 | Bielefeld |
| 18 | 3,56 | Marek, Horst | 1997 | 2010 | Bielefeld |
| 19 | 3,50 | Buermann, Moritz | 2000 | 2010 | Bielefeld |
| 20 | 3,47 | Metz, Marek | 1991 | 2002 | Bielefeld |
| 21 | 3,42 | Strotmann, Timon | 2003 | 2014 | Bielefeld |
| 22 | 3,39 | Hebbe, Emilio | 2002 | 2012 | Bielefeld |
| 23 | 3,37 | Unger, Tom | 2001 | 2014 | Bielefeld |
| 24 | 3,10 | Buth, Lukas | 1996 | 2006 | Bielefeld |
| 25 | 3,00 | Hell, Andreas | 1995 | 2006 | Bielefeld |
| 26 | 3,00 | Bode, Marten | 2004 | 2014 | Bielefeld |
| 27 | 2,91 | Reinken, Jan | 2004 | 2014 | Bielefeld |

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| | | | | | |
|---|-------|--------------------|------|------|-----------|
| 1 | 46,00 | Hebbe, Ramires | 2000 | 2011 | Osnabrück |
| 2 | 45,00 | Möllers, Jan | 1994 | 2005 | Melle |
| 3 | 42,50 | Renner, Domenik | 2001 | 2012 | Melle |
| 4 | 41,00 | Möllers, Christian | 1994 | 2003 | Osnabrück |
| 5 | 41,00 | Kröger, Thomas | 1979 | 1989 | Münster |

| Nr. | Zeit | Name | Geb. Jahr | Jahr | Ort |
|------------|-------------|--------------------------|------------------|-------------|----------------|
| 6 | 40,00 | Hanauer, Henning | 1983 | 1992 | Osnabrück |
| 7 | 39,20 | Lührmann, Moritz | 2000 | 2010 | Melle |
| 8 | 39,00 | Bröker, Felix | 1995 | 2006 | Melle |
| 9 | 37,00 | Ulferts, Jens Dr. | 1966 | 1977 | Melle |
| 10 | 35,50 | Peperkorn, Jan-Ole | 1998 | 2009 | Bersenbrück |
| 11 | 34,50 | Marek, Horst | 1997 | 2010 | Borgholzhausen |
| 12 | 34,00 | Weiner, Timo | 1983 | 1992 | Osnabrück |
| 13 | 33,50 | Hebbe, Emilio | 2002 | 2013 | Melle |
| 14 | 33,50 | Langkopf, Paul | 2004 | 2015 | Gm - Hütte |
| 15 | 33,00 | Makaschov, Dimitri | 1998 | 2009 | Osnabrück |
| 16 | 33,00 | Pohlmann, Malte | 2002 | 2012 | Melle |
| 17 | 33,50 | Buermann, Moritz | 2000 | 2011 | Melle |
| 18 | 32,50 | Langkopf, Paul | 2004 | 2014 | Sarstedt |
| 19 | 32,00 | Nesemeyer, Jan | 1997 | 2007 | Melle |
| 20 | 32,00 | Bordihn, Rouven | 2004 | 2014 | Melle |
| 21 | 31,00 | Mutschall, Gerrit | 1999 | 2010 | Borgholzhausen |
| 22 | 30,00 | Ciniero, Mirco | 2003 | 2012 | Melle |
| 23 | 30,00 | Eversmeyer, Niklas | 2001 | 2012 | Melle |
| 24 | 29,50 | Klein, Nicolas | 1996 | 2005 | Melle |
| 25 | 29,50 | Arndt, Gideon | 1993 | 2004 | Melle |
| 26 | 29,50 | Klare, Maik | 1982 | 1992 | Osnabrück |
| 27 | 29,50 | Hartmann, Steffen | 2000 | 2010 | Melle |
| 28 | 29,50 | Arafat, Arras | 1999 | 2010 | Melle |
| 29 | 29,00 | Klapphecke, Stephan | 1983 | 1992 | Osnabrück |
| 30 | 29,00 | Peperkorn, Jörn | 2000 | 2010 | Melle |
| 31 | 29,00 | Drygalla, Moritz | 2003 | 2013 | Melle |
| 32 | 28,50 | Dodt, Felix | 2005 | 2014 | Wilhelmshaven |
| 33 | 28,00 | Strothmann, Timon | 2003 | 2014 | Melle |
| 34 | 27,20 | Staege, Marc | 1995 | 2005 | Melle |
| 35 | 27,00 | Reinekn, Jan | 2004 | 2014 | Melle |
| 36 | 27,00 | Niebäumer, Nick | 2005 | 2015 | Melle |
| 37 | 26,80 | Järisch, Dean | 2003 | 2014 | Gm - Hütte |
| 38 | 26,50 | Bröker, Felix | 1995 | 2004 | Melle |
| 39 | 26,50 | Blumenstein, Moritz | 1998 | 2009 | Melle |
| 40 | 26,50 | Suhrhoff, Christoph | 2002 | 2012 | Melle |
| 41 | 26,00 | Schönwald, Michael | 1983 | 1992 | Osnabrück |
| 42 | 26,00 | Rose, Bernd | 1983 | 1992 | Osnabrück |
| 43 | 26,00 | Walkenhorst, David | 2004 | 2014 | Melle |
| 44 | 25,00 | Müller, Anton | 2002 | 2010 | Melle |
| 45 | 25,00 | Niehaus, Tom | 2001 | 2010 | Melle |
| 46 | 25,00 | Braunsmann, Lennart | 2005 | 2014 | Melle |
| 47 | 24,50 | Thörner, Luis | 2004 | 2014 | Gm - Hütte |
| 48 | 24,00 | Niederniehaus, Frederick | 1994 | 2004 | Melle |
| 49 | 24,00 | Metz, Marek | 1991 | 2000 | Neuenhaus |
| 50 | 24,00 | Frischen, Jannek | 1999 | 2009 | Melle |
| 51 | 24,00 | Butt, Daniel | 1988 | 1998 | Osnabrück |
| 52 | 24,00 | Kleine-Piening, Peer | 2006 | 2017 | Melle |
| 53 | 22,50 | Niederniehaus, Felix | 2002 | 2012 | Melle |
| 54 | 23,00 | Kemna, Thorsten | 1982 | 1992 | Osnabrück |
| 55 | 23,00 | Kuhlmann, Marius | 1997 | 2007 | Melle |
| 56 | 23,00 | Mutschall, Lennart | 2002 | 2011 | Melle |
| 57 | 23,00 | Quatmann, Quinn | 2002 | 2011 | Melle |
| 58 | 23,00 | Bänsch, Luca Matheo | 2005 | 2014 | Melle |

| Nr. | Zeit | Name | Geb. Jahr | Jahr | Ort |
|------------|-------------|------------------------|------------------|-------------|----------------|
| 59 | 23,00 | Suhrhoff, Lars | 2004 | 2014 | Melle |
| 60 | 23,00 | Lumme, Tristan | 2003 | 2014 | Melle |
| 61 | 22,50 | Tegelhüter, Alexander | 1999 | 2009 | Melle |
| 62 | 22,50 | Reitz, Gagge-Michael | 2007 | 2018 | Melle |
| 63 | 22,00 | Mestemacher, Manuel | 1984 | 1992 | Osnabrück |
| 64 | 21,00 | Hell, Andreas | 1995 | 2005 | Melle |
| 65 | 21,00 | Gelhot, Manuel | 1988 | 1998 | Osnabrück |
| 66 | 21,00 | Bode, Maarten | 2004 | 2014 | Melle |
| 67 | 20,70 | Faber, Fynn | 2003 | 2014 | Gm - Hütte |
| 68 | 20,50 | Frerichs, Enno | 1991 | 2000 | Neuenhaus |
| 69 | 20,00 | Tiedemann, Niklas | 1991 | 2003 | Borgholzhausen |
| 70 | 20,00 | Böckmann, Jan Hendrich | 1993 | 2000 | Neuenhaus |
| 71 | 20,00 | Röhr, Marvin | 2002 | 2011 | Melle |
| 72 | 19,50 | Barchwitz, Steffen | 1998 | 2006 | Melle |
| 73 | 19,50 | Melchersmann, Kai | 2004 | 2012 | Melle |
| 74 | 19,50 | Bismar, Stephan | 2004 | 2013 | Melle |
| 75 | 19,00 | Kulesa, Jan-Niklas | 1996 | 2005 | Melle |
| 76 | 19,00 | Gelhoet, Jan-Niklas | 1998 | 2006 | Melle |
| 77 | 19,00 | Kasperek, Melvin | 2009 | 2018 | Melle |
| 78 | 18,50 | Bröker, Max | 1996 | 2005 | Melle |
| 79 | 18,50 | Kröger, Malte | 1990 | 2000 | Neuenhaus |
| 80 | 18,50 | Tubbesing, Marlon | 2000 | 2009 | Melle |
| 81 | 18,50 | Andrup, Jonas | 1999 | 2009 | Melle |
| 82 | 18,50 | Hadeler, Leon | 2006 | 2015 | Melle |
| 83 | 18,00 | Buth, Lukas | 1996 | 2005 | Melle |
| 84 | 18,00 | Stegmann, Kevin | 1997 | 2006 | Melle |
| 85 | 18,00 | Fall, Lamine | 1999 | 2009 | Melle |
| 86 | 18,00 | Heermann, Florian | 2003 | 2012 | Melle |
| 87 | 18,00 | Finkemeyer, Simon | 2009 | 2018 | Melle |
| 88 | 17,50 | Pleye, Marius | 1995 | 2004 | Melle |
| 89 | 17,00 | Mandley, Tyler | 2004 | 2013 | Melle |
| 90 | 16,50 | Eickmeyer, Sebastian | 1984 | 1992 | Dissen |
| 91 | 16,00 | Huning, Oliver | 1998 | 2006 | Melle |
| 92 | 15,50 | Seelhöfer, Bastian | 2006 | 2015 | Melle |
| 93 | 15,00 | Wobker, Fabio | 2001 | 2009 | Melle |
| 94 | 15,00 | Arafat, Mohamed | 2002 | 2010 | Melle |
| 95 | 15,00 | Kuppelmayr, Emil | 2006 | 2014 | Melle |
| 96 | 15,00 | Häffner, Laurin | 2008 | 2018 | Melle |
| 97 | 14,50 | Scholle, Simon | 1984 | 1992 | Dissen |
| 98 | 14,50 | Strathmann, Cedrik | 2001 | 2007 | Melle |
| 99 | 14,50 | Thiel, Frederick | 2006 | 2015 | Melle |
| 100 | 14,00 | Brain, Christopher | 1997 | 2005 | Melle |
| 101 | 14,00 | Franke, Lukas | 1997 | 2004 | Melle |
| 102 | 14,00 | Ahlersmann, Raphael | 2005 | 2013 | Melle |
| 103 | 14,00 | Thörner, Sönke | 2006 | 2014 | Melle |
| 104 | 14,00 | Siemer, Felix | 2007 | 2015 | Melle |
| 105 | 13,50 | Steinbreder, Julius | 2000 | 2009 | Melle |
| 106 | 12,00 | Schwalbe, Patrick | 1992 | 2000 | Dissen |
| 107 | 12,00 | Suhrhoff, Christoph | 2002 | 2009 | Melle |
| 108 | 11,50 | Emanuel, Niklas | 1997 | 2006 | Melle |
| 109 | 11,00 | Schneider, Jan | 1997 | 2004 | Melle |
| 110 | 11,00 | Gerwing, Felix | 2010 | 2018 | Melle |
| 111 | 10,50 | Stöppelmann, Jakob | 2005 | 2013 | Melle |

| Nr. | Zeit | Name | Geb. Jahr | Jahr | Ort |
|------------|-------------|---------------------|------------------|-------------|------------|
| 112 | 10,40 | Langkopf, Anton | 2007 | 2014 | Gm - Hütte |
| 113 | 10,00 | Assmann, Lars | 2001 | 2007 | Melle |
| 114 | 10,00 | Schulke, Max | 2000 | 2007 | Melle |
| 115 | 10,00 | Look, Moritz Peter | 2002 | 2009 | Melle |
| 116 | 10,00 | Stöker, Janik | 2005 | 2010 | Melle |
| 117 | 7,50 | Preuß, Lennart | 2002 | 2009 | Melle |
| 118 | 7,50 | Eversmeyer, Florian | 2004 | 2012 | Melle |

Ballwurf 200 g / Schüler

| | | | | | |
|----|-------|-----------------------|------|------|-----------------|
| 1 | 52,00 | Kleine-König, Michael | 1987 | 2000 | Papenburg |
| 2 | 52,00 | Arndt, Sebastian | 1991 | 2005 | Melle |
| 3 | 52,00 | Hebbe, Ramires | 2000 | 2013 | Melle |
| 4 | 44,00 | Lührmann, Moritz | 2000 | 2013 | Papenburg |
| 5 | 43,50 | Möllers, Jan | 1994 | 2007 | Melle |
| 6 | 43,00 | Makaschov, Dimitri | 1998 | 2011 | Osnabrück |
| 7 | 43,00 | Renner, Dominik | 2001 | 2013 | Papenburg |
| 8 | 42,50 | Seelhöfer, Jannik | 1997 | 2011 | Winsen a.d.Luhe |
| 9 | 42,00 | Möllers, Christian | 1992 | 2005 | Dörpen |
| 10 | 40,00 | Seelhöfer, Mathis | 2000 | 2013 | Melle |
| 11 | 40,00 | Lust, Timomi | 2001 | 2013 | Borgholzhausen |
| 12 | 39,50 | Schwalbe, Patrick | 1992 | 2004 | Melle |
| 13 | 39,00 | Caesmann, Claus | 1987 | 1999 | Melle |
| 14 | 39,00 | Wagner, Steffen | 1991 | 2004 | Melle |
| 15 | 37,50 | Frerichs, Enno | 1991 | 2004 | Melle |
| 16 | 37,00 | Hebbe, Emilio | 2002 | 2015 | Melle |
| 17 | 36,00 | Blumenstein, Moritz | 1998 | 2011 | Melle |
| 18 | 35,00 | Rüffer, Nick | 2002 | 2012 | Osnabrück |
| 19 | 34,00 | Lübrecht, Christoph | 1988 | 2001 | Minden |
| 20 | 32,50 | Niehaus, Tom | 2001 | 2013 | Melle |
| 21 | 31,50 | Bröker, Felix | 1995 | 2007 | Melle |
| 22 | 31,50 | Mutschall, Gerrit | 1999 | 2011 | Melle |
| 23 | 31,00 | Zinnecker, Christian | 1977 | 1989 | Osnabrück |
| 24 | 31,00 | Langkopf, Paul | 2004 | 2016 | Melle |
| 25 | 31,00 | Järisch, Dean | 2003 | 2015 | Melle |
| 26 | 30,50 | Peperkorn, Jan-Ole | 1998 | 2011 | Melle |
| 27 | 30,00 | Sprehe, Ulli | 1988 | 2001 | Minden |
| 28 | 30,00 | Horst, Marek | 1997 | 2010 | Melle |
| 29 | 30,00 | Thörner, Luis | 2004 | 2016 | Melle |
| 30 | 30,00 | Eversmeyer, Niklas | 2001 | 2014 | Wilhelmshaven |
| 31 | 29,50 | Niederniehaus, Felix | 2002 | 2015 | Werlte |
| 32 | 28,00 | Suhrhoff, Christoph | 2002 | 2014 | Melle |
| 33 | 26,50 | Wetzstein, Maik | 1994 | 2006 | Melle |
| 34 | 23,00 | Holtkamp, Marc | 2000 | 2012 | Melle |
| 35 | 20,50 | Bäckermann, Eric | 1993 | 2005 | Melle |
| 36 | 19,00 | Niederniehaus, Felix | 2002 | 2012 | Osnabrück |
| 37 | 18,50 | Wikkemeier, Benedikt | 2000 | 2012 | Melle |
| 38 | 17,50 | Redecker, Hannes | 1995 | 2007 | Melle |
| 39 | 17,50 | Asbrock, Achim | 1995 | 2007 | Melle |
| 40 | 16,00 | Tylor, Mandley | 2004 | 2012 | Osnabrück |
| 41 | 16,00 | Reinken, Jan | 2004 | 2012 | Osnabrück |

| Nr. | Zeit | Name | Geb. Jahr | Jahr | Ort |
|------------|-------------|---------------------|------------------|-------------|------------|
| 42 | 12,00 | Ahlersmann, Raphael | 2005 | 2012 | Osnabrück |

Kugelstoßen 3 kg / Schüler

| | | | | | |
|----|------|---------------------|------|------|---------------|
| 1 | 9,60 | Seelhöfer, Jannik | 1997 | 2012 | Melle |
| 2 | 9,00 | Seelhöfer, Mathis | 2000 | 2013 | Lotte / Halen |
| 3 | 8,56 | Hebbe, Ramirez | 2000 | 2013 | Lotte / Halen |
| 4 | 8,31 | Makaschow, Dimitri | 1997 | 2012 | Melle |
| 5 | 7,90 | Peperkorn, Jan-Ole | 1998 | 2011 | Melle |
| 6 | 7,67 | Blumenstein, Moritz | 1998 | 2011 | Werlte |
| 7 | 7,45 | Horst, Marek | 1997 | 2011 | Melle |
| 8 | 7,24 | Sprehe, Ulli | 1988 | 2001 | Minden |
| 9 | 7,13 | Caesmann, Claus | 1987 | 1999 | Osnabrück |
| 10 | 6,82 | Bröker, Felix | 1995 | 2008 | Melle |
| 11 | 6,65 | Möllers, Christian | 1992 | 2005 | Dörpen |
| 12 | 6,61 | Braunsmann, David | 1998 | 2012 | Melle |
| 13 | 6,48 | Holtkamp, Mattias | 1997 | 2012 | Melle |
| 14 | 6,15 | Möllers, Jan | 1994 | 2006 | Bielefeld |
| 15 | 6,07 | Rüffer, Nick | 2002 | 2012 | Dissen |
| 16 | 5,60 | Cevik, Tayyip | 1998 | 2011 | Melle |
| 17 | 5,52 | Mutschall, Gerrit | 1999 | 2011 | Melle |
| 18 | 5,05 | Langkopf, Paul | 2004 | 2016 | Lotte / Halen |

Kugelstoßen 4 kg / Schüler

| | | | | | |
|----|-------|-------------------------|------|------|-----------|
| 1 | 11,79 | Kleine-König, Michael | 1987 | 2002 | Papenburg |
| 2 | 11,33 | Seelhöfer, Mathis | 2000 | 2015 | Melle |
| 3 | 10,88 | Hebbe, Ramires | 2000 | 2015 | Paderborn |
| 4 | 10,5 | Kleine-König, Johannes | 1958 | 1968 | Melle |
| 5 | 10,24 | Caesmann, Claus | 1987 | 2002 | Melle |
| 6 | 9,82 | Makaschow, Dimitri | 1998 | 2013 | Paderborn |
| 7 | 9,81 | Storck, Hendrick | 1988 | 2002 | Melle |
| 8 | 9,62 | Nolte, Christian | 1984 | 1998 | Osnabrück |
| 9 | 9,60 | Makaschow, Dimitri | 1998 | 2013 | Melle |
| 10 | 9,47 | Unger, Tom | 2001 | 2016 | Lingen |
| 11 | 9,26 | Lübrecht, Christoph | 1988 | 2002 | Melle |
| 12 | 9,07 | Leipnitz, Matthias | 1985 | 2000 | Lingen |
| 13 | 9,06 | Schröder, Marco | 1974 | 1989 | Melle |
| 14 | 8,67 | Niederniehaus, Frederik | 1994 | 2009 | Nordhorn |
| 15 | 8,65 | Horst, Marek | 1997 | 2011 | Paderborn |
| 16 | 8,49 | Seelhöfer, Jannik | 1997 | 2011 | Sarstedt |
| 17 | 8,34 | Belt, Christian | 1985 | 2000 | Lingen |
| 18 | 8,20 | Langkopf, Paul | 2004 | 2018 | Melle |
| 19 | 8,04 | Renner, Domenik | 2001 | 2015 | Werlte |
| 20 | 7,91 | Järisch, Dean | 2003 | 2017 | Melle |
| 21 | 7,88 | Breeck, Fabian | 2002 | 2016 | Melle |
| 22 | 7,87 | Lührmann, Moritz | 2000 | 2015 | Melle |
| 23 | 7,85 | Gelhot, Manuel | 1988 | 2002 | Melle |
| 24 | 7,61 | Auel, Tobias | 1995 | 2009 | Nordhorn |
| 25 | 7,00 | Blumenstein, Moritz | 1998 | 2011 | Sarstedt |

| Nr. | Zeit | Name | Geb. Jahr | Jahr | Ort |
|------------|-------------|---------------------|------------------|-------------|------------|
| 26 | 7,40 | Eversmeyer, Nicklas | 2001 | 2015 | Melle |
| 27 | 6,91 | Pütker, Lothar | 1989 | 2002 | Melle |
| 28 | 6,82 | Peperkorn, Jan-Ole | 1998 | 2012 | Nordhorn |
| 29 | 6,72 | Niehaus, Tom | 2001 | 2015 | Werlte |
| 30 | 6,68 | Holtkamp, Marc | 2000 | 2014 | Dörpen |
| 31 | 6,33 | Möllers, Christian | 1992 | 2006 | Melle |
| 32 | 6,11 | Mutschall, Gerrit | 1999 | 2013 | Melle |

Diskus U 16 1 kg

| | | | | | |
|---|-------|--------------------|------|------|----------|
| 1 | 15,78 | Peperkorn, Jan-Ole | 1998 | 2012 | Nordhorn |
|---|-------|--------------------|------|------|----------|

Speer 400 g /Schüler U 8 bis U 16

| | | | | | |
|---|-------|-------------------|------|------|---------------|
| 1 | 30,79 | Lührmann, Moritz | 2000 | 2013 | Lotte / Halen |
| 2 | 28,68 | Holtkamp, Marc | 2000 | 2013 | Lotte / Halen |
| 3 | 25,24 | Hebbe, Ramires | 2000 | 2013 | Lotte / Halen |
| 4 | 22,24 | Langkopf, Paul | 2004 | 2017 | Uslar |
| 5 | 20,66 | Seelhöfer, Mathis | 2000 | 2013 | Lotte / Halen |

Speer 600 g /Schüler U 8 bis U 16

| | | | | | |
|----|-------|-----------------------|------|------|---------------|
| 1 | 40,54 | Hebbe, Ramires | 2000 | 2015 | Helmstedt |
| 2 | 34,70 | Seelhöfer, Mathis | 2000 | 2015 | Helmstedt |
| 3 | 33,15 | Makaschov, Dimitri | 1998 | 2013 | Papenburg |
| 4 | 32,13 | Braunsmann, David | 1998 | 2013 | Lotte / Halen |
| 5 | 31,95 | Kleine-König, Michael | 1987 | 2002 | Papenburg |
| 6 | 31,15 | Seelhöfer, Jannik | 1997 | 2012 | Nordhorn |
| 7 | 27,75 | Lührmann, Moritz | 2000 | 2014 | Lingen |
| 8 | 25,38 | Holtkamp, Marc | 2000 | 2014 | Melle |
| 9 | 24,38 | Horst, Marek | 1997 | 2010 | Bersenbrück |
| 10 | 24,17 | Möllers, Christian | 1992 | 2005 | Bersenbrück |
| 11 | 23,68 | Mutschall, Gerrit | 1999 | 2013 | Lotte / Halen |
| 12 | 19,54 | Blumenstein, Moritz | 1998 | 2011 | Werlte |
| 13 | 13,00 | Barnhausen, Daniel | 2001 | 2014 | Melle |
| 14 | 11,43 | Peperkorn, Jan-Ole | 1998 | 2010 | Bersenbrück |

Stab / Schüler

| | | | | | |
|---|------|--------------------|------|------|-------------|
| 1 | 1,00 | Möllers, Christian | 1992 | 2005 | Bersenbrück |
|---|------|--------------------|------|------|-------------|

| Nr. | Zeit | Name | Geb. Jahr | Jahr | Ort |
|-----|------|------|-----------|------|-----|
|-----|------|------|-----------|------|-----|

60 m Halle/weibl. Jugend U18 bis U20

| | | | | | |
|---|------|-------------------|------|------|-----------|
| 1 | 8,53 | Koch, Clara Marie | 2002 | 2018 | Paderborn |
| 2 | 8,82 | Assbrock, Pia | 1996 | 2013 | Paderborn |
| 3 | 8,94 | Opitz, Nele | 1999 | 2015 | Paderborn |
| 4 | 9,05 | Placke, Julia | 1997 | 2014 | Paderborn |
| 5 | 9,58 | Kirchner, Greta | 1999 | 2015 | Paderborn |

60 m Hürden Halle/weibl. Jugend U18 bis U20

| | | | | | |
|---|-------|---------------------|------|------|-----------|
| 1 | 10,42 | Hohnsträter, Saskia | 1997 | 2013 | Paderborn |
| 2 | 11,63 | Opitz, Nele | 1999 | 2015 | Paderborn |

80 m Hürden Halle/weibl. Jugend U18 bis U20

| | | | | | |
|---|-------|-----------------|------|------|-------|
| 1 | 16,73 | Kirchner, Greta | 1999 | 2015 | Melle |
| 2 | 16,92 | Opitz, Nele | 1999 | 2015 | Melle |

100 m / weibl. Jugend U18 bis U20

| | | | | | |
|----|-------|---------------------|------|------|----------------|
| 1 | 12,2 | Schweppe, Sandra | 1971 | 1990 | Osnabrück |
| 2 | 12,67 | Gröne, Corinne | 1972 | 1991 | Bielefeld |
| 3 | 12,8 | Meyer, Barbara | 1957 | 1973 | Winsen |
| 4 | 12,8 | Birke, Daniela | 1975 | 1990 | Melle |
| 5 | 12,9 | Erfeling, Meike | 1973 | 1989 | Melle |
| 6 | 13,2 | Erfeling, Kathrin | 1974 | 1989 | Papenburg |
| 7 | 13,24 | Koch, Clara Marie | 2002 | 2018 | Melle |
| 8 | 13,6 | Pabsch, Karen | 1973 | 1989 | Gütersloh |
| 9 | 13,68 | Möllers, Ria | 1996 | 2012 | Papenburg |
| 10 | 13,8 | Meinke, Birte | 1973 | 1989 | Melle |
| 11 | 13,8 | Stüer, Melanie | 1974 | 1989 | Papenburg |
| 12 | 13,86 | Hohnsträter, Saskia | 1996 | 2012 | Gretesch |
| 13 | 14,03 | Bahr, Antonia | 2001 | 2017 | Papenburg |
| 14 | 14,06 | Bahr, Felicia | 2000 | 2016 | Lotte-Halen |
| 15 | 14,1 | Morkötter, Klaudia | 1974 | 1989 | Bad Oeynhausen |
| 16 | 14,1 | Hohnsträter, Sabine | 1974 | 1989 | Melle |
| 17 | 14,13 | Opitz, Nele | 1999 | 2016 | Papenburg |
| 18 | 14,27 | Opitz, Ann-Christin | 1999 | 2015 | Oldenburg |
| 19 | 14,31 | Lawrance, Lucy | 2001 | 2018 | Delmenhorst |
| 20 | 14,37 | Placke, Julia | 1997 | 2015 | Oldenburg |
| 21 | 14,51 | Krebs, Marie | 1995 | 2011 | Melle |
| 22 | 14,75 | Kirchner, Greta | 1999 | 2016 | Lotte-Halen |

| Nr. | Zeit | Name | Geb. Jahr | Jahr | Ort |
|------------|-------------|----------------------|------------------|-------------|------------|
| 23 | 14,9 | Kleine-König, Sigrid | 1954 | 1972 | Gretesch |
| 24 | 15,34 | Stöker, Benita | 2002 | 2018 | Melle |

100 m Hürden / weibl. Jugend U18 bis U20

| | | | | | |
|----|-------|---------------------|------|------|----------------|
| 1 | 14,8 | Schweppe, Sandra | 1971 | 1990 | Osnabrück |
| 2 | 15,00 | Birke, Daniela | 1975 | 1990 | Bad Oeynhausen |
| 3 | 15,16 | Erfeling, Meike | 1973 | 1989 | Osnabrück |
| 4 | 15,56 | Koch, Clara Marie | 2002 | 2018 | Zeven |
| 5 | 16,1 | Hohnsträter, Sabine | 1974 | 1989 | Melle |
| 6 | 16,17 | Stüer, Melanie | 1974 | 1990 | Cuxhaven |
| 7 | 16,7 | Voncina, Anke | 1965 | 1983 | Osnabrück |
| 8 | 16,77 | Bahr, Antonia | 2001 | 2017 | Oldenburg |
| 9 | 16,82 | Möllers, Ria | 1996 | 2012 | Papenburg |
| 10 | 17,3 | Gröne, Corinne | 1972 | 1989 | Dörpen |
| 11 | 17,3 | Meinke, Birte | 1973 | 1989 | Melle |
| 12 | 18,68 | Stroiczek, Tamara | 1973 | 1990 | Hannover |
| 13 | 18,81 | Pabsch, Karen | 1973 | 1990 | Hannover |

200 m / weibl. Jugend U18 bis U20

| | | | | | |
|---|-------|---------------------|------|------|-------------|
| 1 | 25,20 | Schweppe, Sandra | 1971 | 1989 | Osterode |
| 2 | 26,72 | Koch, Clara Marie | 2002 | 2018 | Papenburg |
| 3 | 25,78 | Gröne, Corinne | 1972 | 1991 | Bielefeld |
| 4 | 26,70 | Koch, Clara Marie | 2002 | 2018 | Delmenhorst |
| 5 | 29,40 | Lawrance, Lucy | 2001 | 2018 | Delmenhorst |
| 6 | 30,04 | Meinke, Birte | 1973 | 1991 | Papenburg |
| 7 | 30,2 | Hohnsträter, Sabine | 1974 | 1990 | Melle |
| 8 | 30,5 | Ströker, Dagmar | 1974 | 1990 | Melle |
| 9 | 32,55 | Kirchner, Greta | 1999 | 2015 | Paderborn |

300 m / weibl. Jugend U18 bis U20

| | | | | | |
|---|-------|--------------------------|------|------|----------------|
| 1 | 46,70 | Kleine-König, Christiane | 1982 | 1999 | Osnabrück |
| 2 | 47,6 | Stüer, Melanie | 1974 | 1990 | Bad Oeynhausen |

300 m Hürden / weibl. Jugend U18 bis U20

| | | | | | |
|---|------|--------------------------|------|------|--------|
| 1 | 49,0 | Kleine-König, Christiane | 1982 | 1999 | Dissen |
| 2 | 57,5 | Oberjohann, Petra | 1983 | 1999 | Dissen |

| Nr. | Zeit | Name | Geb. Jahr | Jahr | Ort |
|------------|-------------|-------------|------------------|-------------|------------|
|------------|-------------|-------------|------------------|-------------|------------|

400 m / weibl. Jugend U18 bis U20

| | | | | | |
|----|---------|---------------------|------|------|-----------------|
| 1 | 0:56,68 | Gröne, Corinne | 1972 | 1989 | Osterode |
| 2 | 1:00,2 | Meyer, B | 1957 | 1973 | Winsen |
| 3 | 1:01,2 | Pepperkorn, Ute | 1969 | 1988 | Münster |
| 4 | 1:03,61 | Opitz, Ann-Christin | 1999 | 2015 | Melle |
| 5 | 1:03,8 | Breeck, E. | 1961 | 1979 | Bad Rothenfelde |
| 6 | 1:05,00 | Koch, Clara Marie | 2002 | 2018 | Melle |
| 7 | 1:06,21 | Winkelmann, Lisa | 2002 | 2018 | Paderborn |
| 8 | 1:09,5 | Beckmann, R | 1970 | 1985 | Bad Oeynhausen |
| 9 | 1:10,22 | Penke, Jana | 1993 | 2010 | Bielefeld |
| 10 | 1:10,5 | Starcke, R. | 1969 | 1985 | Bad Oeynhausen |

400 m Hürden / weibl. Jugend U18 bis U20

| | | | | | |
|---|-------|------------------|------|------|-----------|
| 1 | 65,5 | Gröne, Corinne | 1972 | 1989 | Melle |
| 2 | 67,2 | Schweppe, Sandra | 1971 | 1989 | Melle |
| 3 | 87,66 | Niermann, Nadja | | 2007 | Papenburg |

800 m Halle / weibl. Jgd. U 18 bis U20

| | | | | | |
|---|---------|---------------------|------|------|-----------|
| 1 | 2:19,77 | Opitz, Ann-Christin | 1999 | 2016 | Hannover |
| 2 | 2:24,16 | Blumenstein, Maja | 2000 | 2016 | Hannover |
| 3 | 2:42,89 | Placke, Julia | 1997 | 2014 | Paderborn |
| 4 | 3:07,41 | Stöppelmann, Hanna | 1998 | 2014 | Paderborn |

800 m / weibl. Jugend U 18 bis U20

| | | | | | |
|----|---------|---------------------|------|------|-------------|
| 1 | 2:17,90 | Opitz, Ann-Christin | 1999 | 2016 | Berlin |
| 2 | 2:21,6 | Gröne, Corinne | 1972 | 1989 | Hannover |
| 3 | 2:25,8 | Breeck, E. | 1961 | 1978 | Osnabrück |
| 4 | 2:26,13 | Sprenger, Marieke | 2002 | 2018 | Melle |
| 5 | 2:28,33 | Winkelmann, Lisa | 2001 | 2018 | Delmenhorst |
| 6 | 2:32,6 | Schweppe, S. | 1971 | 1987 | Winsen |
| 7 | 2:33,42 | Placke, Julia | 1997 | 2015 | Verden |
| 8 | 2:36,1 | Pabsch, Karen | 1973 | 1989 | Papenburg |
| 9 | 2:40,3 | Stüer, Melanie | 1974 | 1989 | Melle |
| 10 | 2:40,83 | Möllers, Ria | 1996 | 2012 | Papenburg |
| 11 | 2:41,58 | Bahr, Antonia | 2001 | 2017 | Papenburg |
| 12 | 2:47,5 | Starcke, R. | 1969 | 1987 | Melle |
| 13 | 2:48,3 | Erfeling, Meike | 1973 | 1989 | Melle |
| 14 | 2:58,0 | Henseler, Heike | 1974 | 1989 | Melle |
| 15 | 2:58,4 | Weihrauch, A. | 1969 | 1985 | Dörpen |

| Nr. | Zeit | Name | Geb. Jahr | Jahr | Ort |
|------------|-------------|-------------------|------------------|-------------|------------|
| 16 | 3:04,0 | Ströker, Dagmar | 1974 | 1989 | Melle |
| 17 | 3:07,4 | Meinke, Birte | 1973 | 1989 | Melle |
| 18 | 3:08,4 | Stroiczal, Tamara | 1973 | 1989 | Melle |
| 19 | 3:13,9 | Penke, Jana | 1993 | 2009 | Melle |

1.500 m / weibl. Jugend U18 bis U20

| | | | | | |
|---|---------|---------------------|------|------|--------|
| 1 | 4:40,68 | Opitz, Ann-Christin | 1999 | 2017 | Berlin |
| 2 | 4:56,25 | Sprenger, Marieke | 2002 | 2018 | Zeven |
| 3 | 5:13,23 | Winkelmann, Lisa | 2001 | 2017 | Melle |
| 4 | 5:39,4 | Herbst, W. | 1967 | 1983 | Melle |
| 5 | 5:44,8 | Diekmann, E. | 1961 | 1979 | Melle |
| 6 | 6:36,7 | Lenger, Sarah | 1989 | 2006 | Melle |
| 7 | 7:46,0 | Stegmann, Sarah | 1991 | 2007 | Melle |

1.500 m Hindernislauf / weibl. Jugend U18 bis U20

| | | | | | |
|---|---------|---------------------|------|------|-------|
| 1 | 5:17,20 | Opitz, Ann-Christin | 1999 | 2016 | Zeven |
| 2 | 5:43,38 | Winkelmann, Lisa | 2001 | 2018 | Zeven |
| 3 | 06:19,5 | Lenger, Sarah | 1987 | 2004 | Melle |

2.000 m Hindernislauf / weibl. Jugend U18 bis U20

| | | | | | |
|---|---------|---------------------|------|------|-------|
| 1 | 7:12,71 | Opitz, Ann-Christin | 1999 | 2017 | Zeven |
|---|---------|---------------------|------|------|-------|

Hochsprung / weibl. Jugend U18 bis U20

| | | | | | |
|----|------|----------------------|------|------|-------------|
| 1 | 1,72 | Birke, Daniela | 1975 | 1990 | Goslar |
| 2 | 1,72 | Meinke, Birte | 1973 | 1989 | Osnabrück |
| 3 | 1,69 | Caesmann, Annette | 1958 | 1975 | Hannover |
| 4 | 1,66 | Lührmann, Dorit | 1970 | 1986 | Osnabrück |
| 5 | 1,65 | Möllers, Ria | 1996 | 2012 | Papenburg |
| 6 | 1,65 | Bahr, Antonia | 2001 | 2017 | Oldenburg |
| 7 | 1,64 | Schweppe, Sandra | 1971 | 1990 | Hannover |
| 8 | 1,60 | Hohnsträter, Sabine | 1974 | 1990 | Cuxhaven |
| 9 | 1,58 | Börger, Lea | 1998 | 2014 | Hannover |
| 10 | 1,50 | Ströker, Dagmar | 1974 | 1990 | Melle |
| 11 | 1,50 | Pabsch, Karen | 1973 | 1989 | Melle |
| 12 | 1,50 | Erfeling, Meike | 1973 | 1989 | Melle |
| 13 | 1,50 | Oberjohann, Petra | 1983 | 1999 | Osnabrück |
| 14 | 1,48 | Stüer, Melanie | 1974 | 1991 | Papenburg |
| 15 | 1,47 | Lenger, Sarah | 1989 | 2005 | Bersenbrück |
| 16 | 1,46 | Henseler, Heike | 1974 | 1989 | Melle |
| 17 | 1,41 | Kleine-König, Sigrid | 1954 | 1973 | Melle |
| 18 | 1,40 | Friedering, Katja | 1976 | 1991 | Osnabrück |
| 19 | 1,40 | Gröne, Corinne | 1972 | 1990 | Hannover |

| Nr. | Zeit | Name | Geb. Jahr | Jahr | Ort |
|------------|-------------|---------------------|------------------|-------------|------------|
| 20 | 1,40 | Hohnsträter, Saskia | 1997 | 2013 | Paderborn |
| 21 | 1,40 | Bahr, Felicia | 2000 | 2016 | Papenburg |
| 22 | 1,36 | Stroiczek, Tamara | 1973 | 1990 | Hannover |
| 23 | 1,35 | Ulferts, Heike | 1970 | 1985 | Melle |
| 24 | 1,35 | Opitz, Marie-Theres | 1995 | 2011 | Werlte |
| 25 | 1,35 | Stöppelmann, Hannah | 1998 | 2014 | Paderborn |
| 26 | 1,22 | Morkötter, Klaudia | 1974 | 1989 | Melle |

Stabhochsprung / weibl. Jugend U18 bis U20

| | | | | | |
|---|------|--------------|------|------|---------------------|
| 1 | 4,15 | Möllers, Ria | 1996 | 2015 | Bowling Green / USA |
|---|------|--------------|------|------|---------------------|

Weitsprung / weibl. Jugend U18 bis U20

| | | | | | |
|----|------|----------------------|------|------|-----------------|
| 1 | 5,47 | Birke, Daniela | 1975 | 1990 | Bad Oeynhausen, |
| 2 | 5,23 | Pepperkorn, Ute | 1969 | 1985 | Melle |
| 3 | 5,08 | Stüer, Melanie | 1974 | 1990 | Cuxhaven |
| 4 | 5,06 | Meinke, Birte | 1973 | 1989 | Papenburg |
| 5 | 5,06 | Möllers, Ria | 1996 | 2014 | Melle |
| 6 | 5,03 | Lührmann, Dorit | 1970 | 1987 | Dortmund |
| 7 | 5,02 | Erfeling, Meike | 1973 | 1989 | Melle |
| 8 | 4,97 | Hohnsträter, Sabine | 1974 | 1989 | Melle |
| 9 | 4,80 | Gröne, Corinna | 1972 | 1989 | Dörpen |
| 10 | 4,88 | Schweppe, Sandra | 1971 | 1989 | Bad Oeynhausen, |
| 11 | 4,87 | Papsch, Karen | 1973 | 1989 | Melle |
| 12 | 4,82 | Erfeling, Katrin | 1974 | 1989 | Bad Oeynhausen, |
| 13 | 4,56 | Stroiczek, Tamara | 1973 | 1990 | Hannover |
| 14 | 4,34 | Kleine-König, Sigrid | 1954 | 1972 | Melle |
| 15 | 4,33 | Henseler, Heike | 1974 | 1989 | Melle |
| 16 | 4,31 | Opitz, Nele | 1999 | 2015 | Melle |
| 17 | 4,29 | Hohnsträter, Saskia | 1997 | 2013 | Paderborn |
| 18 | 4,24 | Pieper, Maike | 1992 | 2011 | Melle |
| 19 | 4,20 | Bahr, Felicia | 2000 | 2016 | Lotte-Halen |
| 20 | 4,17 | Kirchner, Greta | 1999 | 2015 | Oldenburg |
| 21 | 4,15 | Opitz, Ann-Christin | 1999 | 2015 | Melle |
| 22 | 4,15 | Bahr, Antonia | 2001 | 2017 | Papenburg |
| 23 | 4,07 | Lenger, Sarah | 1989 | 2005 | Bersenbrück |
| 24 | 4,01 | Ulferts, Heike | 1970 | 1985 | Melle |
| 25 | 3,89 | Opitz, Marie-Theres | 1995 | 2011 | Werlte |
| 26 | 3,69 | Penke, Jana | 1993 | 2009 | Melle |
| 27 | 3,60 | Ulferts, Katrin | 1968 | 1970 | Melle |
| 28 | 2,93 | Ströker, Benita | 2002 | 2018 | Melle |

Kugel 3 kg / weibl. Jugend

| | | | | | |
|---|-------|-------------------|------|------|-----------|
| 1 | 10,17 | Bahr, Antonia | 2001 | 2017 | Papenburg |
| 2 | 9,60 | Koch, Clara Marie | 2002 | 2018 | Paderborn |

| Nr. | Zeit | Name | Geb. Jahr | Jahr | Ort |
|------------|-------------|-----------------|------------------|-------------|-------------|
| 3 | 9,12 | Möllers, Ria | 1996 | 2012 | Papenburg |
| 4 | 7,88 | Lirchner, Greta | 1999 | 2016 | Lotte-Halen |

Kugel 4 kg / weibl. Jugend

| | | | | | |
|----|-------|----------------------|------|------|---------------|
| 1 | 11,84 | Meinke, Birte | 1973 | 1992 | Osnabrück |
| 2 | 11,43 | Birke, Daniela | 1975 | 1990 | Cuxhaven |
| 3 | 11,37 | Pepperkorn, Ute | 1969 | 1986 | Melle |
| 4 | 9,82 | Caesmann, Annette | 1958 | 1976 | Osnabrück |
| 5 | 9,35 | Pabsch, Karen | 1973 | 1990 | Hannover |
| 6 | 9,24 | Schwepe, Sandra | 1971 | 1990 | Hannover |
| 7 | 8,21 | Kleine-König, Sigrid | 1954 | 1973 | Burg Gretesch |
| 8 | 7,95 | Erfeling, Meike | 1973 | 1989 | Melle |
| 9 | 7,93 | Morkötter, Klaudia | 1974 | 1989 | Melle |
| 10 | 7,68 | Hohnsträter, Sabine | 1974 | 1989 | Melle |
| 11 | 7,45 | Gröne, Corinne | 1972 | 1989 | Hannover |
| 12 | 7,42 | Stüer, Melanie | 1974 | 1989 | Melle |
| 13 | 6,36 | Lenger, Sarah | 1989 | 2005 | Melle |

Speer 500 g / weibl. Jugend

| | | | | | |
|---|-------|---------------|------|------|---------------|
| 1 | 28,40 | Bahr, Antonia | 2001 | 2017 | Papenburg |
| 2 | 14,42 | Kuhr, Merle | 2003 | 2017 | Lotte / Halen |

Speer 600 g / weibl. Jugend

| | | | | | |
|----|-------|----------------------|------|------|----------------|
| 1 | 39,32 | Meinke, Birte | 1973 | 1992 | Osnabrück |
| 2 | 34,12 | Birke, Daniela | 1975 | 1990 | Schöningen |
| 3 | 29,82 | Möllers, Ria | 1996 | 2014 | Melle |
| 4 | 29,50 | Caesmann, Sigrid | 1958 | 1975 | Melle |
| 5 | 27,81 | Kirchner, Greta | 1999 | 2016 | Lotte-Halen |
| 6 | 26,13 | Lenger, Sarah | 1989 | 2005 | Bersenbrück |
| 7 | 25,66 | Hohnsträter, Sabine | 1974 | 1989 | Melle |
| 8 | 25,40 | Stroiczek, Tamara | 1973 | 1990 | Osnabrück |
| 9 | 25,36 | Pabsch, Karen | 1973 | 1990 | Melle |
| 10 | 21,02 | Gröne, Corinne | 1972 | 1989 | Dörpen |
| 11 | 19,28 | Kleine-König, Sigrid | 1954 | 1973 | Melle |
| 12 | 19,22 | Erfeling, Meike | 1973 | 1989 | Melle |
| 13 | 17,70 | Morkötter, Klaudia | 1974 | 1989 | Bad Oeynhausen |

| Nr. | Zeit | Name | Geb. Jahr | Jahr | Ort |
|------------|-------------|-------------|------------------|-------------|------------|
|------------|-------------|-------------|------------------|-------------|------------|

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|-------------------------------|
| Diskus / weibl. Jugend |
|-------------------------------|

| | | | | | |
|---|-------|-------------------|------|------|-----------|
| 1 | 31,66 | Pepperkorn, Ute | 1969 | 1985 | Osnabrück |
| 2 | 28,14 | Meinke, Birte | 1973 | 1990 | Osnabrück |
| 3 | 23,32 | Papsch, Karen | 1973 | 1991 | Osnabrück |
| 4 | 20,86 | Stroiczek, Tamara | 1973 | 1990 | Osnabrück |

| Nr. | Zeit | Name | Geb. Jahr | Jahr | Ort |
|-----|------|------|-----------|------|-----|
|-----|------|------|-----------|------|-----|

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|---|
| 60 m Halle / männl. Jugend U18 bis U20 |
|---|

| | | | | | |
|----|------|------------------------|------|------|-----------|
| 1 | 7,55 | Seelhöfer, Mathis | 2000 | 2016 | Paderborn |
| 2 | 7,57 | Belt, Christian | 1985 | 2002 | Bielefeld |
| 3 | 7,59 | Niehaus, Tom | 2001 | 2017 | Hannover |
| 4 | 7,73 | Potthoff, Bastian | 1985 | 2002 | Bielefeld |
| 5 | 7,83 | Schönwald, Michael | 1983 | 2002 | Bielefeld |
| 6 | 7,84 | Rekitt, Marcel | 2000 | 2016 | Hannover |
| 7 | 7,90 | Branning, Finn | 1997 | 2013 | Paderborn |
| 8 | 8,08 | Welkener, Leonard | 1991 | 2009 | Bielefeld |
| 9 | 8,09 | Auel, Tobias | 1994 | 2010 | Bielefeld |
| 10 | 8,29 | Niderniehaus, Frederik | 1994 | 2010 | Bielefeld |
| 11 | 8,51 | Schwarz, Jan | 1985 | 2002 | Bielefeld |

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| 100 m / männl. Jugend U18 bis U20 |
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| | | | | | |
|----|-------|-------------------------|------|------|----------------|
| 1 | 11,2 | Koch, Gerd | 1952 | 1969 | Melle |
| 2 | 11,4 | Belt, Christian | 1985 | 2002 | Melle |
| 3 | 11,6 | Hollmann, Axel | 1972 | 1989 | Bad Oeynhausen |
| 4 | 11,7 | Leipnitz, Mathias | 1985 | 2002 | Melle |
| 5 | 11,88 | Domscheidt, Alessandro | 1993 | 2012 | Gretesch |
| 6 | 12,1 | Thurand, Albert | 1929 | 1947 | Melle |
| 7 | 12,16 | Krömker, Lars | 1991 | 2008 | Melle |
| 8 | 12,26 | Seelhöfer, Mathis | 2000 | 2016 | Melle |
| 9 | 12,3 | Steinkühler, Reinhold | 1931 | 1948 | Melle |
| 10 | 12,4 | Schönwald, Michael | 1983 | 2001 | Melle |
| 11 | 12,42 | Rekitt, Marcel | 2000 | 2016 | Melle |
| 12 | 12,45 | Breeck, Fabian | 2002 | 2018 | Melle |
| 13 | 12,5 | Pabst, Timo | 1983 | 2002 | Melle |
| 14 | 12,51 | Frerichs, Enno | 1991 | 2012 | Gretesch |
| 15 | 12,8 | Schwarz, Jan | 1985 | 2002 | Melle |
| 16 | 12,8 | Niederniehaus, Frederik | 1994 | 2010 | Bersenbrück |
| 17 | 13,0 | Ulferts, Jens, Dr. | 1966 | 1983 | Melle |
| 18 | 13,06 | Jungblut, Markus | 1999 | 2015 | Melle |
| 19 | 13:09 | Chalvatsi, Themistoklis | 1994 | 2010 | Melle |
| 20 | 13:19 | Welkener, Leonard | 1991 | 2010 | Melle |
| 21 | 13,2 | Kaiser, Chris | 1986 | 2002 | Melle |
| 22 | 13,5 | Kusainov, Ruslan | 1985 | 2002 | Melle |
| 23 | 13,89 | Schipper, Jan | 1998 | 2016 | Lotte-Halen |
| 24 | 14,0 | Widner, Viktor | 1985 | 2002 | Melle |

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|---|
| 110 m Hürden / männl. Jugend U18 bis U20 |
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| | | | | | |
|---|-------|----------------|------|------|-----------|
| 1 | 15,20 | Hollmann, Axel | 1972 | 1991 | Osnabrück |
|---|-------|----------------|------|------|-----------|

| Nr. | Zeit | Name | Geb. Jahr | Jahr | Ort |
|-----|------|------|-----------|------|-----|
|-----|------|------|-----------|------|-----|

200 m / männl. Jugend U18 bis U20

| | | | | | |
|---|-------|-------------------|------|------|-----------|
| 1 | 23,7 | Koch, Gerd | 1952 | 1969 | Melle |
| 2 | 24,17 | Belt, Christian | 1985 | 2001 | Osterode |
| 3 | 24,22 | Seelhöfer, Mathis | 2000 | 2016 | Melle |
| 4 | 24,10 | Seelhöfer, Jannik | 1997 | 2016 | Melle |
| 5 | 24,3 | Hollmann, Axel | 1972 | 1989 | Papenburg |

200 m Halle / männl. Jugend U18 bis U20

| | | | | | |
|---|-------|-------------------|------|------|-----------|
| 1 | 24,28 | Seelhöfer, Mathis | 2000 | 2016 | Paderborn |
| 2 | 24:95 | Bäumer, Robin | 1994 | 2012 | Paderborn |
| 3 | 25,00 | Leipnitz, Mathias | 1985 | 2002 | Bielefeld |
| 4 | 25,06 | Branning, Finn | 1997 | 2013 | Paderborn |
| 5 | 26,84 | Welkener, Leonard | 1991 | 2010 | Bielefeld |

300 m Hürden / männl. Jugend U18 bis U20

| | | | | | |
|---|-------|-------------------|------|------|-----------|
| 1 | 39,77 | Seelhöfer, Mathis | 2000 | 2017 | Melle |
| 2 | 42:19 | Hollmann, Axel | 1972 | 1989 | Osnabrück |

400 m / männl. Jugend U18 bis U20

| | | | | | |
|----|---------|--------------------------|------|------|-----------------|
| 1 | 51:05 | Seelhöfer, Mathis | 2000 | 2017 | Göttingen |
| 2 | 52,93 | Belt, Christian | 1985 | 2002 | Osnabrück |
| 3 | 53,4 | Koch, Gerd | 1952 | 1969 | Melle |
| 4 | 53,5 | Polzin, Dieter | 1963 | 1982 | Bad Rothenfelde |
| 5 | 54,80 | Leipnitz, Mathias | 1985 | 2001 | Osterode |
| 6 | 55,1 | Johanning, B. | 1963 | 1981 | Dissen |
| 7 | 55,22 | Seelhöfer, Jannik | 1997 | 2013 | Lotte / Halen |
| 8 | 55,3 | Clausing, G. | 1952 | 1973 | Brühl |
| 9 | 55,8 | Wippermann, M. | 1960 | 1977 | Bersenbrück |
| 10 | 56,33 | Horst, Marek | 1997 | 2013 | Lotte / Halen |
| 11 | 56,7 | Metz, T. | 1966 | 1982 | Osnabrück |
| 12 | 57,33 | Potthoff, Bastian | 1985 | 2002 | Hameln |
| 13 | 57,4 | Ballmeyer, U. | 1963 | 1980 | Osnabrück |
| 14 | 58,13 | Braunsmann, David | 1998 | 2013 | Lotte / Halen |
| 15 | 59,00 | Werding, Rasmus | 1992 | 2010 | Melle |
| 16 | 59,8 | Niederniehaus, Frederick | 1994 | 2010 | Bersenbrück |
| 17 | 1:01,51 | Widner, Victor | 1985 | 2002 | Osnabrück |

| Nr. | Zeit | Name | Geb. Jahr | Jahr | Ort |
|-----|--------|--------------|-----------|------|-------|
| 18 | 1:05,9 | Leiwe, Sören | 1992 | 2009 | Melle |

400 m Halle / männl. Jugend U18 bis U20

| | | | | | |
|---|-------|-------------------|------|------|-----------|
| 1 | 51,84 | Seelhöfer, Mathis | 2000 | 2017 | Hannover |
| 2 | 53,18 | Belt, Christian | 1985 | 2002 | Bielefeld |
| 3 | 56,56 | Horst, Marek | 1997 | 2014 | Hannover |
| 4 | 56,62 | Bäumer, Robin | 1994 | 2012 | Paderborn |
| 5 | 58:07 | Werding, Rasmus | 1992 | 2011 | Paderborn |
| 6 | 58,98 | Potthoff, Bastian | 1985 | 2002 | Bielefeld |
| 7 | 62,66 | Widner, Victor | 1985 | 2002 | Bielefeld |
| 8 | 64,48 | Schwarz, Jan | 1985 | 2002 | Bielefeld |

400 m Hürden / männl. Jugend U18 bis U20

| | | | | | |
|---|-------|--------------------|------|------|-----------|
| 1 | 63:29 | Leipnitz, Mathias | 1985 | 2001 | Arnstadt |
| 2 | 65:37 | Makaschov, Dimitri | 1998 | 2014 | Zeven |
| 3 | 67,82 | Belt, Christian | 1985 | 2001 | Osnabrück |

800 m / männl. Jugend U18 bis U20

| | | | | | |
|----|---------|-------------------------|------|------|---------------|
| 1 | 1:57,6 | Polzin, Dieter | 1963 | 1981 | Bad Essen |
| 2 | 1:59,49 | Seelhöfer, Mathis | 2000 | 2016 | Wilhelmshaven |
| 3 | 2:02,69 | Keil, Axel | 1982 | 2001 | Osterode |
| 4 | 2:05,07 | Habighorst, Tim | 1999 | 2018 | Melle |
| 5 | 2:05,14 | Belt, Christian | 1985 | 2003 | Delmenhorst |
| 6 | 2:05,23 | Pabst, Timo | 1983 | 2002 | Papenburg |
| 7 | 2:05,6 | Gürtas, F. | 1955 | 1972 | Gretesch |
| 8 | 2:05,80 | Braunsmann, David | 1998 | 2015 | Melle |
| 9 | 2:06,8 | Staeger, A. | 1964 | 1980 | Bersenbrück |
| 10 | 2:07,24 | Braunsmann, David | 1998 | 2014 | Melle |
| 11 | 2:07,74 | Blumenstein, Moritz | 1998 | 2014 | Melle |
| 12 | 2:08,9 | Ellinghaus, Dr. Peter | 1969 | 1988 | Oldenburg |
| 13 | 2:09,1 | Müller, M. | 1971 | 1988 | Dortmund |
| 14 | 2:09,19 | Pabst, Timo | 1983 | 2001 | Papenburg |
| 15 | 2:10,5 | Stöner, T. | 1972 | 1988 | Dortmund |
| 16 | 2:10,5 | Eismann, K. | 1949 | 1967 | Minden |
| 17 | 2:12,12 | Makaschov, Dimitri | 1998 | 2014 | Melle |
| 18 | 2:14,1 | Ballmeyer, U. | 1963 | 1979 | Osnabrück |
| 19 | 2:16,0 | Gehrke, J. | 1969 | 1986 | Osnabrück |
| 20 | 2:16,15 | Horst, Marek | 1997 | 2013 | Zeven |
| 21 | 2:21,2 | Wippermann, M. | 1960 | 1976 | Melle |
| 22 | 2:21,4 | Metz, T. | 1966 | 1981 | Bersenbrück |
| 23 | 2:21,8 | Schlüter, Ewald | 1931 | 1980 | Dissen |
| 24 | 2:26,18 | Niederniehaus, Frederik | 1994 | 2012 | Gretesch |
| 25 | 2:40,1 | Thiel, U. | 1966 | 1978 | Lingen |

| Nr. | Zeit | Name | Geb. Jahr | Jahr | Ort |
|------------|-------------|----------------|------------------|-------------|------------|
| 26 | 2:41,8 | Vogt, O. | 1966 | 1978 | Melle |
| 27 | 2:43,0 | Bartlett, O. | 1969 | 1984 | Lingen |
| 28 | 2:48,8 | Henschen, P. | 1968 | 1978 | Gretesch |
| 29 | 2:52,6 | Wippermann, C. | 1964 | 1975 | Melle |
| 30 | 2:56,2 | Ulferts, J. | 1966 | 1977 | Melle |
| 31 | 3:00,2 | Friedrich, T. | 1966 | 1977 | Melle |
| 32 | 3:09,5 | Kühler, U. | 1964 | 1975 | Osnabrück |
| 33 | 3:14,2 | Heitling, M. | 1972 | 1981 | Gm-Hütte |
| 34 | 3:21,0 | Emanuel, J. | 1972 | 1981 | Gm-Hütte |
| 35 | 3:27,9 | Staege, V. | 1972 | 1981 | Gm-Hütte |
| 36 | 3:28,4 | Franke, M. | 1972 | 1981 | Gm-Hütte |

800 m Halle / männl. Jugend U18 bis U20

| | | | | | |
|----|---------|-------------------------|------|------|-----------|
| 1 | 1:57,42 | Seelhöfer, Mathis | 2000 | 2018 | Hannover |
| 2 | 2:04,37 | Seelhöfer, Jannik | 1997 | 2014 | Paderborn |
| 3 | 2:05,56 | Habighorst, Tim | 1999 | 2018 | Paderborn |
| 4 | 2:07,64 | Keil, Axel | 1982 | 2001 | Hannover |
| 5 | 2:09,26 | Belt, Christian | 1985 | 2002 | Hannover |
| 6 | 2:13,02 | Makaschov, Dimitri | 1998 | 2015 | Hannover |
| 7 | 2:17,03 | Horst, Marek | 1997 | 2012 | Paderborn |
| 8 | 2:16,03 | Bäumer, Robin | 1994 | 2013 | Paderborn |
| 9 | 2:19,62 | Holtkamp, Mathias | 1997 | 2013 | Paderborn |
| 10 | 2:25,25 | Werding, Rasmus | 1992 | 2011 | Paderborn |
| 11 | 2:26,67 | Niederniehaus, Frederik | 1994 | 2012 | Paderborn |

1.000 m / männl. Jugend U18 bis U20

| | | | | | |
|----|---------|--------------------|------|------|-----------|
| 1 | 2:39,4 | Gossel, H.K. | 1935 | 1954 | Osnabrück |
| 2 | 2:39,9 | Gürtas, F. | 1955 | 1972 | Osnabrück |
| 3 | 2:45,6 | Pabst, Timo | 1983 | 2001 | Melle |
| 4 | 2:46,6 | Staege, A. | 1964 | 1982 | Göttingen |
| 5 | 2:47,19 | Kusainow, Ruslan | 1985 | 2003 | Papenburg |
| 6 | 2:48,6 | Müller, M. | 1971 | 1989 | Berlin |
| 7 | 2:49,7 | Eismann, K. | 1949 | 1967 | Melle |
| 8 | 2:50,5 | Belt, Christian | 1985 | 2001 | Melle |
| 9 | 2:51,2 | Keil, Axel | 1982 | 2001 | Melle |
| 10 | 2:53,0 | Stönner, T. | 1972 | 1989 | Berlin |
| 11 | 2:56,0 | Gehrke, J. | 1969 | 1987 | Dortmund |
| 12 | 2:56,0 | Johanning, B. | 1963 | 1981 | Melle |
| 13 | 2:59,53 | Schröder, Marco | 1974 | 1992 | Bielefeld |
| 14 | 2:59,8 | Widner, Victor | 1985 | 2002 | Melle |
| 15 | 3:01,6 | Ballmeyer, U. | 1963 | 1979 | Melle |
| 16 | 3:02,6 | Schönwald, Michael | 1983 | 2002 | Melle |
| 17 | 3:03,0 | Brockmeyer, J. | 1974 | 1988 | Dortmund |
| 18 | 3:05,5 | Metz, T. | 1966 | 1982 | Dortmund |
| 19 | 3:06,6 | Kaiser, Chris | 1986 | 2002 | Melle |
| 20 | 3:06,93 | Horst, Marek | 1997 | 2013 | Melle |

| Nr. | Zeit | Name | Geb. Jahr | Jahr | Ort |
|------------|-------------|--------------------|------------------|-------------|------------|
| 21 | 3:07,9 | Müller, S. | 1965 | 1982 | Fürstenau |
| 22 | 3:08,7 | Kühler, U. | 1964 | 1981 | Melle |
| 23 | 3:12,05 | Holtkamp, Matthias | 1997 | 2013 | Melle |
| 24 | 3:14,5 | Leiwe, Sören | 1992 | 2009 | Melle |
| 25 | 3:19,5 | Rose, Jan | 1977 | 1989 | Melle |
| 26 | 3:19,5 | Kröger, I. | 1971 | 1989 | Berlin |
| 27 | 3:20,0 | Henschen, P. | 1968 | 1980 | Melle |
| 28 | 3:20,1 | Kretschmer, J. | 1964 | 1978 | Melle |
| 29 | 3:24,2 | Friedrich, T. | 1966 | 1980 | Osnabrück |
| 30 | 3:26,8 | Wippermann, M. | 1960 | 1973 | Melle |
| 31 | 3:32,3 | Gelhot, Patrick | 1978 | 1988 | Dortmund |
| 32 | 3:32,4 | Holtkamp, P. | 1976 | 1987 | Dortmund |
| 33 | 3:35,0 | Krömker, Lars | 1991 | 2008 | Melle |
| 34 | 3:45,5 | Heitling, M. | 1972 | 1983 | Melle |
| 35 | 3:51,6 | Nienhäuser, C. | 1971 | 1981 | Melle |
| 36 | 3:51,8 | Emanuel, J. | 1972 | 1983 | Dortmund |
| 37 | 3:52,2 | Warias, O. | 1971 | 1980 | Melle |
| 38 | 3:55,6 | Otte, S. | 1979 | 1989 | Melle |
| 39 | 3:56,1 | Hafer, S. | 1979 | 1989 | Melle |
| 40 | 4:03,3 | Rörsch, S. | 1981 | 1989 | Melle |
| 41 | 4:10,4 | Müller, S. | 1970 | 1980 | Melle |
| 42 | 4:17,2 | Hüpohl, G. | 1970 | 1980 | Bad Essen |
| 43 | 4:31,6 | Herrmann, C. | 1971 | 1980 | Melle |

1.500 m / männl. Jugend U18 bis U20

| | | | | | |
|----|---------|-----------------------|------|------|------------|
| 1 | 3:54,72 | Seelhöfer, Jannik | 1997 | 2016 | Regensburg |
| 2 | 4:06,88 | Seelhöfer, Mathis | 2000 | 2018 | Papenburg |
| 3 | 4:11,2 | Gürtas, F. | 1955 | 1972 | Osnabrück |
| 4 | 4:22,35 | Pabst, Timo | 1983 | 2000 | Bremen |
| 5 | 4:25,04 | Braunsmann, David | 1998 | 2014 | Bremen |
| 6 | 4:26,42 | Habighorst, Tim | 1999 | 2018 | Oldenburg |
| 7 | 4:29,2 | Keil, Axel | 1982 | 2000 | Melle |
| 8 | 4:29,2 | Stöner, Thomas | 1972 | 1989 | Melle |
| 9 | 4:31,65 | Blumenstein, Moritz | 1998 | 2014 | Bremen |
| 10 | 4:33,9 | Eismann, K. | 1949 | 1967 | Melle |
| 11 | 4:34,4 | Bullerdiek, P. | 1963 | 1979 | Osnabrück |
| 12 | 4:37,3 | Schönwald, Michael | 1983 | 2000 | Melle |
| 13 | 4:37,6 | Ellinghaus, Dr. Peter | 1969 | 1988 | Melle |
| 14 | 4:48,63 | Kaiser, Chris | 1985 | 2002 | Osnabrück |
| 15 | 4:42,4 | Pelz, S. | 1971 | 1988 | Melle |
| 16 | 4:50,0 | Metz, T. | 1966 | 1981 | Berlin |
| 17 | 4:54,76 | Holtkamp Matthias | 1997 | 2013 | Hannover |
| 18 | 4:58,9 | Brinker, Frank | 1974 | 1991 | Melle |
| 19 | 5:02,6 | Brauch, Philipp | 1973 | 1991 | Melle |
| 20 | 5:10,1 | Wippermann, M. | 1960 | 1977 | Lingen |
| 21 | 5:19,0 | Leiwe, Sören | 1992 | 2009 | Melle |
| 22 | 5:21,2 | Kröger, I. | 1971 | 1988 | Melle |
| 23 | 5:21,9 | Dohm, L. | 1973 | 1988 | Melle |
| 24 | 5:41,4 | Henschen, P. | 1968 | 1978 | Melle |

| Nr. | Zeit | Name | Geb. Jahr | Jahr | Ort |
|-----|------|------|-----------|------|-----|
|-----|------|------|-----------|------|-----|

2.000 m / männl. Jugend U18 bis U20

| | | | | | |
|---|---------|---------------------|------|------|-------|
| 1 | 6:45,1 | Clausing, Günter | 1952 | 1968 | Melle |
| 2 | 6:48,88 | Holtkamp, Matthias | 1997 | 2012 | Melle |
| 3 | 7:25,4 | Kattmann, Christoph | 1987 | 2001 | Melle |

2.000 m Hindernis / männl. Jugend U18 bis U20

| | | | | | |
|---|---------|-------------------|------|------|-------|
| 1 | 5:52,21 | Seelhöfer, Jannik | 1997 | 2016 | Zeven |
| 2 | 6:32,42 | Seelhöfer, Mathis | 2000 | 2016 | Zeven |

3.000 m Hindernis / männl. Jugend U18 bis U20

| | | | | | |
|---|---------|-------------------|------|------|-------------|
| 1 | 8:56,30 | Seelhöfer, Jannik | 1997 | 2016 | Oordgem / B |
|---|---------|-------------------|------|------|-------------|

Hochsprung / männl. Jugend U18 bis U20

| | | | | | |
|----|------|-------------------------|------|------|---------------|
| 1 | 1,90 | Caesmann, Volker | 1955 | 1973 | Winsen |
| 2 | 1,90 | Breeck, Fabian | 2002 | 2018 | Paderborn |
| 3 | 1,80 | Koch, Gerd | 1952 | 1969 | Melle |
| 4 | 1,80 | Welkener, Leonard | 1991 | 2010 | Bielefeld |
| 5 | 1,75 | Brockmeyer, Jens | 1974 | 1992 | Bielefeld |
| 6 | 1,73 | Lührmann, Moritz | 2000 | 2018 | Delmenhorst |
| 7 | 1,70 | Ulferts, Jens Dr. | 1966 | 1983 | Melle |
| 8 | 1,64 | Niederniehaus, Frederik | 1994 | 2010 | Bielefeld |
| 9 | 1,61 | Leipnitz, Mathias | 1985 | 2002 | Osnabrück |
| 10 | 1,58 | Schönwald, Michael | 1983 | 1999 | Osnabrück |
| 11 | 1,57 | Horst, Marek | 1997 | 2013 | Lotte / Halen |
| 12 | 1,56 | Auel, Tobias | 1994 | 2010 | Bielefeld |
| 13 | 1,38 | Pütker, Lothar | 1989 | 2005 | Melle |
| 14 | 1,29 | Schippers, Jan | 1998 | 2016 | Lotte / Halen |

Weitsprung / männl. Jugend U18 bis U20

| | | | | | |
|---|------|-------------------|------|------|-----------|
| 1 | 6,42 | Brockmeyer, Jens | 1974 | 1992 | Bielefeld |
| 2 | 5,45 | Ulferts, Jens Dr. | 1966 | 1983 | Melle |
| 3 | 5,38 | Lührmann, Moritz | 2000 | 2018 | Melle |

| Nr. | Zeit | Name | Geb. Jahr | Jahr | Ort |
|------------|-------------|--------------------|------------------|-------------|-------------|
| 4 | 5,36 | Hebbe, Ramires | 2000 | 2016 | Lotte-Halen |
| 5 | 5,35 | Rekitt, Marcel | 2000 | 2016 | Melle |
| 6 | 5,36 | Kleffmann, Jürgen | 1930 | 1948 | Melle |
| 7 | 5,30 | Seelhöfer, Mathis | 2000 | 2016 | Melle |
| 8 | 5,27 | Keil, Axel | 1982 | 2001 | Melle |
| 9 | 5,26 | Belt, Christian | 1985 | 2001 | Melle |
| 10 | 5,25 | Schönwald, Michael | 1983 | 2001 | Melle |
| 11 | 5,25 | Leipnitz, Mathias | 1985 | 2002 | Melle |
| 12 | 5,22 | Welkener, Leonard | 1991 | 2010 | Melle |
| 13 | 5,20 | Pabst, Timo | 1983 | 2001 | Melle |
| 14 | 5,05 | Jungblut, Markus | 1999 | 2016 | Lotte-Halen |
| 15 | 5,02 | Krömker, Lars | 1991 | 2008 | Melle |
| 16 | 4,42 | Widner, Viktor | 1985 | 2002 | Melle |
| 17 | 4,41 | Kaiser, Chris | 1986 | 2002 | Melle |
| 18 | 4,30 | Kusainov, Ruslan | 1985 | 2002 | Melle |
| 19 | 4,28 | Schwarz, Jan | 1985 | 2002 | Melle |
| 20 | 4,23 | Reehuis, Ole | 1991 | 2007 | Melle |
| 21 | 3,88 | Leiwe, Sören | 1992 | 2009 | Melle |

Dreisprung / männl. Jugend U18 bis U20

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|---|-------|--------------|------|------|--------|
| 1 | 13,58 | Staege, Axel | 1964 | 1982 | Lüchow |
|---|-------|--------------|------|------|--------|

Kugel -MJB- 5,00 kg U18

| | | | | | |
|----|------|--------------------------|------|------|----------------|
| 1 | 9,95 | Leipnitz, Mathias | 1985 | 2002 | Osnabrück |
| 2 | 9,66 | Hebbe, Ramires | 2000 | 2016 | Lotte-Halen |
| 3 | 9,46 | Seelhöfer, Mathis | 2000 | 2016 | Papenburg |
| 4 | 9,24 | Schmidt, Ingbert | 1943 | 1959 | Melle |
| 5 | 8,88 | Chalvatsis, Themistoklis | 1994 | 2010 | Borgholzhausen |
| 6 | 8,84 | Belt, Christian | 1985 | 2002 | Melle |
| 7 | 8,46 | Jungblut, Markus | 2000 | 2016 | Lotte-Halen |
| 8 | 8,23 | Kusinov, Ruslan | 1985 | 2002 | Melle |
| 9 | 8,20 | Krömker, Lars | 1991 | 2008 | Melle |
| 10 | 7,35 | Unger, Tom | 2001 | 2016 | Papenburg |
| 11 | 7,32 | Kaiser, Chris | 1986 | 2002 | Melle |

Kugel -MJA- 6,25 kg U20

| | | | | | |
|---|-------|--------------------|------|------|-------------|
| 1 | 11,59 | Haarmann, Gerd | 1940 | 1959 | Melle |
| 2 | 9,35 | Schwarz, Jan | 1985 | 2002 | Melle |
| 3 | 9,27 | Keil, Axel | 1982 | 2001 | Melle |
| 4 | 9,15 | Ulferts, Jens Dr. | 1966 | 1983 | Melle |
| 5 | 8,25 | Pabst, Timo | 1983 | 2001 | Melle |
| 6 | 7,45 | Schönwald, Michael | 1983 | 2002 | Melle |
| 7 | 6,95 | Schippers, Jan | 1998 | 2016 | Lotte-Halen |

| Nr. | Zeit | Name | Geb. Jahr | Jahr | Ort |
|------------|-------------|-------------|------------------|-------------|------------|
|------------|-------------|-------------|------------------|-------------|------------|

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|---|------|----------------|------|------|-------|
| 8 | 6,76 | Widner, Viktor | 1985 | 2002 | Melle |
|---|------|----------------|------|------|-------|

Speer -MJB- 600 g U16

| | | | | | |
|---|-------|----------------|------|------|-------|
| 1 | 40,50 | Hebbe, Ramires | 2000 | 2015 | Celle |
|---|-------|----------------|------|------|-------|

Speer -MJB- 700 g U18

| | | | | | |
|---|-------|-------------------|------|------|---------------|
| 1 | 36,50 | Hebbe, Ramires | 2000 | 2016 | Lotte-Halen |
| 2 | 32,78 | Jubgblut, Markus | 2000 | 2016 | Lotte-Halen |
| 3 | 32,69 | Seelhöfer, Jannik | 1997 | 2013 | Lotte / Halen |
| 4 | 25,98 | Horst, Marek | 1997 | 2013 | Lotte-Halen |

Speer -MJA- 800 g U20

| | | | | | |
|---|-------|--------------------------|------|------|----------------|
| 1 | 48,32 | Caesmann, Volker | 1955 | 1973 | Winsen |
| 2 | 45,05 | Greve, Rolf | 1950 | 1966 | Haselünne |
| 3 | 42,14 | Haarmann, Gerd | 1940 | 1959 | Melle |
| 4 | 29,15 | Chalvatsis, Themistoklis | 1994 | 2010 | Borgholzhausen |
| 5 | 25,36 | Leipnitz, Mathias | 1985 | 2002 | Papenburg |

Diskus / männl. Jugend U18 bis U20

| | | | | | |
|---|-------|------------------|------|------|-------|
| 1 | 27,60 | Haarmann, Gerd | 1940 | 1959 | Melle |
| 2 | 23,71 | Schmidt, Ingbert | 1943 | 1959 | Melle |

| Nr. | Zeit | Name | Geb. Jahr | Jahr | Ort |
|-----|------|------|-----------|------|-----|
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|-----------------------|
| 100 m / Frauen |
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| | | | | | |
|---|-------|-------------------|------|------|----------------|
| 1 | 12,5 | Pepperkorn, Ute | 1969 | 1989 | Bad Oeynhausen |
| 2 | 12,67 | Gröne, Corinne | 1972 | 1992 | Bielefeld |
| 3 | 14,6 | Meinke, H. | 1941 | 1985 | Melle |
| 4 | 14,3 | Dehl, Margret | 1926 | 1948 | Melle |
| 5 | 14,9 | Ulferts, Katrin | 1968 | 1991 | Melle |
| 6 | 16,4 | Schlonski, Monika | 1945 | 1989 | Fürstenau |

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|-----------------------------|
| 60 m Hürden / Frauen |
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|---|-----|-----------------|------|------|----------|
| 1 | 9,9 | Pepperkorn, Ute | 1969 | 1991 | Dortmund |
|---|-----|-----------------|------|------|----------|

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|------------------------------|
| 100 m Hürden / Frauen |
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|---|------|----------------------|------|------|-----------|
| 1 | 15,2 | Pepperkorn, Ute | 1969 | 1990 | Lingen |
| 2 | 17,1 | Kleine-König, Sigrid | 1954 | 1975 | Osnabrück |
| 3 | 18,1 | Starcke, Regine | 1969 | 1989 | Dörpen |

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|-----------------------|
| 200 m / Frauen |
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| | | | | | |
|---|-------|----------------------|------|------|---------------|
| 1 | 25,4 | Pepperkorn, Ute | 1969 | 1991 | Osnabrück |
| 2 | 26,32 | Gröne, Corinne | 1972 | 1992 | Bielefeld |
| 3 | 28,1 | Kleine-König, Sigrid | 1954 | 1976 | Burg Gretesch |
| 4 | 30,2 | Starcke, Regine | 1969 | 1989 | Dörpen |

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|-----------------------|
| 400 m / Frauen |
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|---|---------|-----------------|------|------|------------|
| 1 | 57,31 | Pepperkorn, Ute | 1969 | 1991 | Bielefeld |
| 2 | 59,07 | Gröne, Corinne | 1972 | 1992 | Gelnhausen |
| 3 | 01:10,9 | Hebbe, Katja | 1975 | 2010 | Melle |

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|------------------------------|
| 400 m Hürden / Frauen |
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|---|------|-----------------|------|------|-------|
| 1 | 70,5 | Pepperkorn, Ute | 1969 | 1989 | Melle |
|---|------|-----------------|------|------|-------|

| Nr. | Zeit | Name | Geb. Jahr | Jahr | Ort |
|-----|------|------|-----------|------|-----|
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| 800 m / Frauen |
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| | | | | | |
|---|---------|-----------------|------|------|----------|
| 1 | 2:23,63 | Pepperkorn, Ute | 1969 | 1991 | München |
| 2 | 2:49,41 | Starcke, Regine | 1969 | 1989 | Hannover |

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|-------------------------|
| 1.500 m / Frauen |
|-------------------------|

| | | | | | |
|---|--------|-------------------|------|------|----------|
| 1 | 6:11,7 | Ahrens, Waltraud | 1941 | 1984 | Fürstenu |
| 2 | 6:13,4 | Keil, R. | 1947 | 1980 | Melle |
| 3 | 6:13,9 | Schlonski, Monika | 1945 | 1981 | Melle |
| 4 | 6:23,6 | Meinke, H. | 1941 | 1980 | Melle |

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| Hochsprung / Frauen |
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|---|------|----------------------|------|------|------------------|
| 1 | 1,75 | Pepperkorn, Ute | 1969 | 1992 | Havixbeck |
| 2 | 1,56 | Starcke, Regine | 1969 | 1989 | Hannover |
| 3 | 1,51 | Kleine-König, Sigrid | 1954 | 1974 | Porta Westfalica |
| 4 | 1,50 | Lenger, Sarah | 1989 | 2009 | Bersenbrück |
| 5 | 1,45 | Rotkehl, Birte | 1973 | 2006 | Delmenhorst |

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|----------------------------|
| Weitsprung / Frauen |
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| | | | | | |
|---|------|-------------------|------|------|----------|
| 1 | 5,74 | Pepperkorn, Ute | 1969 | 1992 | Winsen |
| 2 | 4,51 | Starcke, Regine | 1969 | 1989 | Dörpen |
| 3 | 4,48 | Meinke, H. | 1941 | 1985 | Melle |
| 4 | 3,78 | Ulferts, Katrin | 1968 | 1990 | Melle |
| 5 | 3,74 | Schlonski, Monika | 1945 | 1989 | Fürstenu |

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| Kugel 4 kg / Frauen |
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|---|-------|----------------------|------|------|-------------|
| 1 | 13,92 | Pepperkorn, Ute | 1969 | 1992 | Lingen |
| 2 | 11,97 | Diekmann, Euthymia | 1961 | 1983 | Melle |
| 3 | 10,6 | Rotkehl, Birte | 1973 | 2008 | Delmenhorst |
| 4 | 9,48 | Starcke, Regine | 1969 | 1989 | Dörpen |
| 5 | 8,60 | Kleine-König, Sigrid | 1954 | 1976 | Osnabrück |

| Nr. | Zeit | Name | Geb. Jahr | Jahr | Ort |
|------------|-------------|-------------|------------------|-------------|------------|
|------------|-------------|-------------|------------------|-------------|------------|

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|------------------------|
| Diskus / Frauen |
|------------------------|

| | | | | | |
|---|-------|--------------------|------|------|-------------|
| 1 | 47,82 | Diekmann, Euthymia | 1961 | 1986 | Oelde |
| 2 | 38,92 | Pepperkorn, Ute | 1969 | 1991 | Osnabrück |
| 3 | 29,74 | Rotkehl, Birte | 1973 | 2008 | Delmenhorst |

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|-----------------------|
| Speer / Frauen |
|-----------------------|

| | | | | | |
|---|-------|-----------------|------|------|-------------|
| 1 | 37,40 | Pepperkorn, Ute | 1969 | 1991 | Göttingen |
| 2 | 35,13 | Rotkehl, Birte | 1973 | 2009 | Düsseldorf |
| 3 | 22,86 | Starcke, Regine | 1969 | 1989 | Melle |
| 4 | 20,30 | Lenger, Sarah | 1989 | 2009 | Bersenbrück |

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|------------------------|
| Hammer / Frauen |
|------------------------|

| | | | | | |
|---|-------|----------------|------|------|-------------|
| 1 | 22,73 | Rotkehl, Birte | 1973 | 2008 | Delmenhorst |
|---|-------|----------------|------|------|-------------|

| Nr. | Zeit | Name | Geb. Jahr | Jahr | Ort |
|-----|------|------|-----------|------|-----|
|-----|------|------|-----------|------|-----|

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| 60 m / Männer |
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|---|------|---------------------|------|------|-----------|
| 1 | 7,72 | Nienhüser, Carsten | 1971 | 2009 | Bielefeld |
| 2 | 8,62 | Romdane-Hebbe, Rene | 1967 | 2009 | Bielefeld |

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|-----------------------|
| 100 m / Männer |
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| | | | | | |
|----|-------|-----------------------|------|------|-------------|
| 1 | 11,4 | Thurand, Albert | 1929 | 1950 | Melle |
| 2 | 11,5 | Kühler, Dr. Klaus | 1938 | 1979 | Melle |
| 3 | 11,7 | Hofmeyer, Willy | 1924 | 1949 | Melle |
| 4 | 11,8 | Scholten, Herbert | 1923 | 1947 | Melle |
| 5 | 11,99 | Henseler, Jascha | 1989 | 2012 | Gretesch |
| 6 | 12,1 | Lührmann, Dr. Björn | 1966 | 1986 | Osnabrück |
| 7 | 12,1 | Nienhüser, Carsten | 1971 | 2008 | Melle |
| 8 | 12,3 | Derbfuß, Georg | 1927 | 1947 | Melle |
| 9 | 12,7 | Ulferts, Dr. Jens | 1966 | 1985 | Melle |
| 10 | 12,7 | Ulferts, Dieter | 1937 | 1961 | Melle |
| 11 | 12,7 | Reinke, Jürgen | 1935 | 1985 | Melle |
| 12 | 12,83 | Dannhoff, Axel | 1957 | 2008 | Delmenhorst |
| 13 | 13:04 | Breeck, Christian | 1958 | 2003 | Nordhorn |
| 14 | 13,1 | Romdane-Hebbe, Rene | 1967 | 2007 | Melle |
| 15 | 13,20 | Schlattmann, Peter | 1963 | 2010 | Melle |
| 16 | 13,2 | Staege, Eckhard | 1937 | 1985 | Melle |
| 17 | 13,7 | Schlüter, Ewald | 1931 | 1985 | Melle |
| 18 | 14,0 | Schmidt, Werner | 1938 | 1988 | Melle |
| 19 | 14:24 | Seifert, Jürgen | 1958 | 2007 | Melle |
| 20 | 15,0 | Döring, Arno | 1921 | 1985 | Melle |
| 21 | 15,0 | Bartlett, Dr. Michael | 1935 | 1985 | Melle |
| 22 | 15:16 | Mangold, Ulf | 1982 | 2010 | Melle |
| 23 | 15,9 | Eymers, Otto | 1934 | 1988 | Melle |
| 24 | 19,52 | Frech, Adolf | 1910 | 1990 | Bad Homburg |

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| 200 m / Männer |
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| | | | | | |
|---|-------|---------------------|------|------|-------------|
| 1 | 24,8 | Lührmann, Dr. Björn | 1966 | 1986 | Osnabrück |
| 2 | 25:76 | Nienhüser, Carsten | 1971 | 2009 | Wunstorf |
| 3 | 26,64 | Dannhof, Axel | 1957 | 2008 | Delmenhorst |
| 4 | 27,70 | Breeck, Christian | 1958 | 2001 | Osnabrück |

| Nr. | Zeit | Name | Geb. Jahr | Jahr | Ort |
|-----|------|------|-----------|------|-----|
|-----|------|------|-----------|------|-----|

400 m / Männer

| | | | | | |
|----|---------|---------------------|------|------|-------------|
| 1 | 0:52,3 | Grothaus, Martin | 1969 | 1992 | Melle |
| 2 | 53,97 | Henseler, Jascha | 1989 | 2012 | Gretesch |
| 3 | 0:54,2 | Lührmann, Dr. Björn | 1966 | 1986 | Osnabrück |
| 4 | 0:54,9 | Kühler, U. | 1964 | 1981 | Dissen |
| 5 | 0:55,6 | Schiermeyer, S. | 1966 | 1987 | Dortmund |
| 6 | 0:58,29 | Breeck, Christian | 1958 | 2003 | |
| 7 | 0:58,4 | Derbfuß, Georg | 1927 | 1948 | Melle |
| 8 | 0:58,6 | Romdane-Hebbe, Rene | 1967 | 2009 | Melle |
| 9 | 0:58,8 | Eismann, K. | 1949 | 1975 | Gretesch |
| 10 | 0:59,0 | Staege, Eckard | 1937 | 1977 | Gretesch |
| 11 | 0:62,7 | Kampmann, Andre | 1972 | 1992 | Melle |
| 12 | 1:00,1 | Breeck, Christian | 1958 | 2003 | Nordhorn |
| 13 | 1:01,3 | Leuschner, Frank | 1965 | 2009 | Melle |
| 14 | 1:01,9 | Schlüter, Ewald | 1931 | 1982 | Fürstenau |
| 15 | 1:05,5 | Last, Stefan | 1967 | 2007 | Melle |
| 16 | 1:03,0 | Assmann, Ingo | 1979 | 2009 | Melle |
| 17 | 1:04,3 | Schlattmann, Peter | 1963 | 2008 | Melle |
| 18 | 1:04:64 | Suhrhoff, Rolf | 1957 | 2007 | Delmenhorst |
| 19 | 1:06,5 | Drews, E. | 1940 | 1986 | Fürstenau |
| 20 | 1:08,5 | Dittmann, Olaf | 1975 | 2007 | Melle |

400 m Hürden / Männer

| | | | | | |
|---|-------|-------------------|------|------|----------|
| 1 | 68,17 | Breeck, Christian | 1958 | 2001 | Arnstadt |
|---|-------|-------------------|------|------|----------|

800 m / Männer

| | | | | | |
|----|---------|-----------------------|------|------|-----------------|
| 1 | 1:59,7 | Lührmann, Dr. Björn | 1966 | 1989 | Papenburg |
| 2 | 2:00,85 | Breeck, Christian | 1958 | 1989 | Oldenburg |
| 3 | 2:00,9 | Clausing, G. | 1952 | 1973 | Brühl |
| 4 | 2:01,3 | Schiermeyer, Stephan | 1966 | 1990 | Bielefeld |
| 5 | 2:02,53 | Temme, Thomas | 1965 | 1989 | Oldenburg |
| 6 | 2:05,6 | Kulisch, J. | 1961 | 1985 | Bad Essen |
| 7 | 2:08,1 | Staege, Eckhard | 1937 | 1977 | Bad Rothenfelde |
| 8 | 2:08,5 | Schlonski, Walter | 1945 | 1979 | Gretesch |
| 9 | 2:09,1 | Ellinghaus, Dr. Peter | 1969 | 1989 | Papenburg |
| 10 | 2:10:47 | Keil, Axel | 2007 | 2007 | Osnabrück |
| 11 | 2:14,36 | Suhrhoff, Rolf | 1957 | | Minden |
| 12 | 2:17,11 | Ort, Andreas | 1992 | 2018 | Melle |
| 13 | 2:17,50 | Romdane-Hebbe, Renè | 1967 | 2009 | Wunstorf |
| 14 | 2:22,60 | Leuschner, Frank | 1965 | 2009 | Wunstorf |
| 15 | 2:46,24 | Schlonski, Walter | 1945 | 2001 | Osnabrück |

| Nr. | Zeit | Name | Geb. Jahr | Jahr | Ort |
|-----|------|------|-----------|------|-----|
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|----|--------|----------------|------|------|-------|
| 16 | 4:39,1 | Bassmann, Rolf | 1926 | 1948 | Melle |
|----|--------|----------------|------|------|-------|

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| 800 m Halle / Männer |
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|---|---------|-------------------|------|------|--------|
| 1 | 2:06,47 | Breeck, Christian | 1958 | 2002 | Erfurt |
|---|---------|-------------------|------|------|--------|

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| 1.000 m / Männer |
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|----|--------|----------------------|------|------|-----------------|
| 1 | 2:32,6 | Polzin, D. | 1963 | 1985 | Menden |
| 2 | 2:36,9 | Clausing, G. | 1952 | 1973 | Minden |
| 3 | 2:37,7 | Schiermeyer, Stephan | 1966 | 1989 | Bielefeld |
| 4 | 2:37,9 | Keil, Axel | 1982 | 2005 | Melle |
| 5 | 2:39,0 | Breeck, Christian | 1958 | 1987 | Bielefeld |
| 6 | 2:42,7 | Lührmann, Dr. Björn | 1966 | 1988 | Menden |
| 7 | 2:43,5 | Oestreich, Frank | 1961 | 1989 | Bad Salzuffen |
| 8 | 2:46,2 | Gürtas, Franz | 1955 | 1971 | Melle |
| 9 | 2:46,3 | Staege, Eckhard | 1937 | 1977 | Hannover |
| 10 | 2:48,6 | Schlonski, Walter | 1945 | 1980 | Bad Rothenfelde |
| 11 | 2:51,5 | Assmann, Ingo | 1979 | 2005 | Melle |
| 12 | 2:52,1 | Van de Walle, L. | 1962 | 1978 | Lingen |
| 13 | 2:56,7 | Suhrhoff, Rolf | 1957 | | Melle |
| 14 | 2:58,3 | Ulferts, Dieter | 1937 | 1958 | Melle |
| 15 | 2:59,7 | Schönwald, Michael | 1983 | 2004 | Melle |
| 16 | 3:03,1 | Romdane-Hebbe, Renè | 1967 | 2005 | Melle |
| 17 | 3:08,1 | Belt, Christian | 1985 | 2005 | Melle |
| 18 | 3:10,3 | Schlüter, Ewald | 1931 | 1978 | Gm-Hütte |
| 19 | 3:14,0 | Schlattmann, Peter | 1963 | 2008 | Melle |
| 20 | 3:19,0 | Last, Jan-Christof | 1973 | 2007 | Melle |
| 21 | 3:21,9 | Krömker, Lars | 1991 | 2006 | Melle |
| 22 | 3,30,0 | Seifert, Jürgen | 1958 | 2007 | Melle |
| 23 | 3:30,0 | Arens, Manfred | 1951 | 2001 | Melle |
| 24 | 3:37,0 | Mehlhase, Frank | 1961 | 2007 | Melle |
| 25 | 3:43,0 | Spiekermann, Peter | 1954 | 2007 | Melle |
| 26 | 3:51,0 | Lührmann, Franz | 1960 | 2007 | Melle |
| 27 | 3:53,0 | Jahn,Uwe | 1959 | 2007 | Melle |
| 28 | 3:54,8 | Barmeier, Gerhard | 1959 | 2001 | Melle |
| 29 | 4:00,0 | Reehuis, Alfred | 1954 | 2007 | Melle |
| 30 | 4:05,0 | Wesseler, Hartmut | 1963 | 2009 | Melle |

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|-------------------------|
| 1.500 m / Männer |
|-------------------------|

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|---|---------|-------------------|------|------|-----------|
| 1 | 3:54,02 | Seelhöfer, Jannik | 1997 | 2018 | Papenburg |
|---|---------|-------------------|------|------|-----------|

| Nr. | Zeit | Name | Geb. Jahr | Jahr | Ort |
|-----|---------|-----------------------|-----------|------|-------------|
| 2 | 4:00,3 | Polzin, Dieter | 1963 | 1985 | Bersenbrück |
| 3 | 4:03,92 | Keil, Axel | 1982 | 2008 | Zeven |
| 4 | 4:05,1 | Breeck, Christian | 1958 | 1987 | Melle |
| 5 | 4:06,86 | Lührmann, Dr. Björn | 1966 | 1989 | Oldenburg |
| 6 | 4:10,6 | Schiermeyer, Stephan | 1966 | 1989 | Melle |
| 7 | 4:12,1 | Clausing, Günter | 1952 | 1972 | Melle |
| 8 | 4:13,2 | Kulisch, J. | 1961 | 1987 | Melle |
| 9 | 4:17,2 | Staege, Eckhard | 1937 | 1975 | Osnabrück |
| 10 | 4:18,7 | Schlonski, W. | 1945 | 1981 | Gretesch |
| 11 | 4:19,35 | Kusainov, Ruslan | 1985 | 2012 | Paderborn |
| 12 | 4:24,1 | Assmann, Ingo | 1979 | 2004 | Melle |
| 13 | 4:39,3 | Ellinghaus, Dr. Peter | 1969 | 1989 | Melle |
| 14 | 4:43,9 | Suhrhoff, Rolf | 1957 | | Büdelndorf |
| 15 | 4:52,0 | Ulferts, Dieter | 1937 | 1958 | Bramsche |
| 16 | 5:13,2 | Schlüter, Ewald | 1931 | 1986 | Fürstenau |
| 17 | 5:14,5 | Staege, Eckard | 1937 | 1992 | Lingen |
| 18 | 5:22,2 | Döring, Arno | 1926 | 1980 | Dissen |
| 19 | 5:26,8 | Bartlett, M. | 1935 | 1989 | Melle |
| 20 | 5:47,68 | Spiekermann, Peter | 1954 | 2017 | Melle |
| 21 | 7:33,9 | Frech, Adolf | 1910 | 1989 | Melle |

2.0000 m Hindernis

| | | | | | |
|---|---------|-------------------|------|------|-------------|
| 1 | 5:50,14 | Seelhöfer, Jannik | 1997 | 2017 | Pliezhäusen |
| 2 | 8:22,69 | Breeck, Christian | 1958 | 2018 | Zeven |

Hochsprung / Männer

| | | | | | |
|----|------|---------------------|------|------|-----------|
| 1 | 1,80 | Ulferts, Jens, Dr. | 1966 | 1985 | Melle |
| 2 | 1,68 | Lührmann, Dr. Björn | 1966 | 1985 | Melle |
| 3 | 1,68 | Scholten, Herbert | 1923 | 1948 | Melle |
| 4 | 1,70 | Vetterick, Günter | 1923 | 1947 | Melle |
| 5 | 1,60 | Leuschner, Frank | 1965 | 2009 | Wunstorf |
| 6 | 1,60 | Muhle, Friedel | 1927 | 1947 | Melle |
| 7 | 1,46 | Breeck, Christian | 1958 | 2001 | Osnabrück |
| 8 | 1,40 | Ulferts, Dieter | 1937 | 1959 | Melle |
| 9 | 1,35 | Seifert, Jürgen | 1958 | 2007 | Melle |
| 10 | 1,30 | Last, Jan-Christof | 1973 | 2007 | Melle |
| 11 | 1,25 | Lührmann, Franz | 1960 | 2007 | Melle |
| 12 | 1,15 | Krömker, Holger | 1962 | 2007 | Melle |
| 13 | 1,15 | Jahn, Uwe | 1959 | 2007 | Melle |
| 14 | 1,15 | Reehuis, Alfred | 1954 | 2007 | Melle |
| 15 | 1,15 | Mehlhase, Frank | 1961 | 2007 | Melle |
| 16 | 1,05 | Spiekermann, Peter | 1954 | 2007 | Melle |

| Nr. | Zeit | Name | Geb. Jahr | Jahr | Ort |
|-----|------|------|-----------|------|-----|
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Weitsprung / Männer

| | | | | | |
|----|------|---------------------|------|------|----------------|
| 1 | 6,32 | Thurand, Albert | 1929 | 1949 | Melle |
| 2 | 6,13 | Scholten, Herbert | 1923 | 1948 | Melle |
| 3 | 5,79 | Lührmann, Dr. Björn | 1966 | 1987 | Bad Oeynhausen |
| 4 | 5,44 | Derbfuß, Georg | 1927 | 1947 | Melle |
| 5 | 5,35 | Ulferts, Dieter | 1937 | 1957 | Melle |
| 6 | 4,96 | Kühler, Dr. Klaus | 1938 | 1988 | Melle |
| 7 | 4,92 | Leuschner, Frank | 1965 | 2009 | Melle |
| 8 | 4,87 | Schlüter, Ewald | 1931 | 1985 | Melle |
| 9 | 4,81 | Nienhüser, Carsten | 1971 | 2008 | Melle |
| 10 | 4,80 | Schlattmann, Peter | 1963 | 2010 | Melle |
| 11 | 4,74 | Reinke, Jürgen | 1935 | 1985 | Melle |
| 12 | 4,68 | Staege, Eckhard | 1937 | 1985 | Melle |
| 13 | 4,47 | Romdane-Hebbe, Rene | 1967 | 2008 | Melle |
| 14 | 3,86 | Döring, Arno | 1921 | 1992 | Gelsenkirchen |

Dreisprung / Männer

| | | | | | |
|---|-------|-------------------|------|------|-------|
| 1 | 12,00 | Scholten, Herbert | 1923 | 1947 | Melle |
|---|-------|-------------------|------|------|-------|

Kugel / Männer

| | | | | | |
|---|-------|--------------------|------|------|-----------|
| 1 | 12,36 | Wirth, Dr. Gerhard | 1927 | 1991 | Fürstenau |
| 2 | 11,79 | Radewald, Hans | 1922 | 1948 | Melle |
| 3 | 11,49 | Eymers, Otto | 1934 | 1959 | Melle |
| 4 | 9,45 | Staege, Eckhard | 1937 | 1985 | Melle |
| 5 | 9,41 | Ulferts, Dr. Jens | 1966 | 1985 | Melle |
| 6 | 9,08 | Schmidt, Werner | 1938 | 1988 | Melle |
| 7 | 8,92 | Reinke, Jürgen | 1935 | 1988 | Melle |
| 8 | 7,75 | Arens, Manfred | 1951 | 2001 | Melle |
| 9 | 7,57 | Döring, Arno | 1921 | 1985 | Melle |

Diskus / Männer

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|---|-------|--------------------|------|------|-----------|
| 1 | 36,72 | Wirth, Dr. Gerhard | 1927 | 1991 | Fürstenau |
| 2 | 35,15 | Radewald, Hans | 1922 | 1947 | Melle |
| 3 | 32,23 | Eymers, Otto | 1934 | 1959 | Melle |
| 4 | 27,96 | Staege, Eckhard | 1937 | 1988 | Melle |
| 5 | 27,31 | Reinke, Jürgen | 1935 | 1985 | Melle |
| 6 | 21,82 | Ulferts, Dieter | 1937 | 1959 | Melle |

| Nr. | Zeit | Name | Geb. Jahr | Jahr | Ort |
|------------|-------------|-----------------|------------------|-------------|------------|
| 7 | 19,20 | Schmidt, Werner | 1938 | 1988 | Melle |
| 8 | 17,96 | Döring, Arno | 1921 | 1985 | Melle |

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| Speer / Männer |
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|---|-------|-------------------|------|------|-------|
| 1 | 55,28 | Mailänder, Udo | 1951 | 1971 | Melle |
| 2 | 50,60 | Eymers, Otto | 1934 | 1959 | Melle |
| 3 | 47,34 | Ulferts, Dr. Jens | 1966 | 1986 | Melle |
| 4 | 43,53 | Braunsmann, Heinz | 1922 | 1947 | Melle |
| 5 | 36,20 | Ulferts, Dieter | 1937 | 1959 | Melle |

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| Stabhochsprung / Männer |
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|---|------|--------------|------|------|-------|
| 1 | 3,00 | Ludwig, Gerd | 1912 | 1948 | Melle |
|---|------|--------------|------|------|-------|